

Nutrition *from page B1*

until well blended. Set aside or refrigerate as preferred.

Remove chicken from marinade and grill on barbecue or under broiler until no longer pink inside and golden brown.

Fill large bowl with romaine lettuce. Add water chestnuts, bean sprouts, snap peas, and oranges. Lightly mix together. Arrange cooked chicken strips on top of salad, drizzle on dressing, or serve on the side. Serves 4.

Nutrition information: Total fat per serving 31 grams; calories per serving 361.

Recipe third prize winner in main dish salad contest, compliments of Linda Stockton of Farmington Hills.

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