

Community Chorus concert May 8-9

The Farmington Community Chorus will present its 19th annual spring concert, "Shades of the Blues Away" - at 8 p.m. Friday and Saturday, May 8-9, at Farmington High School.

This 90-voice chorus, under the direction of Steven Segrove, will perform selections that include "Bye Bye Blues," "Route 66," "I've Grown Accustomed to Your Face" and "Chantanooga Choo Choo." Piano and keyboard accompaniment will be provided by Susan Gerr.

The Perfect Blend, a select group made up of 16 voices, will also perform. Solos, duets, and small ensembles will complete the evening's program. Chorus members live throughout southern Oakland County.

Previous concerts have sold out. For tickets, call 788-5322.

Arthritis Today
JOSEPH J. WEISS, M.D. RHEUMATOLOGY
18829 Farmington Road
Livonia, Michigan 48152
Phone: (248) 478-7860

OSGOOD-SCHLATTER DISEASE
The end of hockey season brings appointments to doctors from patients not otherwise seen. I refer to boys age 13-16 coming because of knee pain. These athletes present with a similar story: a painful swelling of a leg at a set play below the knee.

What has occurred is that repeated injury from a combination of falls to the ice, tying hockey pucks, sticks, and board jabs, has injured the bony protuberance below the total tibia.

In teenage boys this part of the leg is not completely calcified. When repetitive injury occurs, it causes trauma to the epiphyseal blood vessels providing nutrition to the tibia.

The injured bone becomes swollen and painful, at times parents misinterpret the swelling as infection or a cancer. However, the outlook is not to worry, once the cause is trauma, and the patient observed healthy.

With the end of hockey season the repeated trauma ends. The bone heals, changing the tibia to a bony lump (osteophyte) that is a sign of enlargement of bone that characterizes the uninvolved tibia. This change in contour by the injured bone leaves no lasting damage. The quadriceps muscle, which inserts into the tibia, does so to the side of the bone, so the bone does not become subject to swelling again.

Treatment consists of accommodation for pain and assurance that no harm to growth or development of the bone will occur. Proper padding of the knee area and playing by the rules helps prevent Osgood-Schlatter disease.

Orthodontics
by Josephine Finazzo, D.M.D.
TREATMENT FOR TMJ DISORDER

An estimated 20% of Americans suffer from a complex dental condition known as temporomandibular joint (TMJ) disorder, which involves the temporomandibular joints that act as hinges on either side of the face to connect the lower jaw to the skull. Each temporomandibular joint has two sections that allow the hinge and gliding actions necessary for opening the mouth widely. They work in concert with the facial bones and five pairs of muscles to allow opening and closing of the mouth, as well as forward, backward, and side-to-side movements of the lower jaw. Malocclusion and other disturbances in the harmonious working of these components can trigger muscle spasms and pain. In some cases, orthodontic treatment may help remove the causative factors.

If you experience jaw pain or discomfort, a clicking or popping noise when you chew, or chronic headaches, it would be a good idea to have an evaluation by an orthodontist. At THE ORTHODONTIC GROUP, 19223 Merriman, we will do everything possible to insure that your visits to us will be as comfortable and pleasant as possible. You are our only reason for being here and our sole aim is to provide gentle, compassionate orthodontic care of the highest quality. To schedule a free initial consultation, call 422-8855.

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Holocaust remembrance day is today

As Daniel Slevik listens to the tour guide at the Holocaust Memorial Center, he describes the horrific conditions of the Nazi Germany concentration camps, a tear comes to his eye.

"This is really affecting me," said Slevik, his voice cracking. The experience is quite emotional and moving."

Slevik, a 12th-grader at Holy Names High School in Windsor, Ontario, is one of about 150,000 people, mostly students, who visit the West Bloomfield center each year.

Today at 1 p.m. in Shiffman Hall at the Jewish Community Center, the center is holding its annual day of remembrance, a tribute to Israel's victims of terrorism. This week has also been designated "National Holocaust Commemoration Week" by the U.S. Congress.

The Memorial Academy ceremony marks the 63rd anniversary of the end of the Holocaust and the 55th anniversary of the Warsaw Ghetto Uprising. Following the ceremony, a prayer service and an individual yahrzeit candle lighting will be held at the eternal Flame in the Holocaust Memorial Center.

many to 1945 when World War II ended in Europe.

During this time, millions of Jews were sent to death, labor and concentration camps. Nearly 5,000 European Jewish communities were destroyed.

There are about 100,000 Holocaust survivors in the U.S., compared to nearly 200,000 10 years ago, Rosenzweig said.

Next step

"In 20 years or so, there will be very few Holocaust survivors left. That is why it is very important we establish the importance of the Holocaust now," Rosenzweig said. He estimated that there are about 1,200 Holocaust survivors in Michigan.

"We're doing a lot of video taping of the survivors so we can get their account of the tragedy. Their memory should always be kept alive. The Holocaust was an unprecedented event in history. We can only pray nothing like it ever happens again."

The Canadian students recently touring the 13,000-square-foot center with their history class, had the opportunity to see authentic exhibits from all over the world relating to the Holocaust.

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Dentistry in the 90s
by Herbert M. Gardner, D.D.S. & Martha P. Zinderman, R.N., D.D.S.

THE FIRST DENTAL IMPLANT?

If you think dental implantation is a relatively new concept, consider this: anthropologists recently uncovered a man who died about 1,000 years ago and had a wrought iron false tooth. The 30-year-old man, who lived in Roman Gaul, had an implanted iron tooth that was probably hammered into his jaw like a nail. Despite the crude technique, the tooth was perfectly positioned and integrated into the jawbone. Analysis of the implant suggested that the original tooth was used as a model. While chance probably played a role in the success of the early implant, the discovery showed that success could be achieved "using surprisingly basic technology." Today's updated implant materials and methodology maximize the success of natural-looking and functioning implants.

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Specifications may be obtained by contacting the Central Services Department. All bids must be submitted in accordance with the bid specifications.

The City of Farmington Hills reserves the right to accept or reject any or all bids, either in part or in whole, to waive any formalities and to accept the bid which it believes to be in the best interest of the City.

KATHRYN A. DORNAN, City Clerk

Published: April 19, 1998

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Learning problems are getting statewide attention!

• Governor Engler is stating all children should read by the third grade. Many children are still struggling with the basic skills needed for reading. MEAP testing was developed to find ways to improve schools and solve the learning problems. Teachers are concerned with the large number of children that need help.

Attention Deficit Disorder (A.D.D.) is widespread. In many schools, children line up at lunch time to receive their dose of Ritalin. This has many parents and doctors worried.

Meanwhile, the children are still waiting for answers. They're still waiting for help with their homework. Or they just avoid it all together.

Dr. John Jacobi, director of the Vision Therapy Center, has found an answer for many of these children. Most children with learning problems, especially those with A.D.D., have an undiagnosed vision problem.

"It's not stress enough how critical it is for a complete eye examination to be included in testing for A.D.D. and other learning difficulties. 40% of children in an average classroom have a vision problem that can hinder their ability to read and learn," says Dr. John Jacobi, director of the Vision Therapy Center in Livonia. "It is often overlooked, and can be serious."

Symptoms of vision deficiencies and A.D.D. are similar. Parents, teachers, in fact all of us, need to know the symptoms of vision problems.

The symptoms of a child whose learning difficulties are related to vision are:

1. Avoids reading and near work, cannot still or finish a task. This is often caused by double vision and eyestrain to focus, aim, or visually concentrate.
2. Loses his place while reading, skips words, moves whole head back and forth, uses his finger to follow, sometimes "impulsive." Poor control of eye movements will bring these results.
3. Tilting head while working up close, covering an eye, developing headaches after reading and paperwork, are all signs of problems with eye teaming. "Children typically do not report poor vision, they assume everybody sees the way that they do," notes Dr. Jacobi.
4. "Poor Handwriting can also be the result of poor eye-hand coordination. Many of our patients have low handwriting skills."
5. Poor spelling. The child may even pass the test but cannot recall the words one week later. Reversing letters (sometimes identified as "dyslexia"). This is often the result of poor visual memory and visualization.

Local parents Stuart and Mary Mathis share their daughter's success story. "There can't possibly be anything more frustrating and a feeling of hopelessness, when you know you have a bright child and she can't read. Vision therapy for my daughter has uplifted my heart in so many ways and has decreased the stress in our home. Finally finding the missing piece to the puzzle allows Tonya to move ahead into more challenging aspects of life."

The Vision Therapy Center doesn't claim to be a cure all for A.D.D. Their role is to correct vision problems that causes these symptoms.

The American Optometric Association (A.O.A.) states that ten million U.S. children under the age of twelve have vision problems that make it hard to

Tonya Mathis with her vision therapist, Kamela Asher.

cope at home and school. These vision problems "often prevent a child's development into a normal, contributing adult by interfering with learning. Frustration leads to misbehavior, dropping out of school and even juvenile delinquency." The Association's warning is clear.

Dr. Ellis Edelman, author of Suddenly Successful Student, adds this good news, "In almost every case of a child with a vision problem there is a solution. The trick is recognizing the problem and getting the child to the right practitioner."

"Alex started off as an early reader who caught on quickly and loved to read. As reading became more difficult, Alex came to dislike reading and avoided it as much as possible. Now Alex is able to read with much more ease, he no longer complains of headaches and has actually begun to pick up books on his own because he wants to," shares Roxanne Roth.

Testing for vision-related learning problems is being offered by Dr. Jacobi in Livonia, (734) 525-8170. "I am very concerned when I see extensive testing for A.D.D. and learning problems without considering a possible vision problem. Even school screenings can be misleading, because they are nowhere near sufficient to rule out all vision problems," states Dr. Jacobi. "An undiagnosed vision problem is very often the missing piece."

FOR MORE INFORMATION CALL DR. JACOBI AT SUBURBAN OPTOMETRICS IN LIVONIA (734) 525-8170