

Fair accents health



ON AGING
RENEE MAHLER

An educational program and health and resource fair for older adults and their families will be held 1-4 p.m. Sunday, Oct. 12, at the Jewish Community Center, 6600 W. Maple, West Bloomfield.

Sponsored by the Commission on Jewish Eldercare Service, the fair includes free flu shots and glucose and blood pressure screenings. Representatives from the Jewish Federation agencies that serve older adults will be available to describe their programs and services. At 2 p.m. Joyce Hunt, director of access and benefits services at the Area Agency on Aging 1-B, will speak on the communal benefits and services available to older adults.

Admission is free. Limited transportation will be available from the Jimmy Prentiss Morris Jewish Community Center in Oak Park. Bus reservations must be made by Monday, Oct. 6.

For additional information, call the COJES office Monday-Friday, during normal business hours at (248) 203-1468.

New publication

"Meeting the Challenge, Living with Chronic Illness" is a recent publication written by Audrey Kron, a medical psychotherapist and herself a sufferer of chronic illness. While the book addresses people of all ages with chronic illness, it is known that, on an average, older adults live with at least three chronic

illnesses, from arthritis to heart disease. The book, written in easy-to-understand language and complete with humorous cartoons, may help anyone meet the challenge of living with chronic illness.

Kron's book covers a variety of subjects in a realistic and down-to-earth manner. She begins at the beginning by explaining what chronic illness is and what it is not. She writes on how to find the right physician, what to expect if you have to enter a hospital, how to cope with pain and how to maintain a "normal" life. Kron addresses subjects such as incontinence, marriage and sex, stress, embarrassment and the reactions of family and friends.

There is a chapter written by Kron's husband, also a therapist, which gives insight into the perspectives of family members in regards to doctors, time management, adjustments to be made and guilt.

One chapter talks of the variety of emotions one may experience while another chapter speaks to coping techniques. With the coping techniques, Kron lists what author Albert Ellis has identified as "irrational ideas" concerning unrealistic expectations that add stress to anyone's life. The chapter on relationships talks of not only friendships and marriage but of understanding and relating to a spouse with chronic illness. The book ends with names, addresses and telephone numbers of chronic-illness support groups, as well as a bibliography.

The book is \$16, plus \$3 for shipping and handling. To order, call Kron at (248) 626-6960 or send a check to Audrey Kron, Center for Coping with Chronic Illness, 7466 Pebble Lane, West Bloomfield 48322-3521.

WEDDINGS AND ENGAGEMENTS

Bardole-Hubert

Mr. and Mrs. Jay Bardole of Vincennes, Ind., announce the engagement of their daughter, Heather Ann, to Daniel John Hubert, son of Mr. and Mrs. J. Bradford Hubert of Birmingham.

The bride-to-be is a graduate of North Carolina State University. She is a project engineer at General Motors Tech Center. Her fiancé is a graduate of Seaholm High School and Albion College. He is a sales representative.

A November wedding is planned at Birmingham First United Methodist Church.



of Michigan State University and is a teacher with the Plymouth-Canton Community Schools.

Her fiancé is a graduate of the University of Michigan and is an engineer with Chrysler Corp. A June wedding is planned at Beautiful Savior Lutheran Church in Bloomfield Hills.

Nitz-Fromm

Mr. and Mrs. Richard Yocum of Bingham Farms announce the engagement of Mrs. Yocum's daughter, Carrie Elizabeth Nitz, to Howard Vincent Fromm, son of Mr. and Mrs. H. Vincent Fromm of Madison Heights.

The bride-to-be is a graduate

ANNIVERSARIES

Burnett 50th

Donald and Karen Burnett of Oakland Township celebrated their 50th anniversary Aug. 29, with a dinner dance at Rivercrest in Rochester Hills, hosted by their children.

The Burnetts were married at Klise Memorial Chapel in Grand Rapids. They have eight children, 22 grandchildren and six great-grandchildren.



Send your news

Residents of the Birmingham-Bloomfield, West Bloomfield and Southfield areas should send their engagement, wedding, anniversary or birth information, with or without photograph, to: Attn: Brides, The Eccentric, 805 E. Maple, Birmingham 48009.

Residents of the Troy and Rochester areas should send information to The Eccentric, 1814 S. Rochester Road, Rochester Hills 48307.

Residents of the Farmington area should send information to the Farmington Observer, 3341 Grand River, Farmington 48335.

Preprinted forms that out-

line the information needed for your engagement or wedding announcement are available at Observer & Eccentric offices.

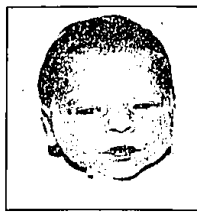
If you have questions regarding your announcement, call Sue Wills in Birmingham at (248) 901-2660; Debbie Douglas in Rochester at (248) 651-7875, or Katie McManus in Farmington at (248) 477-5460. For a recorded message with complete information on submitting announcements, call (248) 901-4730 for The Eccentric and (313) 953-2065 for The Observer.

BIRTHS

Kelly Elizabeth Eusebi

Sharon and Christopher Eusebi of White Lake Township announce the birth of their daughter, Kelly Elizabeth, on June 16, at St. Joseph Mercy Hospital.

Big sister is Erin. Grandparents are Richard and Irene Sprysak of Eastpointe and Ello and Cynthia Eusebi of Troy.



Casey Brenna Lewry

Thomas Lewry and Rita Dilworth Lewry of Birmingham announce the birth of their daughter, Casey Brenna, on May 11 at Beaumont Hospital in Royal Oak.

She has a sister, Shannon Collette, and her grandparents are Norma and Maureen Dilworth and Lolly and Art Lewry, all of Bloomfield Hills.



LOSE WEIGHT

With HYPNOSIS • 110% GUARANTEED

After ONE Hypnotic Session

You've tried everything and nothing worked. This is designed to work. Plan and simple. You can lose 10 to 25 lbs. per month, destroy your cravings and desire for second helpings, break your compulsive addictive eating behaviors and become full twice as fast on half the food. 110% satisfaction guaranteed! Got your attention? One person's results:

"I pulled into my favorite fast food joint and ordered the usual unhealthy burger. I actually had difficulty eating it. Its normal flavor altered. I was unable to force myself to finish. On Saturday I lifted one lb. more in a restaurant at lunch, something I never do."

From Brynne. The above testimonial was taken from a 12-page report.

Attend Alexander G. Goen's famous weight loss hypnosis seminar and in 3 hours experience for yourself 34 high powered fat eliminating suggestions best described as a deliberate and systematic bombardment of fat destroying technology.

"I attended Alex's seminar weighing 303 lbs. 12 months later, I lost 120 lbs. 110% guaranteed!" Anthony Chavis, Chavis, NC, VA

"In 7 weeks, I lost 43 lbs. and my wife Marie lost 70 lbs. and the baby gained!" Richard Poynt, Quality Inspector, Hendersonville, TN

Hundreds of testimonials and newspaper articles will be on display at the seminar

GOEN & ASSOC. • 110% SATISFACTION GUARANTEE

BLOOMFIELD HILLS

Thursday, Sept. 25th
7:00 PM - 10:15 PM
QUALITY INN
1801 S. Telegraph Rd. (S 24)
(1-75 Exit 75 to Square Lake Rd.)
to Telegraph Rd. (US 24)

TROY

Monday, Sept. 29th
7:00 PM - 10:15 PM
HOLIDAY INN
2537 Rochester Court
(1-75 Exit 07)
go south on Rochester Rd.

Registration at the door 6-7 PM -- Call for group discount
BONUS: Bring ad to seminar -- Cash, checks or credit cards accepted

Toll free info: 1-888-2-GET-TRIM
1-888-2-GET-TRIM

ALEXANDER G. GOEN, CHH, City, R.I., Hypnotist

That's right. The Goen method is arguably the finest weight reducing hypnosis session of its kind. You are aware, in control. You enter a state of magnificent physical and mental relaxation. You move, think, hear and concentrate without the slightest effort, designed so you can lose 20-60 lbs. in 3 months, up to 120 lbs. in 1 year.

"Four of us from the same office attended Alex Goen's seminar. In 4 months, I lost 45 lbs. Sharon lost over 30 lbs. Steve and Nellie each lost 20 lbs. and we all kept it!" Betty Merritt, Insurance Broker, Hillsdale, NJ

So what do you have to lose besides those unwanted pounds and inches? Your choice is simple. Lose all the weight you want to for just \$39.99. Guaranteed. Be there!

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Waltonwood

Assisted Living Residence

Assisted Living at Waltonwood is a special combination of housing, personalized supportive services and health care. Waltonwood is designed to meet the individual needs of those who require assistance with the activities of daily living, but who do not need the skilled medical care provided in a nursing home.

Please call **810-375-9664** for a free brochure or to arrange a tour

3280 Walton Blvd.
Rochester Hills, MI 48309
A Singh Community

Children's '97 Directory

Children have many special needs... and because parents don't always have a lot of time, the Observer & Eccentric has created this unique directory to make life just a little easier. For more information about advertising Call June at: 313-953-0999

Activities

Haverhill Farms
English Riding Lessons
(248) 887-5645
Also: Pony Parties & Petting Zoo
Horses Bought & Sold

Day Care

TLC PRESCHOOL
Open (Year Round) 7am-6pm
• FULL DAY KINDERGARTEN
• AGES 2-5
• Full and Half Day Programs
• Qualified, Experienced Staff

427-0233
1770 BROOKSIDE RD
Bloomfield Hills, MI 48304

Day Care

Waldorf Kinder House
Ages 3-6
Half Day or Full Day
Call Now For Full Enrollment
(248) 557-7761
27001 Orchard Lake Rd. • Between 11 Mile & 12 Mile

Educational

Scissors & Rays
CHILDREN'S COOKING & ART CLASSES
Thursday or Thursday Classes
Creative Drawing • Painting • Pottery
(248) 661-1861

Apparel

What The Little Angels Will Be Wearing This Holiday Season:

Snow white pinafores, soft velvet dresses, snappy red sweaters and heavenly smiles, of course. Stop in for this special, once-a-year event and picture your little one in our holiday best.

W. Bloomfield Canton Commerce Twp.
6629 Orchard Lake Rd. 43110 Joy Rd. 3050 Indian Lake Rd.
810-626-0690 313-453-4811 248-366-9393
Saturday, Sept. 27 Saturday, Oct. 4 Saturday, Oct. 11

CHILDREN'S ORCHARD
We Pay Cash for Gently Used Kids' Stuff

MY PLACE
just for kids
Bring this ad in for 1 hr. free!
"Where Kids Can Have Fun!"
Quality hourly drop-in child care
Mon-Thursday 8am-10pm
Fri-Saturday 10am-1pm
Sunday-Noon-8pm

2 months to 12 Years of Age
7305 Orchard Lake Rd.
N. of 14 Mile 248-737-5437
2610 W. Maple Rd. 248-540-5702
at Lakewood • 1st and 2nd floors for hourly fee only
2 hr. maximum stay • 1st and 2nd floors for hourly fee only
Expires 10/31/97

Educational

NORTH STAR
Grades K-12 • For Students With:
• Learning Disabilities • Attention Deficit Disorders
• Emotional/Behavioral Problems
248-557-6393
17050 Dorset • Southfield

STITCH-2-STITCH
Sewing School
Ages 8-14
Make Your Own Clothes
Free Student-run class.
313-397-3062 (Canton)

Personal Editions
Your Child Becomes the Star of Each Book!
Personalized Books Make READING FUN!

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24 HOUR DAYCARE
Free Spirit Day Care & Learning Center
Ages 2 weeks to 17 years
• Lesson Plans Used
• Certified Teachers • Drop-ins Welcome
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8525 Kenworthy Rd., 1 mile N. of I-94