Oakland Digest provides a summary of headline stories from around the county during the week leading up to March 5.

ELOOMFIELD HILLS completion: A host of now exhibits will be featured at the nowly expanded Cranbrook Institute of Science in Bloomfield newly expanded Cranbrook Institute of Science in Bloomfield Hills, including Tides of Ice exhibit and Water Gallery, the Science Garden enclosing a natural amphitheater and hands-on

activities. Two openings are scheduled: June 13-14 to debut the new wing and traveling exhibit, Robot Zoo and Oct. 10-11 to premier the new permanent oxhibits. The entire project, including renovation of the old wing and exhibits, is expected to be completed by January 2000. CLARKSTOM

CLARKSTON
Clarkston eyes child care
facilities: With the need for
day care in the Clarkston area
rising, child care operators are
responding. Little People is currently being constructed on Cita-

tion Drive, off M-16 across from the new fire station and should be opened by the end of April. Pee Wee Patch, which would be located on M-15, between Oakhill and Hadley, has conceptual approval from the Planning Commission. Plans for the third facility, Rainbow Rascals, to be located in the new medical building at Dizie Highway and M-16, hann't received approval from the commission as of yet.

COMMERCE TOWNSHIP Theater complex to open:

OAKLAND DIGEST

The new United Artists 14screen movie theater, featuring
stadium-style seating and digital
sound, is planned to open later
this menth. Located on the
northwest corner of 14 Mile and
Haggerty, the theater will open
the evening of March 25 with a
31 per movie, \$1 per concession
fund raiser for Big Brother and
Big Sisters of Metro Detroit.
With a capacity of 2,367, seating
will vary from 106 per unit to
416. Call (249) 900-6801 for
show times and information.
LAKE ORION

LAKE ORION

LAKE ORION
Students win award: Orion
Oaks Elementary fifth graders
from Nick Colwell's class earned
the school's top prize in the second annual Yahooligans Head
Bone Derby scavenger hunt on
the Internet. Students spent
about two hours a week securing
the Internet in search of answers
to questions about the U.S. Constitution. For their efforts, the
school will receive an eight-title
CD ROM library.

OXFORD TOWMSHIP

OXFORD TOWNSHIP New park plans surface: Oxford Township Parks and Recreation Commission is planning to ask the Michigan Land
Trust Fund for a grant that will
enable them to purchase roughly
300 acres of land north of Oakwood on Metamera Road to be
set aside for a passive use, most
ly as undeveloped park land. The
earliest the township would
approve the grant application
would be July. Under the
requirements of the grant process, the community would have
to supply almost half of the
31.639 million total price for the
land.

ROCHESTER V

ROCHESTER 1
State funds walkway extension: The Michigan Department of Transportation awarded Rochester \$152,000 in a matching grant to extend the Paint Creek Walkway from University to Second Street. Construction is expected to begin in 1999.

expected to begin in 1999.
SOUTHFIELD
Resident chooses assisted
suicide: Rossevelt BartranAndrow Dawson died Feb. 26
after being injected with a poisonous substance. Dawson, an

Embassy Towers resident and quadriplegic, was the second Southfield resident to seek Jack Kevorkian's help with assisted

suicide.

TROY
Jumpers raise money: Students at Hamilton Elementary
in Troy spent a day jumping rope
to raise money for the American
Heart Association. The students
participating in the annual
Jump Rope for Heart marathon,
which promotes fitness and good
nutrition, raised more than
\$12,000. A "Princess Di" Benain
Baby rafile also helped raised
funds for the nonprofit group.

WEST BLOOMFIELD
Schools charge for drivers
ed: It will cost students \$1.00 to
take driver education in West
Bloomfield, under the pilot program adopted by the school
board. The fee includes \$75 for
32 hours of instruction in June
and July. A second segment of
six hours of instruction will be
offered at various times from
November to March at a cost of
\$25.

Before you have a baby, talk to a woman who's had more than 1000.

he female obstetricians and certified nurse midwives of Providence Hospital and Medical Centers have delivered thousands of bables between them. And they've had a few of their own, as well. So if you think a woman's touch would make your birth experience a better one, then you've come to the right place.

Of course, no matter which gender you prefer (for your doctor, that is) all of Providence's obstetricians and certified nurse midwives are highly skilled and experienced. And they work in some of the most accommodating, comfortable, family-centered birth facilities in Michigan. Providence Park in Novi and the New Life Center in Southfield offer the comforts of home, with the reassurance of state-of-the-art equipment standing by. For low-risk births, the Family Birthing Center in Southfield offers a safer alternative to home birth, providing queen-size beds, Jacuzzi tubs and steeping accommodations for family members.

For your birth experience, Providence has all the choices: the medical professionals, the accommodations, the technology. Just ask any woman who's been there—even just once. For more information, call **1-800-968-5595**.



One of America's top 100 hospitals and close to home.

Member of Daughters of Charity National Health System, Inc.

Fitness from page A5

separate facilities for officials.

"We have a new time-set shower that cuts off after 60 seconds," Cole said.

Exercise room — now twice as big. Equipment includes Cybox VR2 Variable Resistance System equipment such as stairmasters, treadmills, stepmasters, and so on. They are computerized, so the user must program a machine to suit his or her needs.

Two of the three racquetbal courts were taken out. The remaining court has a new wooden floor that is less slippery than the urethane floor.

A testing room has machines

the urethane floor. A testing room has machines for checking one's body fat, flexibility, weight, muscle strength and cardiovascular condition. "It's much better for our exercise science program," said Cole.

**Gym* – actually a 24,000-square-foot multi-purpose room. It now has automatic basketball backboards, new wall padding

and new fire doors. Its size permits it to be used for three basketball courts, or four volleyball courts, or for indoor tennis

courts.
Cole, a 20-year veteran of the college with a master's degree in guidance, had the faculty office corridor brightened — better lighting, now paint on the doors, cleaning of the walls.

Many classes

"We offer many credit courses
in the pools: hydrotoning and
deep water running, aquatic
exercise, beginning and intermediate swimming, scuba diving,
kayaking, lifeguard and water
safety, said Cole.

"We also have Red Cross first
aid, stress management, physical well-being, nutrition and fitness, exercise science, exercise
leadership modern dance, step
aerobies, volleyball and basketball.

"Every student is required to take one credit hour of phys ed for graduation. Many of our stu-dents transfer to four-year col-leges" for phys-ed teaching

leges" for physea teaching degrees.

"During summer we offer instructional sports day camps for elementary, junior high and high school students. These run from boys and girls basketball, baton twirling and rhythmic gymnastics indoors to co-ed soccer and in-line skating outdoors.

In bad weather, some of the outdoor activities can be moved indoors.

indoors.

For every credit course, there's a non-credit course for the community.

The H Building service desk telephone number is (248) 471-7599. It has information on gen-eral memberships as well as senior citizens and family mem-berships. Rates for Oakland County residents are lower.



Do you know your **IRA options?**



Within the Taxpaver Relief Act of 1997 are some attractive tax incentives for those investing in individual retirement accounts (IRAs). The new law created two new IRA classifications: the Roth IRA, which can grow tax free, and the Education IRA. designad to help families fund the rising cost of higher education.

> There are now four types of IRAs available to investors:

- Education IRA
- · Roth IRA
- .. Spousal IRA • Traditional IRA

For more information about IRAs and other retirement planning options contact a McDonald & Company Investment Consultant at 800/553-2056

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