Pickup from page A1

there is no place for the kind of stick swinging that took place last summer during a recreational game at the Detroit Skating Club. A player now facea assault charges in Oakland County Circiuit Court.

"It's a pretty good group of guys," said 39-year-old Mark Sarcevich, a Farmington Hills resident and managor at his family-run Vladimir's Catering. "In three years, I've nover seen a fight. If someone's stick accidentally rides up, they apologize." Vander Velde said there's no room for out-of-control players. "We all have families and we all have careers," he said. This is for fun. None of us are going for carcers in hockey." According to Fietka, there are occasions when "you get guys bumping. But these guys are going to work that day. So we have respect for each other. All in all, it's pretty clean."

Pietka, meanwhile, said the level of play fluctuates. Some weeks, when high schools and colleges are on hiatus, younger het-ahot players come out. Mostly, the group is made up of men igee 25-40, with a wide variety of skills.

"Sometimes, you got some minor lenguers out here for conditioning," Pietka said. So they make you feel real humble."

The beauty of open hockey, Vander Velde explained, is that a players skill level reality doesn't matter. Everybody gets significant ice time.

"I'm sure as hell not one of the batter skaters," said Vander Velde, who plays in an over-40 lengue at Lakeland Arena. "But I surchave a good time. There are a few weak skaters, but overybody takes their turn."

Sarcevich is among the core group of players who regularly come out to the arena for the 9-10:50 a.m. seasions on Tuesdays and Thursdays.

"It's fun," he said, between shifts. "You come out for two hours and skate. It's a great workout."

The pace slowed down considerably during the final hour, with some players leaving early



ice duel: Farmington resident Brian Ratliff (left) battles Luke Murphy of White Lake in the

to go to work or home. But, those who stuck it out were happy they had two goalies throughout. Unfortunately, one drawback of drop-in hockey - wherever it's played - is there are occasions when only one netminder shows up to face the rising slapshots and breakaways.

"It makes a big difference when you have two goalies," Vander Vilde said. "It takes the competitiveness out of it if you don't."

Goalies tend to the challenge

BY TM SEMTIS

THE SEMTI SHATIS

One by one during the second half of Tweaday's two-hour open hockey session at the Farmington Hills lee Arena, tired skaters grabbed their equipment and headed for the locker room.

Goaltenders Sue Wise and Rom Rogowicz, conversely, stayed in their nets until the bitter end. But that's the Hip side for pay for the drop-in session. Skatera are hit up for \$50.0.

After leaving the ice, both goaltenders said they enjoy the exercise and competitiveness of drop-in hockey – even though, unlike actual league play, skaters usually ignore defense and try to score as many goals as possible.

Wise, a 43-year-old Brighton resident who took up goaltending five years ago, said she had an off game. But she didn't seem too discouraged, streasing that the speed and style of mer's hockey differs from women's. Still, ice time is ice time.

"It's about a half-step faster,"

"It's about a half-step faster,"
Wise said. "I do well in the
women's level. Actually, if I'm
playing well here, I know I'm too
fast (for women's hockey). I'm
out of rhythm ... Today, I was a

half-stop off, so it was perfect for me. I know it's frustrating for the other guys." Wise, retired from her job as an insurance agent, said she makes it out to the Farmington Hills sessions about once a week. Sometimes, she's the only gual-tender on the ice.

She said she enjoys the camaraderie of the group and feels welcomed. That isn't always the case for a female goalie.

"I've been at pickup games at other rinks," Wise said. "Some guys just don't want chicks on the ice. That's not how it is here."

According to Wise, she was virtually ordered not to come back for drop-in hockey at the Howell arena. "They told me flat out that they'd rather have no goalic than a woman goalic." But she's "one of the guys" at Farmington Hills. After giving up a goal Tuesday, an opponent skated by and jokingly rubbed the top of her helmet.

The netminder at the other end of the rink, Rogowicz, also noted the easygoing nature of most of the guys who regularly come out to the arena on Eight Mile Road between Gill-Halsted.

That deem't mean guys don't That deem't mean guys don't

That doesn't mean guys don't want to do well.

"This is a little less organized and the defense isn't as tight as it would be in a league game," and Rogowicz, 26, on his off day from his job as a White Lake Township police officer. "More people are trying to score on breaknways and one-timers."

Despite an alling knee, Rogowicz said he enjoys goaltending but gets easily frustrated. After giving up one goal Tuesday, he

but gets easily irustrated. Atter-giving up one goal Twesday, he angrily swatted the goal post with his paddle. "I want to stone everyone," said the Livonia resident, laugh, ing. "I get down on myself." Rogowicz actually is in his first wor as a goaltender. He

first year as a goaltender. He switched from defense after

switched from defense after being injured during a game last year at Lakeland Arona.

"In the lengue I played in there was a lot of hacking." he said. "I split my eye open right to the skull from a high stick."

After healing up, he bought some netminding equipment from a friend and took up the position. He said his experience as a defenseman enables him to be "a little more comfortable on be "a little more comfortable on my skates. This does take some getting used to, though."

GRIP seminar moves to weeknight

Registration by mail is under way for a Thursday, March 19, workshop, "Get a Kick Out of G.R.I.P." The free workshop is scheduled from 6:30-9 p.m. at Farmington High School.

The workshop, hosted by Farmington Families in Action, is designed to help parents and students get a "grip" on dealing with the problems facing today's youth including drug and alcohol use, violence and coping with the day-to-day pressures of school and home life.

Enwington Families in Action.

We decided to offer this special program on a wecknight so that active students and parents would have a better opportunity to attend, "said FFIA President for the program of the

Farmington Families in Action designed the G.R.I.P. program, an acronym representing "Generations Responding to Issues and Problems," to help parents get more involved as a positive influence in their children's lives.

lives. This year's workshop will fea-

Farmington area students attended the G.R.I.P. presentation.

"We decided to offer this special program on a weeknight so that active students and parents would have a better opportunity to attend," said FFIA President Terry Klenczar. "Additionally, we know that so many families have busy schedules and other weekend obligations, and we didn't want anyone to miss out on this terrific opportunity.

"That's why the Farmington Public Schools is making accommodations for special assemblies throughout the school day as well."

Besides the evening workshop, every middle school student in the Farmington district will get a chance to benefit from the program through special presentations during the school day on March 18 and 19.

There will be no charge for this event thanks to the support of FFIA, Farmington Public Schools, Hudson's, a Safe and Drug-Free Schools and Communities Grunt, TRW, the Farmington YMCA, the Farmington Exchange Club, Farmington Exchange Club, Parmington Hills Police Department and the Farmington Public Schools, 32500 Shiawassea St., Farmington, MI, 48336 or by fax at (248) 489-3314.

Due to the response phone

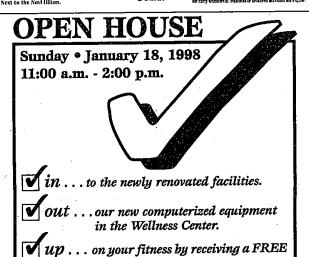
Due to the response, phone registration cannot be accepted.



1-800-914-3524 21211 Haggerty Road at B Mile, Next to the Nort Hilton.

Bank &

PDIC 1 Annual Percentage Yield is effective as of Jan. 15, 1998. Prophy for early withdrawal. Business or brukered accounts and elective



- Find your starting point with a free annual evaluation
- Design the perfect fitness program for you with the help of a personal trainer (one hour free consultation annually)

fitness evaluation.

- Join in a wide variety of free aerobic classes
- · Test your limits in our state-of-the-art Wellness Center
- Share in the fun of our family activities
- Provide a fun and loving environment for your child while you workout
- · Line up partners for racquetball (courts are free for members)
- Swim in two pools designed with your health in mind

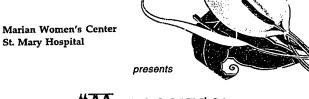
Call today to schedule a tour and ask about a free fitness evaluation.



Farmington Family YMCA 28100 Farmington Road Farmington Hills, Michigan 48334 (248) 553-4020

We build strong kids, strong families, strong communities.





"Menopause: Making Informed Choices"

by St. Mary Hospital obstetrician/gynecologists:

Timothy Johnson, M.D. Karol Otteman, D.O.

Michael Gatt. M.D. James Brown III, M.D.

Wednesday, January 21 and 28, 1998 7 to 9 p.m.

St. Mary Hospital Auditorium

(Please use the Five Mile entrance)

This free, two-part program on menopause will be presented by a panel of This tree, two-part program of miniphades will be presented by a painer of St. Mary Hospital obstetriciar/gynecologists. On January 21, the physicians will define perimenopause and menopause, discuss signs and symptoms, and review the anatomy and physiology of the menopausal woman. On January 28, the panel will talk about treatment options, such as hormone replacement therapy, risk factors for chronic illness that may occur at menopause, and various health screening tests available to women today.

Registration is requested as seating is limited.



To register, call the Marian Women's Center toll-free at 1-800-494-1617.