

Join HeartRiders to raise funds

Exercise can make you look better, feel better and help you reduce your risk for heart disease, stroke, and other ailments. Over 600 cyclists and in-line skaters are joining the American Heart Association to spread the message at the 5th annual Metro Detroit HeartRide on Saturday, June 20 at Belle Isle beginning at 8 a.m.

This year, as a special feature, the American Heart Association is introducing an additional route, the Tour deTrois for cyclists only. The Tour deTrois is a two-stage route that begins on Belle Isle. Stage one takes riders through Greentown, the theater district, Indian Village and New Center area.

Stage two takes riders through the Riverfront area, Stroh River Place, Cobo Hall and Joe Louis Arena. The 5th route will stay on Belle Isle and is for cyclists and in-line skaters.

"We're especially excited about this event because of its uniqueness. The Tour deTrois will allow riders to get a sense of Detroit's rich history and join in the fight against heart disease and stroke," said Jim Shepard, chairperson of HeartRide.

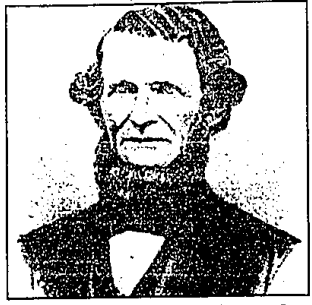
"Because I work in the healthcare industry, I understand the importance of cardiovascular fitness. I agreed to chair the HeartRide so I can help other people learn that simple things like exercise and maintaining a

healthy diet can reduce the risk for heart disease."

Funds raised will help support research and community education programs in the area.

Over 1,600 people are expected to participate in the event, which will run from 8 a.m. until noon. The Metro Detroit HeartRide is the largest of over 160 across the country. HeartRide participants collect donations and will turn them in before the event begins. Prizes will be awarded based on how much money is collected.

Proceeds from HeartRide are used to fund research and community education programs. For information on this event, call Mary Ann Sinar at 667-9500, Ext. 451.



A page from history: Lucinda and Sergius Lyon as they appear in "The History of Farmington." Sergius was the town's first undertaker.

HIPPY preschool graduation Wednesday

Oakland Family Services will celebrate graduation for Home Instruction Program for Preschool Youngsters (HIPPY) on Wednesday, June 10.

The program is a nationally recognized focused in-home program for preschoolers and their families. The program is funded by the DeRoy Testamentary Foundation and the National Council of Jewish Women.

HIPPY offers free one on one instruction, weekly lesson packets, children's learning materials, access to community resources, and monthly parent

meetings. Parents can learn communication and listening skills, problem solving and coping skills, and developmental stages of growth.

In conjunction, the children learn reading skills, math skills, listening skills, and evidence increased self esteem.

HIPPY has been serving Farmington for two years, and has provided service to over 60 families. Parents have reported a noticeable increase in their child's vocabulary as well as their pre-reading and pre-math skills.

Vintage Farmington from page B1

Shiawassee and Warner streets. There both a Methodist and Universalist church stood for many years. They shared a church bell.

The Methodist church burned in February 1920 and was re-built on Grand River Avenue.

The Universalist Church building was moved in January 1966 to its current location on Halsted Road where the Greek Revival building is part of the Farmington Hills Historic District.

Lyon was also a member of the Masonic Order. Sergius and Lucinda adopted two children, a boy and a girl. Their son died at a young age. Their daughter, Delia, married and lived in Farmington. Sergius died in 1878 and Lucinda in 1888. Farmington is a little richer in architecture and intellectual tradition because the Lyons settled here and contributed to the community.

Ruth Mochlman is a local historian and author.

sional undertakers came along, dead relatives were laid out at the funeral parlor.

The Lyons used their own home on Farmington Road for funerals. There is still a funeral parlor there today, Heeney Sundquist, but the house that Sergius Lyon once owned burned in 1910.

As a carpenter, Lyon built caskets. He also built two houses he used in his business. Lyon also had an intellectual side. He heard the Rev. E.M. Woolley preach in Pontiac and was drawn to the Universalist Church which had an extremely liberal doctrine in those days of strong fundamentalist religion. Lyon started a Universalist church in Farmington where "members of any faith would be welcome."

By 1853, a Greek Revival church building was constructed in Farmington village on what became known as plety hill. That is the current corners of

Vet News
Steven Zinderman, D.V.M.

Let's Take Our Dog On Vacation

With the school year coming to an end, many of us are thinking about summer vacations. Why not bring Rover along. Here are some tips to make that trip less worrisome.

Make sure that your pet receives a physical exam by a veterinarian at least two weeks prior to the planned trip. This will enable updates of any additional vaccinations needed and will detect problems early. Flea preventative is a must for travel as well as protection from both Lyme disease and kennel cough. If your pet is young, your veterinarian may limit exercise such as hiking.

When making reservations, check on pet policies. You will need to bring a crate to keep your pet safe, leash, food and water, treats, bowls, proof of license and vaccinations, a picture in case your pet is lost, plastic bags to clean up feces, and towels to clean paws. Have your pet microchipped for identification and attach an ID tag onto the collar. Now go and have fun.

At Small Animal Hospital, our primary concern is your pet's health. We offer boarding, house calls, and a 24 hour emergency service. For questions concerning your pet or to schedule an appointment, call our office.

Look for our next article in two weeks.

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Garden walk ends season

The North Farmington Garden Club will host its final meeting for the year June 9 with a garden walk featuring several diverse gardens.

Refreshments will be available between garden visiting. The day will culminate with a celebration at the final garden and installation of officers for the coming year. Sharing their gardens are Barbara Holmes, Ginny

Webber, Candy Rosowski, Pat Walby and Sarah Bryant.

Anyone interested in gardening may attend. The group meets at noon on the second Tuesday of each month in the downstairs auditorium of the Farmington Hills library, 32737 W. 12 Mile.

There are no meetings in July or January. If you would like more information, call 653-2368.

Chat room from page B1

The event. Judy opened her home to 63 of her closest friends and raised nearly \$13,000 for St. Vincent and Sarah Fisher Center. That's when our staff and I realized the dedication and commitment people have for this charity. We knew we chose another great charity to support. The Capital Grille traditionally participates in philanthropic events in order to give back to the community what they give us: support.

This year, The Capital Grille will once again be a proud sponsor of the dinner at Judy Dunn's the night before and the Garden Party event. The Capital Grille staff will arrive on the grounds of the St. Vincent and Sarah Fisher Center bright and early Sunday, June 7. Thanks to our chef, Randy Garver, we will serve two delectable appetizers. We also found for the first time, our entire staff wanted to attend the festivities. Hopefully, by June 7, we'll be able to narrow it down to two. We're looking forward to an extraordinary event.

When we arrived at the beautiful grounds of the St. Vincent and Sarah Fisher Center in Farmington Hills, we were all amazed at the organization of this event. The tables were up, the tables were skirted and the music was flowing. Not an easy task for the volunteers and staff that put this together. You could tell that the other restaurants in the area felt the same way. The next thing we knew it was 1 p.m. and more than 1,200 people were heading our way.

Generous sponsors help

Coming from a nonprofit background, I know you can't have such a successful affair without the help of generous sponsors who underwrite costs. The Garden Party is presented by Ford Motor Company. The event is made possible by Merchant of Vino Whole Foods Market and Edward and Juliette Jonna. Major sponsors include Health Alliance Plan, Hour Detroit Magazine, Kroger Co. of Michigan, MAP Corporation, Oldies 104.3 WJBC, PaineWebber and WJBK FOX2.

Michigan's finest cuisine

From the appetizer tant to the dessert tent, some of Michigan's finest chefs were spending the afternoon together to raise money but at the same time they were able to mingle, sample others specialties and leave the cares of their restaurants behind. Everyone seemed to be thrilled to sample foods from the best southeastern Michigan has to offer. The entire Garden Party committee deserves a round of applause for all the hard work they do. When we all left we were exhausted but yet fulfilled because we knew we had contributed to the lives of the children at the center.

To sum it up, The Capital Grille participates in the St. Vincent and Sarah Fisher Center Garden Party because it's an all-around good time which culminates with funds being raised for a beneficial organization. Tickets are still available at \$125 per person. Call (248) 626-7527, Ext. 3115, to order.

Sheila Maltz is sales and marketing manager for The Capital Grille, inside the Somerset Collection-North in Troy.

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