

CALENDAR

ROUND FARMINGTON AND FARMINGTON HILLS

POTPOURRI

CARDIAC ARREST
The Farmington/Farmington Hills American Heart Association will host "Cardiac Arrest" 11 a.m. to 2 p.m. Friday, May 15, at the Relish Grill in Farmington Hills. Call Lisa Sikorski at 557-9500, Ext. 530.

FARMER'S MARKET
Farmington Farmer's Market will open for the season from 9 a.m. to 2 p.m. every Saturday in the Village Commons parking lot in downtown Farmington.

MUSIC UNDER THE STARS
Enjoy Music Under the Stars at 3 p.m. or 7:30 p.m. Saturday, May 16, at Mercy High School in Farmington with special guests Chris Noteware, Swing Street and Keep-Sake. The Spirit of Detroit Choir will also perform with direction LeAnn K. Hazlett. Call (313) 937-2429.

NEW MEMBERS WANTED
Beechview Swim & Tennis Club is seeking new members. The club also includes sand volleyball, kiddie pool, family picnics and much more. Call Clarice Waldecker at 474-6176.

HEALTH

HEALTHY COOKING
Healthy cooking demonstrations are available throughout the month at Botsford's Health Development Network in Novi. Classes fill quickly so register early. The cost is \$6. Call 477-6100.

BARGAIN BENEFITS

BEANIE RAFFLE
The Princess Diana Beanie Baby will be raffled by the Longacre House of Farmington Hills on Friday, May 15. The proceeds of the raffle will benefit the 127-year-old historic mansion and its scholarship fund. Raffle tickets are \$3 each or two for \$5.

GARAGE SALE
Farmington Hills Church of God will hold a Garage Sale from 8 a.m. to 3 p.m. Saturday, May 16, at 25717 Power.

TWINS SALE
The Farmington Area Mothers of Twins semi-annual Whale of a Sale is from 10:30 a.m. to 12:30 p.m. Saturday, May 16 at the Costco Activities Center in Farmington Hills.

SPRING RUMMAGE
The United Methodist Women of First United Methodist Church of Farmington will hold a Spring Rummage Sale from 9 a.m. to 5 p.m. Saturday, May 16, at the High School Gym. Please enter the gym/pool door. All proceeds will benefit the Clarencoville High School Senior Graduation Party.

CVILLE RUMMAGE
Clarencoville High School will host a Rummage Sale from 9 a.m. to 5 p.m. Saturday, May 16, at the High School Gym. Please enter the gym/pool door. All proceeds will benefit the Clarencoville High School Senior Graduation Party.

ANTIQUE SALE
Antioch Lutheran Church will hold a Rummage Sale from 10 a.m. to 4 p.m. Friday and Saturday May 15 and 16 at the church, 13 Mile and Farmington roads.

The Farmington Elks - Branch 1888 will host a rummage sale from 9 a.m. to 4 p.m. Thursday through Saturday, May 28-30, at a private residence, 23765 Haynes in Farmington.

Hills to help defray building costs of their new facility being built on 10 Mile east of Orchard Lake. Call 476-4576 or 476-1986.

SENIORS (55+)

SENIOR ADULT FROM
Harrison High School students will host the sixth annual spring dance for Farmington/Farmington Hills senior adults from 3:30-5:30 p.m. Tuesday, May 19, in the Harrison High school gym. There is no charge to seniors. Call 489-3333 to register.

MEMORIES AND MORE
Share your recollections of the past with Memories and More. This senior group will meet from 10 a.m. to noon every Friday at the Farmington Hills Senior Center. Call 473-1830.

BALLROOM DANCING
At 1 p.m. every Friday, dance to live Big Band sounds from the '40s and '50s at the Costco Center, 11 Mile and Middlebelt. Admission is \$2.50 and includes refreshments, which are served at 2 p.m. Call 473-1830.

BRIDGE & PINOCCHIO
The Farmington Senior Drop-In Bridge and Pinochle Club meets every Monday at the Farmington Masonic Temple. Call William, 474-4308.

WATER WALKING
Try Water Walking, an in-pool exercise program, from 2-3 p.m. Tuesdays and Thursdays at the Farmington Hills Senior Adult Center. The cost is \$1 for residents and \$2 for non-residents. Call 473-1830.

SINGLES

PARK VOLLEYBALL
Join in for fun and exercise from 6 p.m. to dusk every Tuesday at Heritage Park in Farmington Hills. All skill levels are welcome.

CLASSES

LONGACRE CLASSES
The Longacre House of Farmington Hills is offering classes in: conquering stress, self defense, dances, country line dance, hand quilting, English horseback riding, golf lessons and keepsake albums. For times and registration information, call 477-8404.

CLUBS

TOASTMASTERS
The Windbeggars Toastmasters, an International Speech Club, meets 6:30-8:00 p.m. every Thursday at Ponderosa Restaurant. Contact Derek at (248) 615-9191.

HILL & DALE
The Hill & Dale Garden Club will meet at 7 p.m. today, May 14, at the Farmington Hills Library on 12 Mile. Call 476-8126.

NEIGHBORS LUNCH
The Farmington Neighbors will meet for lunch at 11:30 a.m. Wednesday, May 20, at Glen Oaks Country Club in Farmington Hills. Special guests will be the Sweet Adelines. Call Bea at 474-3750 to make reservations.

BNI MEETS
Business Network International, Farmington Hills Chapter, will meet from 7-8:30 a.m. Wednesday, May 20, at the Grand Cafe in downtown Farmington. The NW Farmington Hills Chapter will meet from 7-

Police open house



Giddy-up: Mounted police units will only be part of the fun at this year's Farmington Hills Police Department's Open House from 4 p.m. Sunday, May 17. Visitors will be able to tour the department. Also there will be children fingerprinting, Dragon tank, police robot car, Parkie the Panda, bicycle registration and moon walk for kids. While adults can marvel at the police car display and weapons display. Refreshments will be available

8:30 a.m. Friday, May 15, at Jaz Restaurant, 33572 Grand River, in Farmington Hills.

PRESCHOOL

FARMINGTON CO-OP
Farmington Co-op Playgroup is looking for moms and tots to join. The group meets from 10-11:30 a.m. every Monday at Farmington United Methodist Church. Call 474-7622.

MAYFAIR CO-OP
Mayfair Co-op Preschool in Farmington Hills is accepting applications for the 1998-99 school year. Openings are available for the enrichment (pre-K), fours and mom & tot programs. For information and applications, call 626-2769.

NARDIN PARK NURSERY
Nardin Park Community Nursery School, on 11 Mile in Farmington Hills, is now enrolling 3-, 4- and 5-year-olds. Call Beth at 442-0642.

SUNSHINE PRESCHOOL
Sunshine Preschool, in Antioch Lutheran Church at 13 Mile and Farmington roads, is accepting registration in the 3- and 4-year-old classes. These classes meet from 9-11:30 a.m. Monday, Wednesday and Friday. Call 661-2126.

MOMS AND TOTS
Moms and Tots meet from 10-11:30 a.m. every Monday morning at Hope Lutheran Church in Farmington Hills. This program provides time for the moms to get together while their children play in a supervised environment. To join, call 553-7170.

VOLUNTEERS

The Farmington Observer, without charge, welcomes Calendar items. Items should be from non-profit community groups or individuals announcing a community program or event. Please type or print the information below and mail your item to The Calendar, Farmington Observer, 33411 Grand River, Farmington, MI 48335, or by fax to 248-477-9722. Items will appear at least once. Deadline for Calendar items is noon Friday for the following Thursday's paper.

Event:

Date and Time:

Location:

Telephone:

Additional Info:

ALZHEIMER'S ASSOCIATION
The Alzheimer's Association is seeking volunteers to provide companionship to those with memory loss. Volunteers receive an orientation that provides them with the information and skills to brighten the life of someone with Alzheimer's. Call 557-8277.

SENEX
Senex, a program for frail older adults, provides the homebound some extra care and a variety of activities. To learn more about this program or to volunteer, call 473-1830.

MEDICAL DRIVERS
Make a difference. Substitute drivers needed to fill in periodically, one day per week, Monday-Friday, one to two hours per day. Call Diane or Chris, 473-1825.

NUTRITION VOLUNTEERS
Kitchen volunteers are needed from 9:30-11 a.m. Tuesday and Thursday. Call Chris or Diane, 473-1825.

FOCUS:HOPE
Drivers are needed for an hour or two to deliver food boxes to eligible seniors once a month. Call Gail, 473-1826.

COMMON GROUND
Common Ground, Oakland County's 24-hour crisis center, needs volunteers to provide telephone crisis intervention counseling. Call Lis Christopher at (248) 466-8128.

CATHOLIC SOCIAL SERVICES
Volunteers are needed to help improve relationships between parents and children in a program sponsored by Catholic Social Services of Oakland County. Training for the pro-

gram is provided. Call Francine Adams, (248) 334-3595.

DRIVERS NEEDED
If you have some free time to transport cancer patients in your area to nearby treatment centers, call Ivory Underwood at 443-5800.

SUPPORT GROUPS

HEADACHES
The National Headache Foundation, along with Providence Hospital, holds a free monthly support group from 7:30-8:30 p.m. the second Tuesday of each month at MedMax, 29305 Orchard Lake Road. To register, call (248) 647-0614.

PREGNANT TEENS
Catholic Social Services of Oakland County offers support to pregnant teens with the Teen-Parent Program. The goal of the program is to offer moral and emotional support to pregnant and parenting teens. If you are or anyone you know is a pregnant teen, contact Sharon Longbuco at 333-3700, Ext. 122.

STROKE SURVIVORS
First Step Stroke Club is a support group for stroke survivors and their caregivers. Meet at 1 p.m. every Tuesday at the Senior Adult Center in Farmington Hills for fellowship, fun, exercise and coping strategies. Call 473-1830.

S.O.S. GROUP
This learning enhancement program helps people of all ages with visual, hearing, fine and gross motor skills. Working on concentration,

motivation, comprehension and memory, and simultaneous and sequential processing. Call Joel Marwil at 476-8741. Private counseling is available.

LEARNING DISABLED
Joel's Group is a group for the learning disabled and the educable mentally impaired looking for members. The group meets for social and educational activities on Saturday nights. Call Joel Marwil at 476-8741.

WOMEN'S PRIME TIME
Women's Prime Time for women ages 40-60 discusses issues and concerns dealing with midlife changes. This forum is scheduled from 7-8:30 p.m. the third Thursday of each month, at Botsford Hospital's 3 West Conference Room. Call 477-6100.

FREE ADULT SUPPORT
Share your experiences in a safe, healing environment from 8:30-8:30 p.m. every Wednesday at Botsford Hospital in Farmington Hills. This program is offered through the Metro Detroit Center for Attitudinal Healing. Call Lois at 344-4635.

PARKINSON'S DISEASE
The Western Oakland Parkinson Support Group meets 7:30-9 p.m. the second Tuesday of every month at Farmington Hills Baptist Church, 28301 Middlebelt. Call 476-3404, 478-0189 or 474-0003.

BIPOLAR/DEPRESSIVE
The Manic-Depressive and Depressive Association support group meets 7:30-9 p.m. the first and third Wednesday of each month at the Mission Health Professional Office Center, 39500 W. 10 Mile, Novi. Call Vicki at 960-1288.

CHEMICAL DEPENDENCE
An educational/support group for children ages 4-11 affected by the effects of chemical dependency is held 10 a.m. to 2 p.m. Saturdays at the Farmington Area Counseling Center, 28332 Orchard Lake Road. Call Gina Schafer, 477-6767.

LIFE CARE MINISTRIES
Have a problem? Want to talk? Call Life Care Ministries at 427-LIFE from 11 a.m. to 11 p.m. Monday-Saturday. There is no charge.

POSTPARTUM DEPRESSION
A postpartum depression group meets at 7:30 p.m. the first and third Tuesday of each month at Providence Hospital in Southfield. Call 737-3612.

MODERATION MANAGEMENT
MM is a free self-help group and nine-step program that provides guidelines for moderate drinking and support to change your drinking habits. Not intended for alcoholics. Meets from 7:15-8:15 p.m. the first Tuesday of the month at Universalist Church, 25301 Halsted, Farmington Hills. Meetings are anonymous, with no fees. Call (248) 788-8040.

A.I.M.
Agoraphobics in Motion is an organization to help people overcome panic/anxiety attacks. Call (248) 647-0400 for a listing of individual chapters.

PROJECT RACHEL
Project Rachel can help heal the wounds of abortion in a sensitive and confidential 11-week program. All faiths are welcome. Call 1-888-Rachels. Sponsored by the Catholic Archdiocese of Detroit.

PEER SUPPORT

The teen peer support group is a 12-week educational program for teens ages 12-18 struggling with chemical abuse, family problems, and other life stress issues that affect themselves and their loved ones. It is held 3:30-5 p.m. Tuesdays at the Farmington Area Counseling Center, 23332 Orchard Lake Road. Call 473-1290.

DIABETES SUPPORT
An educational support group at Botsford's Health Development Network offers day and evening classes. Call 477-6100.

PROSTATE CANCER
The prostate cancer educational support group will meet at 7 p.m. on the third Monday of each month at Botsford Hospital in Farmington Hills. This support group provides both encouragement and education about prostate cancer. Call 477-6100.

PARENTING
Pathways to Parenting, sponsored by Botsford Hospital, is a new monthly support group that meets from 12:30-2 p.m. the first Monday of each month at Holy Cross Episcopal Church in Novi. New moms can share concerns and obtain information and network with peers. Call 477-6100.

GAMBLERS ANONYMOUS
Gamblers Anonymous meets at 7:30 p.m. every Wednesday at Grace Chapel in Farmington Hills. Call (313) 882-0439.

TOPS
Take Off Pounds Sensibly - TOPS - is a support group dedicated to providing information to those seeking to lose and control their weight. TOPS meets from 9:30-10:30 a.m. every Wednesday at Nardin Park Church in Farmington Hills.

OVEREATERS
Learn how to take steps toward changing your relationship with food permanently in a comfortable, supportive atmosphere at Botsford General Hospital in Farmington Hills. Sessions are scheduled on a weekly basis. The cost is \$10 per session. Call 477-6100.

DIVORCECARE
DivorceCare divorce recovery seminar and support group meets at 7 p.m. each Tuesday at Forest Park Baptist Church in Farmington Hills. Experts on divorce and recovery topics will be featured guests. Call 476-0080.

OBSESSIVE-COMPULSIVE
Obsessive-Compulsive Disorder is a self-help group for youths and their families that meets from 7-9 p.m. the third Wednesday of each month at Davis Counseling Center in Farmington Hills. Call Greg at (313) 438-3293.

FREE COUNSELING
Free counseling services to all community members are available from Eastern Michigan University graduate counseling students in partnership with Farmington Schools. Counseling appointments are available from 5:30-7:30 p.m. each Wednesday. Call 489-3447 for an appointment.

TINNITUS SUPPORT
Do you have ringing or buzzing noises in your ears that won't stop? If so, then join the free Tinnitus Support Group. It meets 7-9 p.m. the first Tuesday of each month at Botsford Hospital in the Ziegler building, Classroom C. Call Jack at 352-1646.