

POLICE AND FIRE CALLS

FLEEING AND ELUDING
In Farmington Hills: Farmington Hills police picked up where Novi police left off, arresting a 22-year-old Novi woman for fleeing and eluding on the I-696 exit ramp at Orchard Lake at 2 a.m. Feb. 19. Hills police heard over the radio that Novi police were chasing a 1995 Ford Explorer when a vehicle matching that description was exiting I-696. An officer pulled behind the vehicle, which had its lights off. The driver said she ran out of gas. She was turned over to Novi police.

DOMESTIC ASSAULT
In Farmington Hills: A Farmington Hills man, 30, was arrested after his wife was elbowed in the arm and struck in the back several times during an argument at 3:30 a.m. Feb. 18. The woman went to the Farmington police and filed a complaint. The woman said her husband had been drinking when the argument started and has mentioned in the past about buying a gun and using it to harm her. While being taken to the station, the husband asked police how to go about buying a gun and whether his arrest would affect his ability to do so.

FRUAD
In Farmington: Police are investigating an 88-year-old Farmington woman's claim that someone rang up about \$1,300 worth of purchases on her Visa credit card between 10:15 a.m. Friday, Feb. 19, and 10 p.m. Monday, Feb. 18. The victim is a resident at Farmington Place, in the 32000 block of Grand River. One possible suspect is a 26-year-old black woman who assisted the woman three days a week as a part-time caregiver, according to reports.

LAWN JOB
In Farmington Hills: A vehicle drove over the lawns of two Ashover Court residences Feb. 18, causing more than \$200 damage.

NARCOTICS PARAPHERNALIA
In Farmington Hills: Police ticketed a Redford woman, 52, after finding a pair of tweezers with both ends bent — common when used to smoke marijuana — during a traffic stop on eastbound Grand River and Eight Mile Feb. 18. Police also found a dagger knife in the woman's purse. She explain she was a knife thrower at the Renaissance Festival. She was also ticketed for having a cracked windshield and making an improper turn.

DRUNKEN DRIVING
In Farmington Hills: Police arrested a Redford man, 31, for drunken driving on eastbound Shawwassee and Oxford at 3:23 p.m. Feb. 18. Police stopped the 1990 Plymouth Voyager traveling 45 miles an hour in a 25-mile zone. The driver had a blood alcohol level of .21 percent, which is more than twice the legal limit.

Police arrested a Farmington Hills woman, 40, for drunken driving and leaving the scene of an accident Feb. 19. A Livonia woman said her vehicle was struck from behind at Middlebelt and Grayfield. When the woman went up to the 1996 Camaro, the driver told her she was almost home and rolled up her window. The woman got the vehicle's license plate number and phoned police, who went to the driver's home. The driver said she drank five glasses of wine at dinner. The driver had a blood alcohol level of .23 percent.

RECKLESS DRIVING
In Farmington Hills: Police are seeking reckless driving charges against a Spring Lake man, 34, after he accelerated during a traffic stop, nearly running over an officer's foot, on southbound Haggerty and Nine Mile Feb. 19. When questioned later, the driver said he was getting a ticket and didn't have to stay. He was ticketed for running a red light while turning from westbound Nine Mile onto southbound Haggerty. The officer jumped out of the way when the vehicle started to accelerate and tapped the 1994 Dodge Caravan to stop, which the driver did.

THEFT
In Farmington: An employee at Weather Ring, in the 20000 block of Chesley Drive, told police that someone stole his black leather jacket during his work shift Tuesday, sometime between 8 a.m. and 4:30 p.m. The victim, a Troy man, said he hung up his jacket in the closet of the front lobby when he arrived for work. But after his shift, it was gone. There are no suspects. He described the jacket as being size 42-44, waist length, with a zipper. Its value was estimated at \$650.

Bands plan fund-raiser

Harrison High School instrumental music students will be conducting a "Play-a-Thon" from 3 p.m. to 1 a.m. Friday, Feb. 27, to help raise funds for their planned June trip to Russia. Pledges will be collected by students based on how long they play at the marathon. If enough money is raised through fundraisers and donations, 62 members of Harrison's touring Symphony Band and Select Chamber Ensemble, along with director Mark Phillips and 23 parents, will trek to Russia for performances in Moscow and St. Petersburg. Meanwhile, donations from the community are welcome. Please send checks to the Harrison High School Band and Orchestra Boosters, c/o Mark Phillips, Harrison High School, 29995 W. 12 Mile Road, Farmington Hills, 48334. Indicate "Russia" on the memo line of your check.

OBITUARIES

ALICE ELIZABETH NORTON
Alice Elizabeth Norton, 104, of Farmington Hills died Feb. 16. She is survived by daughters, Lorana Hudson, Edna Johnson, Jeanne Spurgeon and Stella Thorne; sons, William, Norman and John; 28 grandchildren; 56 great-grandchildren; and 28 great-great-grandchildren. Funeral services were Friday, Feb. 20 at Fullers Chapel Church in Leona, Tenn.

FRANK WOODWARD KIMMEL
Frank Woodward Kimmel, 77, of Farmington Hills, died Feb. 13 at Angela Hospice in Livonia. Mr. Kimmel was the owner of Kimmel Barber Shop in Pontiac and worked for General Motors. He was a member of the Elks and the Oddfellows. He is survived by wife, Alice; sons, Marty (Lynn), Bud (Patty) and Tim (Teri); sisters, Pauline Derry, Louise Suter and Jean Blackburn; and six grandchildren.

ISABELL GREEN
Isabell Green, 91, of Farmington Hills, died Feb. 19. Born in Scotland, Mrs. Green was a homemaker and member of Grace Presbyterian Church in Detroit and First Presbyterian Church of Farmington. She is survived by sons, Thomas (Doris) of Texas and William (Lisa) of Farmington Hills; three grandchildren; and two great-grandchildren. Visitation is from 1-4 p.m. and 5-8 p.m. today, Feb. 22 at Thayer-Rock Funeral Home in Farmington. Funeral services will be held at 10:30 a.m. Monday, Feb. 23, at First Presbyterian Church of Farmington in Farmington Hills with the Rev. Dr. Brewster Gere officiating.

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Arthritis Today
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Phone: (248) 478-7860

TRYING TO SLEEP WITH ARTHRITIS

If you have rheumatoid or osteoarthritis, getting up in the morning can be a chore. However, many individuals with joint problems dread going to bed even more. The reason is that at night, nothing distracts you from the pain, any movement can cause discomfort that ends sleep as a ringing alarm clock was set off in your par.

Several arthritis related problems are at fault. One is aching muscles. To compensate for joint impairment, surrounding muscles must work hard. Undue fatigue results, leaving you with debilitative muscle tension and soreness. In addition, swollen joints rest at night, but only as long as they are not moved. Your change of position seems like an act of aggression to an inflamed joint, which responds with the protest of pain.

Counter strategy includes timing your arthritis medicine to have its best effect at bedtime. This means not waiting until going to bed to take your medicine, but doing so an hour before. Then medication blood levels will be at peak when you turn off the bedroom light.

You should expect to arise at least once during the night. Be ready then to take a pain medication if needed, and to actually walk a few steps. Getting out of the bed and moving, even to the hot or bathroom, relieves stiffness, and stretches previously cramped muscles. These measures have proved more effective than sleeping pills in promoting a reasonable night time rest for people with arthritis.

SPOTLIGHT ON

Orthodontics

by Josephine Finazzo, D.M.D.

THE BENEFITS OF ORTHODONTIC TREATMENT

Aesthetics aside, the biggest benefit that comes from orthodontic treatment is a healthier mouth. Properly aligned teeth are easier to keep clean and have a better chance of lasting a lifetime. A proper bite also insures that patients will be able to bite off and chew nutritious foods well enough to be easily digested. A poor bite compromises nutrition and can also cause added stress on chewing muscles, which can lead to pain or problems with jaw joints. Protruding teeth may be more prone to chipping, fracture, and abnormal wear on tooth surfaces. While an attractive smile may be appealing, most patients come to appreciate the functional improvements that treatment brings as well.

There are numerous benefits of orthodontics. Treatment time involved varies, because every case is unique. Some conditions can be corrected easily. Other, more complicated situations, can take slightly longer. Because bones and muscles have finished growing and are in their permanent position, treatment time may take longer for adults than for younger patients, ranging from as little as 18 to 24 months. To schedule a free consultation, call THE ORTHODONTIC GROUP, 19223 Merriman (442-8885).

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