

From morning announcements at Duncel to CBS Morning News



Bonnie Kaye

By CHRISTINA FUCO
STAFF WRITER

Living dynamo are two words used to describe Bonnie Kaye.

Kaye, who attended O.E. Duncel junior high in Farmington Hills and graduated from Plymouth Canton High School in 1981, is the newest contributor to CBS News Saturday Morning.

Upcoming subjects she will cover on the Oct. 18 and Oct. 25 shows include segments on how to choose a personal trainer, the role that exercise can play in preventing breast cancer, and "body pump," the latest fitness craze.

It was her aggressive work ethic that pushed her from an independent TV reporter/producer of health and fitness segments called Inside Fitness to a regular contributor on the CBS weekend show.

"It was a culmination of a

dream of several years," Kaye said. "I've been trying to get on a network show for years. When I started the Inside Fitness series, the plan was to get it on as many stations thereby catching the attention of the network."

Kaye was preparing for her broadcast career even as a junior high student.

"I did the morning announcements all three years at O.E. Duncel," she said. "That was the highlight of my day. I never went home, I had so many activities there."

In addition to the announcements, she was on the award winning forensics team and was first chair violinist in the school orchestra. She was also in choir.

Now her career revolves around the CBS News Saturday Morning, which airs locally at 9 a.m. on WWJ channel 62.

Kaye's father, Carl Knaus of Highland, is her biggest fan.

"Right from the get-go, she's always been gifted," he said. "The teacher she took violin from said: You have an exceptional daughter."

Fitness came into her life in high school. The owner of Dynamic Marketing Specialists in Milford, Knaus introduced his daughter to the fitness industry.

Kaye pursued a double major in theater and psychology at Kalamazoo College and worked as a recreational therapist in Milford. Knaus introduced his daughter to the fitness industry.

"I moved there and never came back," she said.

She transferred to California

State University and went through several career changes. Cinching the title Miss Mendocino County helped her pay tuition. While searching for a summer job, she applied for a radio announcer's position at a small northern California station.

Two minutes before she went on the air, Bonnie Knaus chose Kaye as her stage name. She advanced to bigger stations in Santa Rosa and San Jose. She made the transition to television after completing a bachelor of arts degree in media and psychology at Cal State.

Later she came to the realization

that there was a niche not being filled in the health and fitness field.

"I could combine my fitness and journalism backgrounds to motivate a lot of people," she said.

While working for an ABC affiliate in San Jose, she created Inside Fitness.

More than 160 affiliates picked up the segment.

Chat room from page B1

tric feeding tube, her current nutrition route.

These days, Melissa is the star pupil in the rehabilitation program at St. Joe's Mercy Hospital. She spends one hour in physical/occupational therapy, followed by speech therapy. This is repeated in the afternoon. On nice days, we go outside in her wheelchair.

A special thanks to everyone for all your prayers. The recent cards and gifts have thrilled her. She won't let me read the cards, preferring to do that herself. The doctors think she will spend

Teen Center from page B1

"We're up to 80 kids a day the three days a week the program is offered here at Warner," said Lips. "We've always known that a larger number of participants depends on a decentralized operation."

Russell says the feedback has been positive.

"Both parents do work. There needs to be a service extending beyond 2:13 (dismissal). This is the age trouble begins," she said. "We've had very positive feedback from parents."

Several students from North Farmington High School volunteer in the program.

"This is a safe orderly environment," Daniels said. "This has been a true community effort on every level. We are a community committed to our kids."

Jenny Leber, an 8th grader, is typical of the kids in the Warner program.

"I like to come here to be with friends, to get my homework done, to do sports," he said.

Sunday Warren, an 8th grader, was visiting the teen center for the first time Thursday.

"It's fun," she said.

Amy Phillips, a 6th grade student, says it's a good place to do homework.

Band students Gina Rozman, Melanie Kalisch and Corinne Bemberton, all seventh graders, were practicing their instruments.

Daniels says it also gives the students an opportunity to see their teachers in a different light, away from the classroom.

"We have 12 teachers volunteering their time cross grades, cross curriculums," Daniels said. "We have a tech teacher doing radio broadcasting. They recently contacted someone in Costa Rica. We hope to bring more people in. We have a computer teacher. There are 24 computers available."

"The more kids we have, the more volunteers we need. We're still looking for resources we can tap into."

Vincent Jamil, a 6th grader, said he would be bored at home, sitting around watching television alone.

"I come here Tuesdays and Thursdays," he said. "It's fun. I play basketball and Play Station. And I get my homework done."

Seventh grader Amanda Coffey likes meeting her friends and making new ones.

"And they have good food here," she said, nibbling a slice of pizza. "And they listen to our suggestions."

Mika Stefos, a 6th grader, likes the help provided and "I come every day."

They all said they'd be bored if they were at home, watching television. "They like the snacks, the help with homework, and being with friends."

"I come here two days a week," said Porsche Estwick, an eighth grader. "It's very educational. If I were at home, I would probably be sleeping."

Jenny Lipson, a junior from North Farmington High, has been volunteering in the Warner program.

"It's been cool seeing my old teachers," said Jenny, who attended Warner Middle School. "I enjoy helping kids with math. It gives me experience. I want to be a teacher."

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