Health lessons may be answer



Thoughtful people attest to the fact that giv-ing often yields more than a 100 percent return.

not in my
thoughts as I
devoted four
days to working
with a panel of
experts convened by the
Cancer Society.

Health educators, psychologists and writers like myself were cloistered for many hours to sort out the most important mes sages to send to multiple organizations and citizens about the importance of teaching health in grades K-12.

Among the experts was Revin Among the experts was Rivin
P. Dwyer, associate executive
director of the National Association of School Psychologists.
Dwyer left the meeting to attend
the National Safe and Drug FroSchools Conference. The National Association of School Psychologists and other experts are
working with U.S. Secretary of
Education Bilder the Silve to Education Richard Riley to

KENTWOOD Office Furniture

NEWS on USED

Every Month Via Fax

develop a framework to help teachers and principals under-stand early on when a child is truly troubled, and steps they can take.

when Dwyer returned to our meetings, he provided us with Riloy's thoughtful and pro-active message of hope for all of us worried about the recent killings in schools. This is what I mean about donating time and being rewarded.

rewarded.

As Riley says, "I know that America's schools are among the safest places to be on a day-to-day basis. Ninety percent of our schools are free of serious violent crime. We have millions of young people who are healthy and happy and want to learn. But as long as this society continues to glorify violence, continues to make it easy for young people to get guns, and as long as we continue to this of the our heads in the sand or fail to reach out when a young person is truly troubled, young person is truly troubled, we will have to confront tragedies."

Do you wonder just what is going on with our adolescents? Riley says that in our haste to keep up with the velocity of

SALE . SALE . SALE . SALE

"The truth of savings is here."

13400 Stark Road, Livonia • 734.422.5555 • 800.422.4741
Now serving Bay City, Saginaw, and Flint.

HARD MERIDIAN

3-DRAWER LATERAL FILE

SAVE 77%

6X" Files

AND POLICE

033

HARD STEELCASE LATERAT, PILE

SAVE 72%

Prices good through June 30, 1998 Quantities are limited!

change, we are forgetting those things most essential to children; giving them that deep, abiding sense of trust, guidance and security that tells them that they are truly loved, cared about and respected. Riley proposes that very school in the nation must actively engage and encourage parents and do everything possible to mitigate the time crunch of daily life — to slow down so they can stay connected to their children. He says that every child in America in a school must have a positive caring relationship with at least one adult.

What can you do to make a dif-

adult.
What can you do to make a difference? Ask your child's teacher about health lessons that pructice problem solving, coping and social skills, and making friends. Find out if gun safety is taught. The link between guns in the house and children being injured, or committing suicide, is well established and alarming. Guns at home must have chils affety locks. Ask the members of your Board of Education about such issues as class size freduced size gives teachers more chance to give attention), the ratio of counselors and social workers to

USED HERMAN MILLER

2-DRAWER LATERAL FILE

Black, 42", Good Condition

Other sizes and styles from Steelcase,

Herman Miller, and Moridian are

avallable.

SAVE 85%

children, and psychological services for all children K-12.

Talk with your child's princi-pal about after-school programs, mentoring programs and alter-native programs. Volunteer to help wherever you have skills.

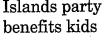
Use this summer to double your personal efforts to connect firmly with your children and connect with your children's school. Children's lives depend on your actions.

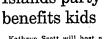
on your actions.

All About Families runs every other week in The Eccentric Newspapers. Birmingham resident Alice McCarthy, Ph.D., is a nationally known parent educar, writer and editor. She is the mother of five children and grandmother to eight young children. To leave a message for McCarthy, from a touch-tone phone, call (313) 953-2047, mailbox 1894, or write her at The Eccentric, 805 E. Maple, Birmingham 48009.

To access McCarthy's columns on the Internet via O&E Online, her address is:

http://observer-eccentric.com/main/mcc/mccin-dex.html





Kathryn Scott will host a Caribbean Party to benefit the Rainbow Connection, 10 a.m. to 6 p.m. Friday-Saturday at 148 Pierce, Birmingham. Live music and tropical refreshments will be featured. A portion of all pur-chases made will go directly to the Rainbow Connection.



THE RIVERBEND SPORT SHOP, INC. Your Fly Fishing and Bird Hunting Specialists

Northwestern Hwy, • Southfield, MJ (248) 350-8484

NEW • USED • REMANUFACTURED



Honeymoon & Travel Guide

For information regarding.

advertising in this section blease call

Nan 734 953/2099

Rich 734-953/2069

Banquet Facilities

Columbian Room cent To Laurel Chapel' 39100 Schoolcraft Rd. Livonia 313-464-0500 (Sue)

LIMOUSINE



Maha Your Wedding Day Spe Classic Limousine Serv Red Carpet Service 1-800-788-7047

A Simple Step To A Perfect Wedding

Set the date - As soon as possible after getting engag select a wedding date and decide on the type of weddin you will have. From traditic ceremony in a church, to a surprise wedding where que are invited to a "party" that turns out to be a wedding. couples.are personalizing event and planning wedding that reflect their lifestyles and interests.



Doarborn:
313-724-1400
Farm, Hills:
248-615-4444
PHOTOGRAPHY SAVESTOO and valid with

Wedding Accessories



Elegant Creations
Professional Wedding Consultants
Wednesday, July 22nd
Gpm 8pm
Sembar topics include:
Rose to choose you should be consultanted.
The consultanted by Inkater, Dearborn Heights (in back of Adore Hair Balon) 313-937-3945

Mom's behavior is embarrassing



confused and so m et im es does not behave rationally. She still end out for dinner but many times I am very embarrassed by her actions. Sometimes want to make her stay in the house all the time but I think she annoys other people. I also do not want to criticize her in front of others because I know it embarrasses her.

she annoys other people. I also do not want to criticize her in front of others because I know it ombarrasses her. What do you suggest?

A. Your concern for your mother-in-law and others is commendable. I am glad you know that even-though your mother-in-law is confused she still should not be embarrassed in front of others. Often times people with dementia do not realize what they are doing or how boisterous they have become. If they did they would probably be appalled by their behavior. They just can't help themselves though.

The Alzheimer's Association, which is concerned not only with people with Alzheimer's Disease but with all who have some for dementia, has business-sized cards that road "Please be pationt. My companion has Alzheimer's disease." You would see surprised how understanding most people are, and using this card would save you from making long and involved explanations. To reach the Alzheimer's Association, call (248) 657-8277.

Q. My-aunt is 73 and on Modicarc. She belongs to an IMMO. All of a sudden they will no longer pay for he dental bills. She counted on how we find that they are no we have they are not such as a supplier to the supplier to the supplier to the supplier.

longer available. What is going on? Is there anything we can do about it?

A. Many benefits, such as free drugs, dental care and eyeglasses are being eliminated from the benefits offered by Medicare HMO's. This is due to rising drug costs and the cap Congress set on this year's payments to Medicare HMO's. The government thought thit managed care would cut down or at least slow down the amount of money the federal government spends on Medicare. What may happen however, is that many people may possibly drop out of their HMOs and return to traditional Medicare. Some Medicare HMOs and return to traditional Medicare. Some Medicare HMOs also have raised their prices or

nower, is turn in any people may possibly drop out of their HMOs and return to traditional Medicare. Some Medicare Modicare. Some Medicare HMOs also have raised their prices or are charging a monthly premium. Your aunt may want to consider this plan of action.

Q. My husband has Alzheimer's disease. There is a new drug that is supposed to be very helpful. What do you know about it?

A. I believe you' are referring to the drug called Aricept. Aricept is being used to treat people with mild to moderate Alzheimer's Disease. It can help treat some symptoms such as memory loss but it does not work for everyone. Some people may show some improvement or exhibit no further decline in their mental status for a period of time. However, there may be some side effects such as futjue, nausea and diarrhea. It must be remembered though that Aricept is not a cure for Alzheimer's discussed in Aricept will help; you should consult with your physician. He or she can best excited if Aricept will help. You should consult with your physician. He or she can best excited if Aricept will help. State Commission on Services to the Aging. To teave a message for Mahler, from a touch-tone phone. and [323) \$858-2047.

State Commission on Services to the Aging. To leave a message for Mahler, from a touch-tone phone, call (313) 953-2047, mailbox 1869. Send questions to The Eccentric Newspapers, 805 E. Maple, Birmingham 48009.



Get Your Toro Automatic Sprinkler System Installed This Spring NO PAYMENTS for six months.

Spartan M Distributors

Call Today 800-822-2216 Your Will Distributor



· Private suites, 1 & 2 bedroom epartments · Deficious Mo

Westland 1660 Vecey Read Westland, MI 45186 (734) 326-7777 Livonia

1000 Maddabah Rd Livenia, Mil et 154

(734) 221-2224

Westland II * Dearborn Hts. (734) 454-0838

26600 Ans Arber Tr. Dearborn His., MI 66127 (313) 278-6430

Northville Parmington Rills (724) 261-263 (345) 471-9141

Rochester Hills Rochester Hills 1741 S. Adams Nd. 2251 Arbers Rd. Roberter (ERs. M) 43559 Rechester (ERs. M) 43559 (248) 853-2330 (248) 852-1980

RESPITE & SHORT STAY **PROGRAMS** AVAILABLE AT OUR FARMINGTON HILLS

*VACATION

Birmiosban 1100 N. Advance Rd. Tembrohem, 10 4503 (248) 843-0420

WESTLAND II LOCATION

Visit Us for Lunch any Day! representation con