

Only cable can provide full community picture

CABLE CONNECTION



MARY LINDA CALDERONE

You've probably heard about the new smaller satellite dishes. But, did you know cable has these important advantages? Cable delivers local broadcast stations. Satellite systems don't.

So if you want to enjoy network programming and local news, you'll have to buy an outside antenna.

But, even with an antenna, you'll be missing all of your community TV channels like the Community Bulletin Board - Channel 3, City of Farmington

Hills - Channel 8, Educational Access - Channel 10, Community Access - INFO TV-12, City of Novi - Channel 13, City of Farmington - Channel 15 and Oakland Community College - Channel 20.

Acquaint yourself with these channels and put them to good use. For instance, do you have an announcement that you would like to publicize? Channel 3 is the place to get the message out.

Send your announcement to SWOCC 24021 Research Drive Farmington Hills, MI. 48335. Tune into Channel 8, the city of Farmington Hills channel, Channel 13, the city of Novi's Channel and Channel 15, for the city of Farmington.

Many city meetings are cable-

cast along with regular programming featuring timely information on city government operations and services. Hear the latest on recycling, leaf pick-up and what's happening at the Senior Centers. You'll even get a look at the inside workings of the Police Department.

Would you like to see what our talented students are doing? Channel 10 covers educational access for Farmington, Novi and Farmington Hills Public Schools. Channel 12 is the home of INFO TV-12, your community TV channel.

What about taking a workshop free of charge to learn the ins-and-outs of TV production?

Call us at (248) 473-7266 for more info on this Channel 20 is the college access channel. You can sign up for "telecourses". Without leaving the comfort of your home, earn college credits. Now would you really want to give up these community oriented channels? These channels offer you the "news you can use" - what's happening right here in your own backyard.

The next SWOCC meeting is Tuesday, September 16, 7:00 at Farmington City Hall. The next CAC meeting is Tuesday, July 8 at SWOCC at 7:00 P.M.

Mary Linda Calderone is the Community Outreach Coordinator for the Southwestern Oakland Cable Commission.

RECREATION NEWS

Each week the Recreation Division of the Farmington Hills Department of Special Services presents a synopsis of upcoming activities. For further information regarding programs, contact the recreation office at 473-9570. Pre-registration is required for most activities. For matters regarding Farmington Hills City Council agenda items, call the news line at 473-9532.

RECREATION EQUIPMENT RENTALS

An assortment of recreation equipment is ready for your picnic, party or special event. Equipment is available from May to September. A separate \$20 deposit is required. Equipment available for rental are picnic packs, volleyball sets, tug-of-war rope, parachute, baseball set and dunk tank. Reservations must be made in advance by calling 473-9570.

OUTDOOR CONCERTS

These free concerts are held at Heritage Park at 8 p.m. on the following Thursdays: On June 12 near Sweet Adelines (Spirit of

Detroit); on June 19, it's the Community Jazz Band; On June 26: Bar-Joe of Michigan. Contact 473-9570.

OPEN GYM OFFERINGS

The William Costick Activities Center gym is open, with locker rooms and showers available. Please bring correct change and locks for lockers. Days and hours are:

■ Thursday - Adult Basketball - 7-9 p.m.

■ Sunday - Adult Basketball - 9-11 a.m.; Adult Volleyball - 11 a.m.-1 p.m.; and Teen Basketball - 1-3 p.m.

The fee for two-hour session residents is \$2 for 17 and under and \$3 for 18 and over. Fee is \$2 more for non-residents.

HORSEBACK RIDING LESSONS,

CAMP

Master the basics of riding at Berwyck Saddle Club, with a full range of lessons, including English Beginner, Intermediate and Advanced Jumping, that focus on individual attention. Class meets once a week for one hour and includes a five-week

membership. Minimum age is 8. The fee is \$100 for the five-week session. Summer camps are also available. Call 473-9570 for class times and camp dates.

OPEN SKATE

The Farmington Hills Ice Arena invites participants to join open skating. Fee is \$3 for Farmington Hills residents and \$5 for non-residents. Skate rental is \$2 per person. For specific days and hours call 478-8800.

FOUNDERS FESTIVAL MEN'S

SOFTBALL TOURNAMENT

The tournament will start Friday, July 11 and end Sunday, July 13. An organization meeting will be held Tuesday, June 24 at 7 p.m. at the Visitor's Center at Heritage Park.

FOUNDERS FESTIVAL TENNIS

TOURNAMENT

The tournament is open to all tennis players of amateur standing. Ages 14 and under through 45 and over, singles and doubles. For more information call 473-9570.

Botsford Hospital lab speeds up testing

Quicker turn-around times and cost savings are just two of the benefits that will be passed on to patients thanks to the renovation of Botsford General Hospital's Catheterization Lab/Special Procedure Room.

The combined lab, which houses state-of-the-art imaging equipment, now enables skilled, cross-trained personnel to perform more invasive procedures in a shorter amount of time.

Procedures performed at the lab include cardiac catheterizations, invasive angiographies and vascular interventions. "The revitalization of these facilities translates into cost-savings without compromise in the quality of care," said Ted Picano, manager of the Cath Lab/Special Procedures Room.

A member of the Botsford Health Care Continuum, Botsford General Hospital is a 336-bed teaching facility serving Farmington Hills and its surrounding communities.

It is affiliated with the Michigan State University College of Osteopathic Medicine.

The Botsford Health Care Continuum is an integrated system of care which includes Botsford General Hospital, the Botsford Physician Network, Community Emergency Medical Service, the Botsford Continuing Care Corporation and the Botsford Center for Health Improvement.

TO GIVE YOU EVEN GREATER ACCESS
TO THE AREA'S LARGEST HEALTH CARE SYSTEM,
WE CHANGED A FEW THINGS.

STARTING WITH OUR NAME.



HURON VALLEY HOSPITAL ANNOUNCES THE ADDITION OF SINAI HOSPITAL

What's in a name? Well, when it comes to choosing the right hospital... everything. And when that name happens to be the DMC's Huron Valley-Sinai Hospital, you're assured of excellent health care. With Sinai joining The Detroit Medical Center, patients not only benefit from more than 3,000 highly regarded physicians, but the services of 8 hospitals and numerous outpatient centers throughout southeastern Michigan as well. So we're sure to have whatever you need, wherever you need it.

Equally impressive is the fact that DMC Huron Valley-Sinai Hospital provides one of the most extensive primary care networks in the area—which translates into more

choices for you. Not to mention that our partnership with Wayne State University School of Medicine allows us to put some of the most advanced research into practice. Together, all of these add up to one thing: DMC's Huron Valley-Sinai, the hospital that brings the region's premier academic health care system closer to home.

Also, the addition of Sinai Hospital enables us to better serve all members of our community, for instance, offering special services for Jewish patients. In short, you'll find that with over 100 outpatient centers and 8 hospitals you're always close to one of the best names in health care—which is something that will never change.

For more information, or to meet with a DMC physician, please call 1-800-666-3466.

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