

## Husband's health worries his wife



ON AGING

RENEE MAHLER

Q. My husband has had two heart attacks. He is taking several medications and his doctor has prescribed for him. The problem is that he is a very heavy coffee drinker and refuses to believe that so much coffee is dangerous for him.

A. It is the caffeine, which can also be found in tea, chocolate and some soft drinks, that could be harmful for your husband. Caffeine, alcohol and cigarettes can diminish the effect of some medications or even cause serious side effects. This applies not only to prescription drugs but to some over-the-counter medicines as well. Perhaps your doctor or pharmacist should have a talk with your husband.

Q. My husband has been suffering with asthma for many years. Cigarette, cigar or pipe smoke seems to aggravate his condition. We are planning to take a driving trip through Michigan this summer. I have heard that there is a guide to restaurants that do not allow smoking. Do you know where I can find this guide?

A. The Michigan Guide to Smoke-Free Restaurants is now in its third printing. There are more than 1,400 restaurants, from all over the state including the Upper Peninsula, listed. Published by the Tobacco Free Michigan Action Coalition, the

guide is free. Check your local senior centers, drug stores, health departments and area agencies on aging for copies. If you cannot find the guide, you can contact TFMAC, P.O. Box 25002, Lansing 48909, or call the coalition at (517) 335-8376.

### On Insurance

Recently I have received some additional information concerning insurance policies that will give the policy owner cash if the person has a fatal illness.

A local insurance representative has written that many insurance companies also offer advanced benefits. Anyone who is interested should call the insurance company and check with their agent.

The representative also sent a pamphlet listing some important issues concerning advanced benefits. At this time, "The portion of a benefit advance which exceeds tax basis in the policy may be taxable income." In addition, if you add a rider to your present policy concerning advance benefits, "This rider may affect your ability to apply for, receive and retain government benefits or entitlements such as Medicaid." As in all cases, checking with your attorney or accountant should be the first thing to do.

On Aging columnist Renee Mahler is a gerontologist and a former member of the Michigan State Commission on Services to the Aging.

## WEDDINGS AND ENGAGEMENTS

### Otto-Jerome

Mr. and Mrs. Joseph Otto of St. Clair Shores announce the engagement of their daughter, Debra Ann, to Don Howard Jerome Jr., son of Mrs. Don Howard Jerome of Decatur, Ill., and the late Don Howard Jerome.

The bride-to-be is a graduate of Michigan State University and is employed by EDS. Her fiancé, a Rochester resident, is a graduate of Southern Illinois University and is employed by Ford Power Products.

A September wedding is



planned at St. Paul on the Lake in Grosse Pointe Farms.

### Lynn-Burkey

Judy and Dr. Gaylord Alexander of Bloomfield Hills announce the engagement of their daughter, Marcy Hedy Lynn, to Wayne Sr. of New York.

The bride-to-be is a graduate of Kingswood-Cranbrook, Northwestern University and New York University. She has also studied at the Royal Academy of Dramatic Arts in London and the Sorbonne in Paris.

Her fiancé attended the Parsons School of Design and is affiliated with Donaldson, Lufkin & Jenrette in New York.



A September wedding is planned in New York.

## BIRTHS

### Casey Frances Weddell

Charles and Coleen Weddell of West Bloomfield announce the birth of their daughter, Casey Frances, on May 8 at Huron Valley Hospital.

She has a sister, Caitlin, and brother, Matthew, and her grandparents are Jerry and Ginny Weddell of East Grand Rapids and John and Connie Mullen of Allenwood, N.J.



### Jacob Patrick Finney

Roger and Barb Finney of Commerce Township announce the birth of their son, Jacob Patrick, on May 17 at Botsford General Hospital.

His grandparents are Jerry and Nancy Finney and Barb Ropp of Midland and Martha Runyon of Parkersburg, W.Va.

Great grandparents are Robert Finney of Hudson, Fla., and Bill and Gladys Campbell of Hemlock, Mich.



## Submitting announcements

Local engagement, wedding, anniversary and birth announcements run in the Thursday and Sunday editions of The Observer & Eccentric.

Residents of the Birmingham-Bloomfield, West Bloomfield and Southfield areas should send their engagement, wedding, anniversary or birth information, with or without photograph, to: Attn Brides, The Eccentric, 806 E. Maple, Birmingham 48009.

Residents of the Troy and Rochester areas should send information to The Eccentric, 1814 S. Rochester Road, Rochester Hills 48307.

Residents of the Farmington area should send information to the Farmington

Observer, 33411 Grand River, Farmington 48335.

Preprinted forms that outline the information needed for your engagement or wedding announcement are available at Observer & Eccentric offices.

If you have questions regarding your announcement, call Sue Wills in Birmingham at (248) 901-2600; Debbie Douglas in Rochester at (248) 851-7575, or Katie McManus in Farmington at (248) 477-5450. For a recorded message with complete information on submitting announcements, call (248) 901-4730 for The Eccentric and (313) 953-2065 for The Observer.

### Fuller-Russo

Dr. and Mrs. Robert Fuller of Bloomfield Hills announce the engagement of their daughter, Jennifer, to David Russo, son of Louis Russo and Patsy Kirschner of Princeton, N.J.

The bride-to-be is a graduate of Northwestern University. She is attending Columbia University.

Her fiancé is a graduate of Northwestern University and the Culinary Institute of America. He is a corporate banquet chef in New York City. A March wedding is planned in Stanhope, N.J.



### Withers-Condon

Sonya A. Condon of Troy became the bride of Harrison C. Withers III during a June 14 ceremony at First United Methodist Church of Troy. The bride is the daughter of Vincent P. Condon and Cynthia Schultz-Condon of Troy. The groom is the son of Harrison C. Withers Jr. and Kay R. Withers of Dearborn Heights.

The bride is a graduate of Michigan Technological University. Her husband is also a graduate of Michigan Technological University. Following the wedding there was a reception at the Rochester Community House after which they left for a trip to the British Isles.

Mr. and Mrs. Withers will make their home in the Houghton/Hancock area of Michigan's Upper Peninsula.

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## ANNIVERSARIES

### Parish 65th

Roger and Kathryn Parish of Beverly Hills celebrated their 65th wedding anniversary on June 18.

Mrs. Parish retired in 1967 from a 30-year career teaching physics at Cooley High School in Detroit.

Mrs. Parish is the founder of The Doll Hospital & Toy Soldier Shop in Berkeley.

They have three children, Jack of Bloomfield Township, David of Naples, Fla., and Anne Ulrey of Rolling Meadows, Ill.; eight grandchildren, and five great-grandchildren.



grandchildren.



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