

## Submitting announcements

Local engagement, wedding, anniversary and birth announcements run in the Thursday and Sunday editions of The Observer & Eccentric.

Residents of the Birmingham-Bloomfield, West Bloomfield and Southfield areas should send their engagement, wedding, anniversary or birth information, with or without photograph, to: Attn: Brides, The Eccentric, 805 E. Maple, Birmingham 48009.

Residents of the Troy and Rochester areas should send information to The Eccentric, 1814 S. Rochester Road, Rochester Hills 48307.

Residents of the Farmington area should send information to the Farmington

Observer, 33411 Grand River, Farmington 48335.

Preprinted forms that outline the information needed for your engagement or wedding announcement are available at Observer & Eccentric offices.

If you have questions regarding your announcement, call Sue Wills in Birmingham at (248) 901-2560; Debbie Douglas in Rochester at (248) 651-7576, or Katie McManus in Farmington at (248) 477-5450. For a recorded message with complete information on submitting announcements, call (248) 901-4730 for The Eccentric and (313) 953-2065 for The Observer.



An August wedding is planned at Addison Oaks.



An August wedding is planned at Holy Rosary Church.

## Wiles-Pelletier

Mr. and Mrs. John Craig Wiles of Rochester Hills announce the engagement of their daughter, Melissa Ann, to Craig Thomas Pelletier, son of Mr. Thomas Pelletier of Nanuet, N.Y., and Mrs. Jasmine Pelletier of Spring Valley, N.Y.

The bride-to-be is a graduate of Michigan State University and is employed by Evanston Art Center in Evanston, Ill.

Her fiancé is a graduate of Lehigh University and Northern Illinois University. He is employed as a geologist.

## Colligan-Carroll

Dr. and Mrs. Jerry Colligan of Traverse City announce the engagement of their daughter, Maria Elizabeth, M.D., to Michael Frances Carroll, M.D., son of Mr. and Mrs. Patrick J. Carroll of Bloomfield Hills.

The bride-to-be is a graduate of the University of Notre Dame and Wayne State University School of Medicine. She is in residence in dermatology at the Medical College of Wisconsin.

Her fiancé is a graduate of the University of Notre Dame and Wayne State University School of Medicine. He is in residence in family medicine at the University of Wisconsin.

An August wedding is planned

## Johnston-Stobb

Dr. and Mrs. J. Peter Johnston of Birmingham announce the engagement of their daughter, Julie Ann, to David G. Stobb, son of Mr. and Mrs. Robert E. Stobb of Troy.

The bride-to-be is a graduate of Marian High School, Marquette University and Detroit College of Law. She is an assistant prosecuting attorney with the Oakland County Prosecutor's Office.

Her fiancé is a graduate of Troy High School, the University of Michigan and the Detroit College of Law. He is an attorney with the law firm of Patricia, Johnson and King in Southfield.

An August wedding is planned

## Ehrlich-TerMaat

Mr. and Mrs. Richard Ehrlich of Bloomfield Hills announce the engagement of their daughter, Vivian Andrea, to Thomas Richard TerMaat, son of the Rev. Dr. Richard and Mrs. TerMaat of Grand Rapids.

The bride-to-be is a graduate of Lehigh High School and Indiana Michigan University. She is attending Aquinas College and is employed at WOOD TV8 NBC as an account executive.

Her fiancé is a graduate of Grand Rapids Christian High School, Hope College and Indiana University Law School. He is employed by the law firm of Garan, Luckow, Miller, Seward & Becker.

An October wedding is

## Stewart-Schulte

Katherine Ann Schulte became the bride of Derek Paul Stewart during a ceremony May 17 aboard the catamaran El Gato just off Key West, Fla. The bride is the daughter of Mr. and Mrs. Joseph Schulte of Kansas City, Kan. The groom is the son of Mr. and Mrs. James Stewart of Troy.

The bride is employed by The Limited in Orlando, Fla.

Her husband is a graduate of Avondale High School and Michigan State University. He is employed by BBD&O Advertising in Orlando.

Following the wedding the couple honeymooned in the Florida Keys.

Mr. and Mrs. Stewart are



at the Academy of the Sacred Heart.



planned at St. Mark's Episcopal Church in Grand Rapids.



making their home in Heathrow, Fla.

# Guarding health of pre-adolescent



ALICE MCCARTHY

**Alice McCarthy** has asked Louis L. Constan, M.D., a family practitioner, to suggest ways to keep pre-adolescents healthy.

One mother observes that her 12-year-old daughter is acting strangely.

Her grades are down, she seems distracted and won't talk. In spite of the girl's protestations that she has never used drugs, the mother drags her into my office, and we find marijuana in her urine. The mother and daughter develop rules, including more family involvement in this girl's life, and she gets straightened out.

A second mother finds out from the police that her son has not only been using drugs, but he is dealing them. How can one parent be so aware and the other parent be so unaware? Observation and knowledge.

Parents need to do a regular "physical exam" on their children and be alert for health problems. It is not enough to go to the doctor for a yearly check-up. Parents need to do a weekly exam.

How does your child look physically? Try to get a look at your child without a lot of clothes on. You won't recognize changes if you don't know their normal body appearance. In your child eating well, sleeping well, exercising, keeping up with schoolwork, and engaging in healthy social activities? Monitor friends: Older kids may smoke, drink, abuse drugs, drive drunk, assault or involve your child in sexual activity, or be poor role models. Be sure your child knows you will pick him or her up any time, any place.

## What to look for

■ **Violent or aggressive behavior:** Violence kills more children than infections and cancer. Children mimic behavior they see. Keep kids away from violent movies and television shows.

■ **Signs of depression:** Decreased sleep or more sleep, decreased appetite, or a continually sad mood are early signs. Suicide is a way out of painful situations such as poor grades or the loss of a friend. Anxiety and depression may be signs of physical, emotional, or sexual abuse.

■ **Puberty:** Girls develop breast buds and pubic hair

between ages 8 and 13 and usually begin menstruating between ages 12 and 13 (sometimes earlier). Boys develop extra body hair, their voices deepen and they start a growth spurt between the ages of 10 and 15. Increase in height and genital size may continue until 18.

■ **Drug Use:** Warning signs are sleeplessness, poor appetite, a change in personality and worsening grades.

■ **Infections:** While hugging your child, subtly feel for signs of fever.

## Seeing a doctor

If you suspect that there is a health problem, get your child to a doctor. This isn't always easy. Kids are often embarrassed to see a pediatrician, or a "baby doctor." If so, help establish a relationship with your family doctor immediately, so your child can see someone he or she knows when ill.

Adolescent bodies undergo rapid and astonishing change. This confuses kids and they become intensely shy when it comes to talking about their bodies. Talk to the doctor or nurse beforehand to make sure that your concerns will be addressed.

Louis L. Constan, M.D., is a writer and family doctor in private practice in Saginaw, Mich. He is an associate clinical professor of family medicine at the Michigan State University College of Human Medicine and editor of the Saginaw County Medical Society bulletin and Michigan Family Physician magazine.

Constan is affiliated with St. Luke's Hospital and Saginaw General Hospital in Saginaw. He is on the St. Luke's Foundation board of directors and is chairman of the board for St. Luke's Physician hospital organization.

Birmingham resident, Alice R. McCarthy, Ph.D., is a nationally known parent educator, writer and editor. She is the mother of five children and grandmother to eight young children.

Her new book "Healthy Teens: Success in High School and Beyond" helps parents understand what is going on in the lives of their teens and how families can help. The book is \$5.95. Call (248) 646-1020 to order.

All About Families runs every other week in The Eccentric Newspapers. To leave a message for McCarthy, call (313) 953-2047, mailbox 1894, or write her at The Eccentric, 805 E. Maple, Birmingham 48009.

# Simply Sizzling

## SUMMER FUN!

It's summer and everyone is looking for that unique experience that will make this season unforgettable! To get more information regarding this directory please call ....

**RICH • 313-953-2069**  
**TONY • 313-953-2065**

**White Pine National Golf Club**  
Hubbard Lake  
The secret's out!  
World class resort golf at unbelievable prices!  
18 holes w/cart  
**\$35 Mon-Thurs**  
**\$45 Fri-Sat**  
Northeast Michigan Golf  
Northern beauty • affordable prices!!  
**(517) 736-3279**

**BALLOON RIDES**  
The Ultimate Adventure!  
Let's Go Ultimate Golf  
**800-988-8388**

## Fisher Center needs homes for children

The St. Vincent and Sarah Fisher Center is looking for dedicated foster and adoptive parents in Oakland, Wayne and Macomb counties to provide homes for children with special needs and victims of abuse. For more information, call (248) 626-3025.

## Bring Hope Home Foster or Adopt

Michigan Family Independence Agency 1(800)632-4180

# Childrens' '97 Directory

Children have many special needs...and because parents don't always have a lot of time, the Observer & Eccentric has created this unique directory to make life just a little easier. For more information about advertising Call June at: 313-953-2099

## SPORT-WAY

• Go Karts • Battering Cages • Mini Golf and more!

OPEN DAILY 10:00 AM TO MIDNIGHT

WATERFORD  
4555 Highland Road  
2 1/2 miles N. of I-75  
(248) 683-9200

WESTLAND  
3820 Ford Road  
East of I-75  
(313) 726-7222

Once upon a Child

Kid's Stuff with Previous Experience!  
Great Prices on Gently Used Kids' Stuff  
5804 Sheldon Drive • Canton  
West 10th Ave.  
**313-459-0889**

Little Smiles CHILD CARE

Licensed Home Program

Infant/Toddler/Pre-School  
Monday-Friday 7:00am-5:30pm  
Bentleyville, (Canton) 313-453-8884

Little Angels

INFANT/TODDLER CENTER  
Ages 6 Weeks thru 5 Years  
Nurse on Staff

39821 W. Five Mile Rd. (at Haggerty)  
Plymouth, MI 48170  
**(313) 420-9086**

Christ our Savior Early Childhood Program

Preschool Kindergarten Daycare  
Hands-On Activities  
Theme-Based Teaching  
Weekly Mass New Director  
**(313) 513-8413**  
14175 Farmington Rd., Livonia, MI 48150

24 HOUR DAYCARE

Free Spirit Day Care & Learning Center  
Ages 2 weeks to 17 years  
• Lesson Plans Used  
• Certified Teachers • Drop-in Welcome  
**313-697-4710**  
9415 Montgomery Rd., N. of I-75

MY PLACE

Licensed Since 1904  
"Where Kids Can Have Fun!"  
Quality hourly drop-in child care  
Mon.-Thurs. 9am - 10pm  
Fri. 9am-1pm • Sat. 9am-1pm  
Sunday Noon-6pm

2 months to 12 Years of Age  
7300 Orchard Lake Rd.  
N. of 14 Mile • **737-8437**  
3010 W. Maple Rd.  
at Lakewood • **540-5702**

Waldorf Kinder House

Ages 3-6  
Half Day or Full Day  
Call Now For Fall Enrollment  
**(248) 557-7761**  
21800 Southfield Rd. • Between 11 Mile & 12 Mile

Personal Editions

★ Your Child Becomes the Star of Each Book! ★  
Call **313-451-2022** ★

Haverhill Farms English Riding Lessons

(248) 867-5645  
Also: Pony Parties & Petting Zoo  
Horses Bought & Sold

