

RECREATION CENTER

The Observer & Eccentric publishes the "Recreation Center" every Sunday in Sports. To submit results of competition, items for the Rec Roundup or local story ideas, call staff writer Chris Mayer at (248) 901-2589, fax him material at (248) 644-1314 or write to him at: The Observer & Eccentric Sports Department, 805 E. Maple, Birmingham, MI 48009.

Cold weather slows Pistons Fast Break 5K

Those who ventured to the Palace of Auburn Hills for last weekend's second annual Detroit Pistons Fast Break 5K were greeted to a blast of winter.

A fresh snowfall, gusty winds and cold temperatures made for slippery running conditions and uncharacteristically slow times compared with last year's inaugural event.

Scott Collins, a former All-American cross country runner at Oakland University, overcame the elements to clock a winning time of 17 minutes, 8 seconds. That mark was just under two minutes slower than Collins' course record (15:15).

Eccentric-area runners recorded the majority of the top times.

Eric Green of Auburn Hills earned overall runner-up honors with a 17:49 and Keith Zymkiw of Rochester Hills followed in third at 17:58.

Brett Sanborn of Rochester Hills (18:27), Nate Warren of West Bloomfield (18:40), Frank Carmona of Troy (18:40), Mike Stone of Southfield (19:03), Ed Lotocky of Rochester Hills (19:11), 21:27 also placed among the top 11.

Bloomfield Hills resident Donna Olson was the top female finisher with a time of 23:23. Michelle Cunningham and Tammy Sanborn, both of Rochester Hills, clocked times of 25:07

and 25:10, respectively. Complete race results follow below.

DETROIT PISTONS FAST BREAK 5K (March 22, at Auburn Hills)	
MALE RACE RESULTS	
1. Scott Collins, 26, (New Baltimore)	17:08
2. Eric Green, 29, (Auburn Hills)	17:49
3. Keith Zymkiw, 19, (Rochester Hills)	17:58
4. Jason Carter, 24, (Lake Orion)	18:02
5. Brett Sanborn, 31, (Rochester Hills)	18:27
6. Peter Cooper, 37, (Pontiac)	18:32
7. Nate Warren, 18, (West Bloomfield)	18:40
8. Frank Carmona, 34, (Troy)	18:45
9. Mike Stone, 47, (Southfield)	19:03
10. Ray Brumley, 30, (Lake Orion)	21:03
11. Ed Lotocky, 16, (Rochester)	21:27
12. Reed Swanson, 38, (Huntington Woods)	21:37
13. Robert Bradbury, 36, (Wyandotte)	21:49
14. Jeff Richards, 27, (Clarkston)	22:40
15. Larry Logan, 44, (Pontiac)	22:44
16. Dan Dewey, 51, (Orion)	22:53
17. Kevin Taylor, 39, (West Bloomfield)	22:58
18. Ed Munoz, 38, (St. Clair Shores)	23:10
19. Ron Elber, 37, (Farmington Hills)	23:10
20. Jim Farnes, 71, (Ann Arbor)	23:17
21. Scott Clemick, 36, (Birmingham)	23:35
22. Bob Bradbury, 15, (Wyandotte)	24:07
23. Larry Price, 30, (Detroit)	24:11
24. Randy Fielder, 40, (Rochester)	24:35
25. John Metcalfe, 41, (Midland)	24:57
26. James Zimmerman, 34, (Rochester Hills)	24:59
27. Bob Benedict, 28, (Troy)	25:27
28. Michael Quick, 10, (Bloomfield Hills)	25:48
29. William Green, 40, (Saginaw)	25:58
30. Bob Kruse, 55, (Warren)	25:59

31. George Jimenez, 43, (Saginaw)	26:13
32. Greg Quinn, 43, (Bloomfield Hills)	26:26
33. Bill Kalina, 44, (Lake Orion)	26:52
34. Daniel Outswell, 46, (Grosse Pointe Park)	27:10
35. Al Pisk, 41, (Rochester Hills)	27:18
36. Marvin Stevenson, 63, (Rochester Hills)	27:24
37. Thomas Evans, 27, (Ferndale)	27:31
38. Don Kester, 33, (White Lake)	27:32
39. David Evans, 54, (Ferndale)	27:35
40. Brad Van Otterloo, 32, (Novi)	27:38
41. Jack Battin, 35, (Warren)	27:43
42. Fred King, 64, (Dearborn Heights)	27:50
43. Doug Bradley, 54, (Dearborn)	28:10
44. Howard Warren, 62, (West Bloomfield)	28:01
45. Harold Wright, 63, (Rochester Hills)	29:23
46. Steven Poulos, 32, (Lake Orion)	30:05
47. Peter Ninjo, 32, (Center Line)	30:35
48. Robert Litty, 63, (Farmington Hills)	31:33
49. Joe Thornburg, 81, (Troy)	31:53
50. Kurt Peterson, 33, (Highland)	32:07
51. Archie Pollard, 66, (Detroit)	32:22
52. Ed Davidson, 39, (Royal Oak)	34:05
53. Robert Cooper, 65, (Dearborn Lake)	34:55
54. Andy Aulian, 62, (Birmingham)	35:59
55. Jim Ramsey, 90, (Detroit)	47:42

FEMALE RACE RESULTS	
1. Donna Olson, 48, (Bloomfield Hills)	23:23
2. Tracy Wiser, 26, (Warren)	24:16
3. Michelle Cunningham, 37, (Rochester Hills)	25:07
4. Tammy Sanborn, 31, (Rochester Hills)	25:10
5. Tanya Hirdly, 37, (Northville)	25:14
6. Jenni Auer, 27, (Bay City)	26:32
7. Lisa Bayman, 42, (Brighton)	27:30
8. DuRussel Nielsen, 27, (Royal Oak)	27:47
9. Chris Swanson, 62, (Royal Oak)	28:54
10. Jaime Runberger, 27, (Farmington Hills)	29:46

Grand Rapids at 8 a.m. Saturday, May 9. Over 7,500 participants are expected to enter the 26K, 5K Run, 5K Walk, Team Competition and Junior events. All Old Kent River Bank Run events - except the Junior - start and finish in downtown Grand Rapids.

The Junior event will be held on Thursday, May 7 at AJ's Family Fun Center. There are also going to be special new events, such as new ways to help out Michigan Special Olympics and other worthy causes.

For an entry form or additional information, visit <http://www.okriverbankrun.com>.

■ The Greater Berkley 10K Run is scheduled for Saturday, May 10 in Berkley. Early registration is \$10K, \$15; 1 Mile, \$12; 10K and 1 Mile, \$18. Late registration is \$10K, \$18; 1 Mile, \$15; 10K and 1 Mile, \$21.

Starting Times are: 1 Mile race, 9 a.m.; 1 Mile Fun Run/Walk, 9:10 a.m.; 10 K race, 9:30 a.m. Race day registration will be held from 8 a.m. until 8:45 a.m. at the Berkley Ice Arena (2300 Robina) located two blocks west of Coolidge at Catalpa, and within easy walking distance of the starting point for all races.

The course starts and finishes in the parking lot behind Anderson Middle School and follows flat, paved roads through residential sections of the City of Berkley. Call (248) 544-9099 or visit www.motorcityriders.com for more details.

REC ROUNDUP

AEROBICS

WORKOUT CLASSES

This spring West Bloomfield Parks and Recreation will host High/Low Aerobics & Muscle Training plus Step Aerobics, brought to you by Fitness Factory. The classes are six weeks long and begin the week of April 27 through June 8 (No class on May 6 and May 25).

High/Low Aerobics & Muscle Training are high energy, low impact aerobic exercises, which tone muscles and strengthen the cardiovascular system. Step Aerobics provide a low impact, high intensity cardiovascular workout that uses a step bench. This workout also develops calves, thighs and gluteus maximus.

High/Low Aerobics takes place on Mondays and Wednesdays from 6 to 7 p.m. Step Aerobics takes place on Tuesdays and Thursdays from 6:45 to 7:45 p.m. or 6:50 to 7:50 p.m. Cost of the classes is \$24 for six one-on-one sessions, \$36 for twice a week or \$45 for unlimited workouts. West Bloomfield Parks and Recreation is located at 4640 Walnut Lake Rd., east of Farmington Rd.

For more information, call 248-738-2500.

CLASSES

REI

Spring has started at Northville-based REI and it's time to get out your bicycles and get ready to ride. Join REI for a month of activities focusing on cycling and learn basic repairs, where to go and how to do it. Knowledgeable staff and local outdoor community members host free educational clinics every month at REI, which is located at 17659 Haggerty Road at Six Mile and Haggerty, just off I-276. Here are two of the featured presentations:

The Five Most Common Repairs. Saturday, April 11, 10:30 a.m. REI staff member Ken Kalousek, a bicycle technician for 11 years and a race mechanic for the NORBA National Championship series mountain bike races, will cover flat tire repair, simple brake and derailleur adjustment, chain repair, minor wheel truing and handlebar adjustment.

Invitation to Cycling. Thursday, April 23, 7 p.m. Dan Harrison, who has been having serious fun on his bike for over one-quarter of a century, will talk about all aspects of the sport of cycling, including fitting the bike, the body/bike interface, essential accessories, where to ride, road and off-road opportunities and getting involved in cycling as a lifestyle.

FUND-RAISERS

ARTHRITIS FOUNDATION

Walkers looking off to shake off the winter blues are invited to participate in "A Joint Parade", a fund-raising walk to benefit the Arthritis Foundation. Walks will be held Saturday, April 18 in Ann Arbor and Royal Oak and Sunday, April 19 in Grosse Pointe. Routes of two or nine miles (two or five in Ann Arbor) have been created to include a variety of all ages and abilities. Check-in for the event begins at 8 a.m. followed by the walk at 9 a.m. Walkers are asked to raise pledges to support arthritis research and Arthritis Foundation programs and services. Prizes are available for anyone raising over \$75. Walkers are also encouraged to form teams of four or more people. Prizes will be awarded to the top fund-raising team as well as the team with the most participants. This year marks the 50th anniversary of the Arthritis Foundation as a source of help and hope to people with arthritis. For more information, call the Arthritis Foundation at 1-800-968-3030 ext. 26.

THE 1998 MS WALK

The annual MS Walk to help the fight against multiple sclerosis comes to Birmingham on Sunday, May 3. Featuring routes of five, 15 and 20 kilometers, the Birmingham event will be conducted at Seaholm High School (2438 Lincoln). Check-in begins at 8 a.m. and the routes open at 9 a.m. Walks will also be held in Ann Arbor (Sunday, April 19), Dearborn (May 3), Grosse Pointe (May 3) and Monroe (May 3). For more information or a detailed brochure/registration form, call the National MS Society, Michigan Chapter at (248) 350-0020 or 1-800-247-7382.

HURON-CLINTON METROPARKS

MARCH OF DIMES WALK AMERICA

This fund-raising walk will be conducted on Sunday, April 26 beginning at 9 a.m. Registrations forms are available at the Metro Beach Metropark's park office. Metro Beach Metropark is located at 31300 Metro Parkway in Mount Clemens.

BICYCLING

The Great Lakes Cycling Ann Arbor Velo Club will sponsor a U.S. Cycling Federation-sanctioned race on Sunday, May 10 at Martindale Beach in Kensington Metropark. The event begins at 7 a.m. and will feature six different race categories and race distances from 33 miles to 66 miles. The race course is completely within Kensington Metropark. Participants must

register before the day of the race.

For more information or to obtain an entry form, call (734) 761-1603.

INDOOR SPORTS

IN-LINE AT THE DOME

If you feel like hibernating for the rest of the winter, but still want to have some fun, try in-line skating at the Pontiac Silverdome. Skaters of all ages and skill levels are invited to experience the world's largest indoor, in-line skating rink at the Silverdome as part of Roll-in-the-Silverdome. Guests can skate on the Third Level Concourse from 6:30 p.m. on the following dates: March 31; April 2, 7-9, 14-17, 22-26, 28-30; and May 2-3. The Silverdome offers double sessions on weekends with additional hours from 1-5 p.m., and speed skating on Wednesdays from 9:30-10:30 p.m. for advanced in-line skaters. The cost to Roll-in-the-Silverdome for in-line skaters is \$6 for adults; \$5 for students with school identification, \$4 for children 12 and under and \$1 for spectators. All dates and times are subject to change. Non-skaters also may take advantage of the program and use the Club Level Concourse to walk or jog on the same dates as Roll-in-the-Silverdome from 6 p.m.-9:30 p.m. only. Anyone 12 and older interested in taking advantage of the walking/jogging program may apply for a pass at the Silverdome Ticket Office during regular business hours from 8:30 a.m.-5 p.m., Monday through Friday. Guests under 18 years of age must be accompanied by a parent or legal guardian. A \$10 per season application fee will be charged. The Silverdome provides more than 250 pairs of Rollerblade skates and safety equipment for rental along with free coat check and free parking at the West Gate.

For additional information or to confirm open skating hours, interested parties can call the Roll-in-the-Silverdome 24-Hour Hotline at (248) 456-1646.

OAKLAND COUNTY PARKS

RED OAKS GOLF DOME

Open daily from 9 a.m.-10 p.m. Monday through Friday, 8 a.m.-10 p.m. Saturday and Sunday. Small, medium and large buckets of golf balls available. Private, semi-private and group lessons available, as well as retiree and student discounts. Lesson prices vary by instructor. Red Oaks is located at John R and 12 Mile roads in Mt. Pleasant Heights. Call (248) 648-1857 for more information.

ADULT RECREATIONAL LEAGUES

TROY PARKS AND RECREATION ADULT BASEBALL STANDINGS

DIVISION B				
TEAM	W	L	PCT	GB
Sutton/Attitude	9	4	.692	-
Boaters	9	4	.692	-
Rebels	7	6	.538	2
Honey Tree	7	6	.538	2
Tavern On 13	6	7	.462	3
TBD	1	12	.077	8

Week 23 results
Sutton/Attitude 68, Tavern On 13 47
Boaters 27, Rebel 78
Honey Tree 83, TBD 69

DIVISION C

Final league standings				
TEAM	W	L	PCT	GB
Lucas Varsity	11	3	.786	-
Vehma	10	4	.714	1
Mr. B's	8	6	.571	3
KIDS Eagles	6	8	.571	3
Michigan National	5	9	.357	6
Fargo	0	14	.000	11

Playoff semifinals
Lucas Varsity 62, KIDS Eagles 46
Vehma 50, Mr. B's 46

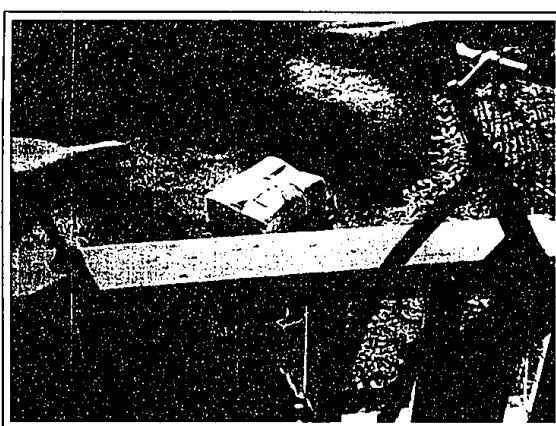
Playoff final
Lucas Varsity 45, Vehma 43

DIVISION D

Final league standings				
TEAM	W	L	PCT	GB
s-Deutsche Financial	11	3	.786	-
Dorren Mayhew	11	3	.786	-
Solvey	8	6	.571	3
Close To The Edge	8	6	.571	3
Short & Slow	4	10	.286	7
Brave	0	14	.000	11

Playoff semifinals
Deutsche Financial 45, Solvey 26
Dorren Mayhew 50, Close To Edge 40

Playoff final
D. Mayhew 66, Deutsche Financial 54



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Just call one of the numbers here and we'll get things rolling:

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OAKLAND COUNTY: 248-901-4716

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