

WEDDINGS AND ENGAGEMENTS

How to submit announcements

Local engagement, wedding, anniversary and birth announcements run in the Thursday and Sunday editions of The Observer & Eccentric.

Residents of the Birmingham-Bloomfield, West Bloomfield and Southfield areas should send their engagement, wedding, anniversary or birth information, with or without photograph, to: Attn: Brides, The Eccentric, 805 E. Maple, Birmingham 48009.

Residents of the Troy and Rochester areas should send information to The Eccentric, 1814 S. Rochester Road, Rochester Hills 48307.

Residents of the Farmington area should send information to the Farmington

Szluha-Tietjen

Dr. and Mrs. Nicholas Szluha of Troy announce the engagement of their daughter, Marta Ann, to Douglas Neil Tietjen, son of Dr. and Mrs. Frederick Tietjen of Osage Beach, Mo.

The bride-to-be is a graduate of Oakland University and is attending the University of Minnesota-Twin Cities. She is a registered nurse in the pediatric intensive care unit at St. Mary's Hospital at the Mayo Clinic in Rochester, Minn.

Her fiancé is a graduate of the University of Missouri-Kansas City. He is completing his surgical residency at the Mayo Clinic.

An August wedding is planned in Rochester, Minn.



Rowley-Clark

Mr. and Mrs. John Rowley of West Bloomfield announce the engagement of their daughter, Deborah, to Scott Clark, son of Mr. and Mrs. David Clark of Jenison.

The bride-to-be is a graduate of Central Michigan University. She is a teacher for the Coopersville Area Public Schools.

Her fiancé is a graduate of Ferris State University. He is a sales rep for Wilmar Industries.

An August wedding is planned in Grand Rapids.



Greenlees-Van Heck

Mr. and Mrs. Thomas Greenlees of Troy announce the engagement of their daughter, Susan, to Alan Van Heck, son of Mr. and Mrs. Fred Van Heck of Utica.

The bride-to-be is a graduate of Troy Athens High School, Oakland Community College and Macomb Community College. She is a paramedic with AMC and a firefighter with Utica Fire Dept.

Her fiancé is a graduate of Utica High School and Macomb Community College. He is a paramedic and firefighter with the Bloomfield Township Fire Dept.

An August wedding is planned at Mac-N-Rays in Harrison Township.



Don't try to change mom's food habits

ON AGING



RENEE MAHLER

Q. My mother is in her 70s. She does very well for a woman of her age. She lives alone, drives and is very active in her church and with her friends. I am concerned, however, about her eating habits. She has had a heart attack but still eats all the things we are told are not good for us including red meat. Last time we had dinner together we got into a terrible argument because she had roast beef, mashed potatoes with gravy and apple pie. I want her to stay healthy and don't want to fight with her but she doesn't seem to want to listen to reason.

A. Your mother sounds like a pretty neat lady. You are very lucky. I know that you love your mother and want what is best for her but she is not your child and you should not treat her that way. Older adults want to remain autonomous for as long as possible and that includes choosing what they eat. Sometimes we forget that our parents let us grow up and become independent, and older people would like to do the same. Don't argue the small stuff like what to eat. It isn't worth it. I don't think you would be happy if your mother informed you that she would no longer have a meal with you because you nag her, and she may wind up eating something she doesn't want. Be thankful you have your mother. Be thankful that she is well and independent. Learn to treat her like you want to be treated — as an adult.

Q. My husband and I are fortunate enough to be able

to travel frequently. We are considering joining one of the airline's senior programs. What should we look for in these programs?

A. People join airlines' senior programs because of the discounts they may offer. The first thing to do is to find out if there is a fee for joining and exactly how much it is. You then want to know exactly what this fee entitles you to. What are the discounts you will receive? You also want to know if there are any restrictions on the days you can travel and are allowed to use the discounts offered by these programs. Ask if membership entitles you to discounts, such as at hotels. Find out if you are regularly informed by letter or bulletin of any specials that are offered members. Ask to see all rules and regulations as they apply to members of the program. Enjoy your traveling.

Q. I have heard that natural drugs like St. John's Wort and Ginkgo can help with memory and confusion and are not as dangerous as Haldol and medicines like that.

A. Many people claim that St. John's Wort and Ginkgo work. I have no idea whether they do or not. If people think they work, then perhaps they do but there is no guarantee. I don't think it would hurt to take them if you buy reputable brand names and take professionally prescribed dosages, but who knows? Talk to your physician or pharmacist. See what they think. As with anything else, I don't think there will be any guarantees.

On Aging columnist Renee Mahler is a gerontologist and a former member of the Michigan State Commission on Services to the Aging.

To leave a message for Mahler, from a touch-tone phone, call (313) 953-2047, mailbox 1869. Send your questions to her at The Eccentric Newspapers, 805 E. Maple, Birmingham 48009.

**Refurbished Computer Sale!**  
**486 BLOWOUT SALE!**  
**Compaq or IBM** \$125  
486, 66mhz, 12MB 270 MB HD  
Keyboard & Mouse with Win 3.1  
and 14" SVGA Monitor  
Plus Tax  
\$30 Shipping

**Compaq or IBM** \$150  
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Keyboard & Mouse with Win 3.1  
and 15" SVGA Monitor  
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SIX MONTH WARRANTY ON ALL HARDWARE  
VISA, MASTERCARD, DISCOVER & PERSONAL CHECK  
**Call Power Brokers Today!**  
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**When does 1 + 1 = 0?**

One of you is Jewish, the other is not. Together, the two of you created a beautiful child. Now he's of an age to begin religious education and you've got a decision to make. Listen to what some adult children of intermarriage say:

- "I'm half and half and on the fringes of things."
- "It's not like being a Republican or Democrat. Every day, something arises that reminds me that I'm split."
- "I felt like nothing."

Don't let that special something grow up to feel like a nothing.

**Make the connection... We're here for you.**

**THE INTERFAITH CONNECTION**  
**1-800-397-4876**

**Scott Gregory's Semi-Annual SALE**

**SAVE 30-50% STOREWIDE**

*Hurry in for the best selection! Sale starts today!*

**SCOTT GREGORY**  
6525 Telegraph Road at Maple  
(248) 203-9050  
Hours: Monday-Friday, 10-8  
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Every Summer thousands of children look forward to camp...

...Give them the opportunity to experience yours with an advertisement in our 1998 Summer Camp Corner.

**'98 Camp Corner Directory**

**New Morning School**  
Discovery Days  
Science & Math Camps  
July 6-August 7 • Ages 3-11  
734-420-3331

**Dance Et cetera**  
Performing Arts Camp  
Professional dance and performing arts instruction combined with traditional camp experiences!  
Also... master level workshops by Rhonda Miller, LA Danceforce and Alan Sherfield, West Coast Dance Explosion  
(248) 788-5717

**Michigan Dance Express Summer Camp '98**  
An affordable Dance Camp held at Camp Coneycronic in Fenton, Michigan  
Sunday, July 26th thru Thursday, July 30th  
Dance classes included with fun swimming, activities, snacks, lunches, and more!  
Call for a Brochure  
Come Join the FUN!  
(313) 562-1203 or (734) 397-9755

**Camp Teamwork**  
Christ Community Church  
The children will discover their own unique qualities and talents as they participate in teamwork and interact with the community in an Christian environment.  
Children in 1st-5th Grades  
SIGN-UP WEEK  
JUNE 15-19 • 5pm-6:30pm  
For more details call 981-0499  
45701 Ford Road, Canton

**Detroit Titans Basketball**  
Perry Watson Camp  
Times: 9 am - 3 pm  
Dates: June 15 - 19  
Aug 3-7  
Boys Grades 6 - 12  
Cost: \$225.00  
Contact Tammy Bynum  
(313) 993-4731  
8 - 8 Weekdays

**ROCHESTER COLLEGE SOCCER CAMP**  
July 13 - 17, 1998  
Boys and Girls Ages 8-18  
On the Campus of Rochester College in Rochester Hills, Michigan  
For more information or a Free Brochure Call 238-218-2140

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Call now to register for Detroit, Howell and Flint Camps.

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**Grant Hill Basketball Camp**  
June 22 Through June 28  
One Week With TWO Sessions  
At Detroit Country Day School, Beverly Hills, MI  
For Rising 3rd through 12th Graders  
Improve Your Overall Game  
Team and Individual Competition  
Free Camp T-Shirt  
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**Come and Change Your Game!**

**CYSTIC FIBROSIS: CHILDREN AND FAMILIES FIRST ANNUAL ONKOI BENEK FAMILY RETREAT**  
• July 12-18 at the beautiful Michindoh retreat and conference center in Hillsdale, MI.  
• A week of fun, activities, support and information.  
• All accommodations free of charge to children with cystic fibrosis and their families. Children without a guardian attending will be assigned a counselor for the week.  
• Private accommodations for each child with cystic fibrosis.

Sponsored by the Michigan Pulmonary Disease Camp, Inc.  
Contact: Carol Carney, 517.750.9106