







School of Business. He serves on the boards of the Karmanos Caner Institute, Boys & Girls Clubs of Southeastern Michigan and the Leadership Council of the Oakland County Republican Party. His dedication to Wayne State University projects has earned him many awards and recognition from his alma mater.

Institute honors 3 from area

Three area residents are among four ethnic leaders who will be inducted into the International Heritage Hall of Fame when the Friends of the International Institute presents the awards at a luncheon at 11:30 am. Sunday at the Detroit Athletic Club.

letic Club.
Local honorees include Tarik
Daoud of Bloomfield Hills and
Paul L. Nine and his wife Susan
D Nine of Bloomfield Hills.
Judge Anna Diggs Taylor of
Grosse Pointe Farms is the

Grosse Pointe Farms is the fourth honoree.

Since the inception of the Hall of Fame in 1984, each year honorees are selected for outstanding service to their ethnic groups and to the community. The permanent exhibit of the International Heritage Hall of Fame honorees is in the second floor actium of Cobo Center.

Tarik Daoud, Detroit business leader and philanthropist, left his native Iraq in 1956 to attend the Detroit Institute of Technology. Five years later, he joined fark Hickey Ford sales operations. By 1972, he purchased the assets of Al Long Ford, and in 1987 he became owner of Shampeck Ford-Lincoln Mercury.

cury.

His contributions to scholarships and endowments exceeds \$500,000 to such institutions as

Wayne State University, Albion College. Eastern Michigan University, Boston University, Lawrence Technological University, Lawrence Technological University, Madonna University and the International Institute of Metropolitan Detroit. He serves on many boards including the International Institute, Detroit Auto Dealers Association, American Chalbeus Herneds, Arab American Chalbeus Council, Detroit Opera House, Northwest Detroit Lions Club and Greater Detroit Chamber of Commerce.

He is the recipient of the Ellis Island Medal of Honor, authorized by the U.S. Congress, and the Founders Award of the University of Michigan.

Paul Nine, whose ancestry is German and some Cherokee, is a Bloomfield Hills attorney who was first in his class (1969) at the Wayne State University Law School. His law practice, national and international, consists of clients in corporate, real estate and security law matters.

His business ventures and projects include numerous duplex, condominium, office building and warehouse developments throughout the country.

He has served on the boards of the Michigan State Fair Foundation and Michigan Opera The art. He was a visiting professor at the Michigan State University

earned him many awards and recognition from his alms mater. Sue Nine, who boasts Finnish roots, is a graduate of Wayne State University where she met her husband, Paul. The Nines co-chaired the university's Anthony Wayne Society.

A Heart of Gold recipient, Sue Nine has volunteered for many Wayne State University activities, which range from serving as an advisory board member of the College of Fine, Performing and Communication Arts to co-chairing (1991-1995) the university's Forensic Endowment Campaign.

A former Michigan Opera Theatre trustee, she also has served on Northern Michigan University's Board of Control and the board of the Kresge Eye Institute. Her activities and awards encompass the fields of science, the arts and education.

Q. My husband won't allow me to get upset, talk about problems or show any negative e motions around him. He says it

nround him.
He says it turns him off.
Then he gets angry at me when I won't take his advice to fix my problems. How do I get him to understand that things upset me and I need to talk about them?

A. It's important to know that many men don't understand that women talk about their problems as a way to relieve stress and at the same time process the emo-tions surrounding the problems. He doesn't understand your prob-lems and not try to fix them for you.

If, over a period of time, he If, over a period of time, he gives you advice every time you're upset or having a problem, and you don't immediately follow it or act on it, this gets him upset because he doean't see the logic of complaining if you're not looking for a way to fix it. He thinks if you're not coming to him for advice, then why talk about your problems with him?

Therefore, let him know that all he needs to do is just listen and empathize with your upset feelings and you will feel better than if he gave you solutions.

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lass Shelves 2 Units Chainwide 8020 Was \$849

What he also needs to understand is that the more he listens to your anger and doesn't shut you out or shame you the more supported you will feel.

won't listen to problems

Wife declares husband

As you feel listened to and understood by him, you will most likely begin to feel less upset within yourself. In this way, you both get what you want. You get an emotionally available husband and he gets a happier wife.

band and he gets a happier wife.

Q. How do I get my girlfriend to understand that
when sometimes I'm feeling
stressed or have a problem to
solve I need my private time
to work it out by myself? She
says she feels shut out by me
and that it must mean I don't
love her enough. How can I
let her know that I'm not
shutting her out and I still
love her and want to be with
her?

A. We call that private time for oneself "cave time" and both A. We call that private time for oneself "cave time" and both men and women need individualized amounts of it to balance out their lives. When a woman tries to drag her male partner out of his cave she is actually doing the exact opposite of what will get him to want to come out to spend time with her.

to spene time with ner;

Anything that creates blame,
guilt, or feels like manipulation
will only cause a man to go deeper into his cave in order to avoid
contact with the accusing partner. Therefore, I would explain
to your girlifeind that in order
for your feeling of intimate relationship to grow toward her, you
need her acceptance and appresition of you, even when you are ation of you, even when you are taking cave time.

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The benefit for her supporting you this way is that as you feel her acceptance and appreciation, you will naturally want to come out of your cave sooner in order to spend time together.

to spend unse upgener.

Q. My husband admitted to me that he had an affair several months ago. He says it's over and he really does love me, but I'm having a hasting blim. How do I get over my anger and rescriment and take him back?

A. What you feel, you can heal. If you truly want to for-give, then you both might consid-er writing a feeling letter to each other in which the two of you openly and honestly express your anger (yes, hes angry 160), your hurt, sadness, regret and finally your love for each other:

As your hearts open and you both freely express all your feelings from anger to love, you can begin to lay down the fertile shi in which the seeds of mutupi support, empathy and trust chi create the growth of a new, deeper love between yourself and your partner.

your partner.

Steve Mandell is one of three therapists who alternate in writing this new relationship counsel, who was trained in relationship counsel, and the state of the

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