

CALENDAR

YOUR GUIDE TO EVENTS IN AND AROUND FARMINGTON AND FARMINGTON HILLS

HEALTH

VACCINE CLINIC

Providence Medical Center, at 30055 Northwestern, near Inkster in Farmington Hills, will be holding an Immunization Clinic from 4-8 p.m. Tuesday, March 17. All shots are free, but there is a \$5 facility fee. Call (248) 865-4000.

QUIT SMOKING

Find out how you can quit smoking with acupuncture at 7 p.m. Tuesday, March 10, at Botsford's Health Development Network in Novi. Call 477-6100.

HEALTHY COOKING

Enjoy healthy cooking demonstrations throughout the month of February at Botsford's Health Development Network in Novi. Classes fill quickly so register early. The cost is \$6. Call 477-6100.

KID STUFF

CALLING ALL KIDS

Kids in first through sixth grades can enjoy music, crafts and recreation at the LOGOS program from 4:15-7 p.m. every Thursday at First United Methodist Church in Farmington Hills.

DR. SEUSS

Celebrate the "Read Across America" campaign, 4:15 p.m. Monday, March 2, at the Farmington Branch Library with a special Dr. Seuss birthday party featuring guest readers Mayors Aldo Vignozzi and Mary Bush as well as special door prizes. Call 474-7770.

SAFE ON YOUR OWN

Learn how to be "Safe on Your Own" at the Farmington Community Library. The American Red Cross will present a special video and workbook on this topic for elementary and middle school-aged children and their parents at 7 p.m. Monday, March 2, at the Farmington Hills Library and 7 p.m. Monday, March 16, at the downtown Farmington Branch Library. To register, call 553-0300 or 474-7770.

PRESCHOOL

PLAY GROUP

Orchard United Methodist Church sponsors a Mom & Tot Play Group that meets year-round from 10 a.m. to noon Tuesdays. There is no charge. The church is at 30450 Farmington Road, between 13 Mile and 14 Mile roads. Call (248) 626-3620.

KEAP REGISTRATION

Kindergarten Enrichment Class offers opportunities for children and parents to explore hands-on enrichment activities Tuesday morning or afternoon classes at Farmington Community School. Call 489-3375.

CLARENCEVILLE CHILD CARE

The Clarenceville Child Care Program housed at Botsford Elementary School has openings for 3-, 4- and 5-year-olds. This licensed program offers a balanced schedule of activities from 6:30 a.m. to 6 p.m. Monday through Friday. Call 473-8933 for registration details.

MAYFAIR CO-OP

Mayfair Co-op preschool in Farmington Hills will accept applications for the 1998-99 school year beginning Feb. 23. Call 626-2769.

POTPOURRI

MUSIC WORKSHOP
Botsford of Farmington Hills is hosting the second installment of a new Classical Music Appreciation

Workshop series, with host Paul Russell, at 7 p.m. Sunday, Feb. 22, at Botsford, 30995 Orchard Lake Road. The discussion will be about finding romance through classical music. Call (248) 737-3980.

BOOK SIGNING

Jeffrey R. Caponigro will sign copies of his new book, "The Crisis Counselor," from 7-9 p.m. Wednesday, Feb. 25, at Borders Books, Music & Cafe, 30995 Orchard Lake Road. Call 737-0110.

VISIT THE REP

State Rep. Andrew Raskowski, R-Farmington Hills, is available to the community during the following hours:

- 10-11:30 a.m. the first Monday of each month at the Farmington City Hall, 23600 Liberty St.

- 10-11:30 a.m. the second Monday of each month at Farmington Hills City Hall, 31555 11 Mile.

- 7-8:30 p.m. the third Monday of each month at the Farmington Community Library, 32737 W. 12 Mile.

Call 1-800-864-2108 to make an appointment.

VOLUNTEERS

ALZHEIMER'S ASSOCIATION

The Alzheimer's Association is seeking volunteers to provide companionship to those with memory loss. Volunteers receive an orientation that provides them with the information and skills to brighten the life of someone with Alzheimer's. Call 557-8277.

SENEX

Senex, a program for frail older adults, provides the homebound some extra care and a variety of activities. If you would like to know more about this program or would like to volunteer, call 473-1830.

TRANSPORTATION

Volunteers are needed to drive older adults to medical appointments one day a week. Call Anne at 473-1854.

MEALS ON WHEELS

Drivers Pick up and deliver meals to homebound seniors one day a week, from one to two hours any day of the week. Call Diane or Chris at 473-1825.

NUTRITION VOLUNTEERS

Kitchen volunteers are needed from 9:30-11 a.m. Tuesday and Thursday. Call Chris or Diane, 473-1825.

FOCUS:HOPE

Drivers are needed for an hour or two to deliver food boxes to eligible seniors once a month. Call Gail, 473-1826.

COMMON GROUND

Common Ground, Oakland County's 24-hour crisis center, needs volunteers to provide telephone crisis intervention counseling. Call Liz Christopher at (248) 456-8128.

CATHOLIC SOCIAL SERVICES

Volunteers are needed to help improve relationships between parents and children, in a program sponsored by Catholic Social Services of Oakland County. Training for the program is provided. Call Francine Adams, (248) 334-3505.

DRIVERS NEEDED

If you have some free time to transport cancer patients in your area to nearby treatment centers, call Ivory Underwood at 443-5800.

CANCER INSTITUTE

The Karmanos Cancer Institute needs volunteers for the Noviforce, 41935

12 Mile, Novi. In addition, cancer survivors and volunteers are welcome to be trained as health education speakers.

SENIORS (55+)

BOOK DISCUSSION
Join in for a lively, informal book discussion at 1 p.m. on the first Thursday of each month. Regular attendance is not required. Call 473-1830.

REUPHOLSTER?

Interior designer Thomas Grabowski of Hudson's Northland Interior Design Studio will answer questions about problem chairs and sofas at 10:30 a.m. Tuesday, March 3, at the Senior Adult Center in Farmington Hills. The cost is \$2. Call 473-1830.

GOLF LEAGUES

Registration begins in February for the popular men's and women's golf leagues available to Farmington and Farmington Hills residents 55 and better. Call 473-1830.

TAX-AIDE

Seniors can receive tax counseling from 10:30 a.m. to 2:30 p.m. every Tuesday starting in February through April 14 at the Farmington Hills Senior Center.

MEMORIES AND MORE

Share your recollections of the past with Memories and More. This senior group will meet from 10 a.m. to noon every Friday at the Farmington Hills Senior Center. Call 473-1830.

BALLROOM DANCING

At 1 p.m. every Friday, dance to live Big Band sounds from the 40s and '50s at the Farmington Hills Senior Center, also called the William Costick Center, 11 Mile and Middlebelt. Admission is \$2.60 and includes refreshments, which are served at 2 p.m. Call 473-1830.

BRIDGE & PINOCHE

The Farmington Senior Drop-in Bridge and Pinochle Club meets every Monday at the Farmington Masonic Temple. Call William, 474-4308.

WATER WALKING

Try Water Walking, an in-pool exercise program, from 2-3 p.m. Tuesdays and Thursdays at the Farmington Hills Senior Adult Center. The cost is \$1 for residents and \$2 for non-residents. Call 473-1830.

TAI CHI

Now this year at the Farmington Hills Senior Center is Tai Chi. The class meets at 9 a.m. every Tuesday and Thursday. The fee is \$2 for residents and \$3 for non-residents.

CLASSES

KEEPSAKE ALBUM

Preserve your memories and learn how to make a keepsake photo album in

two sessions. The class is from 9:30-11:30 a.m. Beginning Thursday, Feb. 26, at the Longacre House in Farmington Hills. Call 477-8404.

BUILD YOUR OWN HOME

The Farmington Community Education Department will offer a comprehensive 24-hour class on how to build your own home; it will be 8:30-9:30 p.m. Feb. 26 through March 18 at the Farmington Community School. The cost is \$220 and pre-registration is required. Call 489-3333.

PARENTING

Farmington Public Schools' DELTA Gifted Department will sponsor six-week sessions of parenting classes to increase understanding of the social and emotional needs of highly able students and their families. Session 3 is from 7:30-9:30 p.m. every Monday starting March 2. Call the DELTA office at 489-3399.

BABYSITTING

This two-session workshop (March 14 and 21) will provide kids, ages 11-14, with the skills needed to serve as responsible babysitters, including basic first aid, child management techniques and tips for what to do in an emergency. The cost is \$25. Pre-registration is required at Botsford's Health Development Network in Novi. Call 477-6100.

NUTRITIONAL TUNEUP

Need to get your diet in gear? How about a nutritional tuneup? Botsford Health Development Network in Novi provides consultations for individuals interested in a low-fat, low-cholesterol menu. Call 477-6100.

INVESTMENT SERIES

The Farmington Community Library presents its 1998 Winter Investment Series at 7 p.m. every Tuesday through March 3 in the auditorium of the Farmington Hills Branch Library. Subjects such as retirement and estate planning will be covered. To register, call 553-0300, Ext. 332.

CLUBS

LIONS CLUB

The Farmington Area Lions Club meets the first and third Tuesday of each month at the Botsford Inn. Call Carole at 553-4850 or Dick at 476-6257.

N. FARM. GARDEN CLUB

The North Farmington Garden Club will meet at noon Tuesday, March 10, at the Farmington Hills Library on 12 Mile Road. The public is invited. Call 477-2511 or 553-2388.

OWL

The Farmington OWL (Older Women's League) will meet at 7 p.m. Monday, March 2, at the downtown Farmington Library. Call 348-8012. The public is welcome.

AARP

AARP meetings are held at 1 p.m. the third Friday of each month at the Senior Adult Center - Wexford Room in Farmington Hills.

HISTORICAL SOCIETY

The Farmington Historical Society will meet 8 p.m. Wednesday, Feb. 25, in the downtown library. Those who attend are asked to bring a useful article, something practical, for show and tell. The more esoteric the better, try to stump the members.

TOASTMASTERS

The Windbaggers Toastmasters, an International Speech Club, meets 6:30-8:30 p.m. every Thursday at Ponderosa Restaurant. Contact Derek at (248) 615-9191.

BNI

Business Network International, Farmington Hills Chapter, will meet from 7:30-8:30 a.m. Wednesday, Feb. 25, at the Grand Cafe in downtown Farmington. The NW Farmington Hills Chapter will meet from 7-8:30 a.m. Friday, Feb. 20 and 27, at Jaz Restaurant, 33572 Grand River.

SUPPORT GROUPS

HEADACHES

The National Headache Foundation, along with Providence Hospital, holds a free monthly support group, the second Tuesday of each month from 7:30-8:30 p.m. at MedMax, 29305 Orchard Lake Road. To register, call (248) 647-0514.

PREGNANT TEENS

Catholic Social Services of Oakland County offers support to pregnant teens with the Teen-Parent Program. The goal of the program is to offer moral and emotional support to pregnant and parenting teens. If you are or anyone you know is a pregnant teen, contact Sharon Longhucio at 333-3700, Ext. 122.

LEARNING DISABLED

Joel's Group is a group for the learning disabled and the educable mentally impaired looking for members. The group meets for social and educational activities on Saturday nights. Call Joel Maxwell at 476-8741.

WOMEN'S PRIME TIME

Women's Prime Time for women ages 40-60 discusses issues and concerns dealing with midlife changes. This forum is scheduled from 7-8:30 p.m. the third Thursday of each month, at Botsford Hospital's 3 West Conference Room. Call 477-6100.

FREE ADULT SUPPORT

Share your experiences in a safe, healing environment from 6:30-8:30 p.m. every Wednesday at Botsford Hospital in Farmington Hills. This program is offered through the Metro Detroit Center for Attitudinal Healing. Call Lois at

344-4535.

PARKINSON'S DISEASE

The Western Oakland Parkinson Support Group meets 7:30-9 p.m. the second Tuesday of every month at Farmington Hills Baptist Church, 28301 Middlebelt. Call 476-3404, 478-0189 or 474-0003.

BIPOLAR/DEPRESSIVE

The Manic-Depressive and Depressive Association support group meets 7:30-9 p.m. the first and third Wednesday of each month at the Mission Health Professional Office Center, 39500 W. 10 Mile, Novi. Call Vicki at 960-1288.

CHEMICAL DEPENDENCE

An educational/support group for children ages 4-11 impacted by the effects of chemical dependency is held from 10 a.m. to 2 p.m. Saturdays at the Farmington Area Counseling Center, 23333 Orchard Lake Road. Call Gina Schafer, 477-6767.

LIFE CARE MINISTRIES

Have a problem? Want to talk? Call Life Care Ministries at (313) 427-LIFE from 11 a.m. to 11 p.m. Monday-Saturday. There is no charge.

POSTPARTUM DEPRESSION

A postpartum depression group meets at 7:30 p.m. the first and third Tuesday of each month at Providence Hospital in Southfield. Call 737-3612.

MODERATION MANAGEMENT

MM is a free self-help group and nine-step program that provides guidelines for moderate drinking and support to change your drinking habits. Not intended for alcoholics. Meets from 7-8 p.m. every Tuesday night at Universal Church, 25301 Haledel, Farmington Hills. Meetings are anonymous, with no fees. Call (248) 788-8040.

A.I.M.

Agoraphobias in Motion is an organization to help people overcome panic/anxiety attacks. Call (248) 547-0400 for a listing of individual chapters.

PROJECT RACHEL

Project Rachel can help heal the wounds of abortion in a sensitive and confidential 11-week program. All faiths are welcome. Call 1-888-Rachels. Sponsored by the Catholic Archdiocese of Detroit.

PEER SUPPORT

The teen peer support group is a 12-week educational program for teens ages 12-18 struggling with chemical abuse, family problems, and other life stress issues that affect themselves and their loved ones. It is held from 3:30-5 p.m. Tuesdays at the Farmington Area Counseling Centers, 23332 Orchard Lake Road. Call 473-1290.

DIABETES SUPPORT

An educational support group at Botsford's Health Development Network offers day and evening classes. Call 477-6100.

PROSTATE CANCER

The prostate cancer educational support group will meet at 7 p.m. on the third Monday of each month at Botsford Hospital in Farmington Hills. This support group provides both encouragement and education about prostate cancer. Call 477-6100.

PARENTING

Pathways to Parenting, sponsored by Botsford Hospital, is a new monthly support group that meets from 12:30-2 p.m. the first Monday of each month at Holy Cross Episcopal Church in Novi. New moms can share concerns and

obtain information and network with peers. Call 477-6100.

GAMBLERS ANONYMOUS

Gamblers Anonymous will meet at 7:30 p.m. every Wednesday at Grace Chapel in Farmington Hills. Call (313) 852-0489.

TOPS

Take Off Pounds Sensibly - TOPS - is a support group dedicated to providing information to those seeking to lose and control their weight. TOPS meets from 9:30-10:30 a.m. every Wednesday at Nardin Park Church in Farmington Hills.

OVEREATERS

Learn how to take steps toward changing your relationship with food permanently in a comfortable, supportive atmosphere at Botsford General Hospital in Farmington Hills. Sessions are scheduled on a weekly basis. The cost is \$10 per session. Call 477-6100.

DIVORCECARE

DivorceCare divorce recovery seminar and support group meets at 7 p.m. each Tuesday at Forest Park Baptist Church in Farmington Hills. Experts on divorce and recovery topics will be featured guests. Call 476-0080.

OBSESSIVE-COMPULSIVE

Obsessive-Compulsive Disorder is a self-help group for youths and their families that meets from 7-9 p.m. the third Wednesday of each month at Davis Counseling Center in Farmington Hills. Call Greg at (313) 438-3293.

FREE COUNSELING

Free counseling services to all community members are available from Eastern Michigan University graduate counseling students in partnership with Farmington Schools. Counseling appointments are available from 5:30-7:30 p.m. each Wednesday. To schedule an appointment, call the FHS Counseling Office at 489-3447 during daytime hours.

TINNITUS SUPPORT

Do you have ringing or buzzing noises in your ears that won't leave? If so, then join the free Tinnitus Support Group. It meets 7-9 p.m. the first Tuesday of each month at Botsford Hospital in the Ziegler building, Classroom C. Call Jack at 352-1646.

SINGLES

CARDS & DINNER

Join the Farmington Single Professionals for euchre or pinocchle and dinner from 7-10 p.m. every Monday at the Maples of Novi Golf Course Clubhouse on 14 Mile. The cost is \$7 for members and \$8 for non-members.

SINGLE MINGLE DANCE

The Farmington Single Professionals along with the Metropolitan Single Professionals will host the Single Mingle Dance from 8 p.m. to 1 a.m. Friday, March 6, at the Doubletree Guest Suites Hotel in Southfield. Cost is \$4 for members and \$7 for non-members. All are welcome. Call (248) 851-9909.

TOO CHEZ

The next Fun & Fine Dining event will take place between 8 and 7:30 p.m. Thursday, March 5, at Too Chez in Novi. For more details, call 851-9909.

GOLF LEAGUE SIGNUP

All are welcome to join up for a golf league at 1 p.m. Sunday, March 1, at the Masonic Temple in Farmington. Leagues are available Monday through Thursday evenings.

CALENDAR FORM

The Farmington Observer, without charge, welcomes Calendar items. Items should be from non-profit community groups or individuals announcing a community program or event. Please type or print the information below and mail your item to The Calendar, Farmington Observer, 33411 Grand River, Farmington, MI 48335, or by fax to 248-477-9722. Items will appear at least one. Deadline for Calendar items is noon Friday for the following Thursday's paper.

Event:

Date and Time:

Location:

Telephone:

Additional Info: