

Try Some Easy Ways To Dessert

By JOYCE TOTTEN

Dessert originally meant food served after the table had been cleared or "deserted" of everything else -- even the tablecloth.

You can find accounts of grand dinners served in the early days of our country describing the polished mahogany tables with candles in tall silver candelabra casting a glow over the guests enjoying a "dessert" of fresh fruit.

We Americans have promoted the "sweet" to the place of honor at the end of the meal.

THE FAMILY looks forward to dessert. It is like the last act of a play... the happy ending. Desserts, being the grand finale, can be dramatic and spectacular, or a cozy old-time favorite.

Some homemakers don't try recipes that seem to have a lot of steps in the method of preparation. If you are one of them, here are some easy recipes to try.

CRANBERRY REFRIGERATOR CAKE
2 c. fresh or frozen cranberries, chopped
1 lg. banana, diced
2/3 c. sugar
2 c. crushed vanilla wafers
1/2 c. margarine or butter
1 c. confectioners' sugar
2 eggs
1/2 c. chopped nuts
1 c. whipping cream

Mix together cranberries, banana and sugar. Place one-half of crushed vanilla wafers in bottom of 9x9-inch pan. Cream margarine and confectioners' sugar; add eggs and beat well. Spread over crumbs. Top with layer of cranberry-banana mixture; sprinkle with chopped nuts. Whip cream until it peaks; spread over cranberries and nuts. Cover with remaining crushed wafers; chill at least 4 hours or overnight before serving. Yield: 9 to 12 servings.

PEACH CREAM KUCHEN
2 c. sifted flour
1/4 c. sugar
1/4 t. baking powder
1 t. salt
1/2 c. butter or margarine
1 can (10 1/2 oz.) peach slices (could also use apple slices)
1/2 c. sugar
1 t. cinnamon
2 egg yolks
1 c. dairy sour cream

Sift the flour, 1/2 cup sugar, baking powder, and salt together into a bowl. Cut in the butter with a pastry blender or two knives until the mixture resembles fine crumbs. Transfer to a lightly greased 9x9x2 baking pan and press crumbs firmly against the bottom and sides. Arrange well-drained peach slices evenly over the bottom. Stir half cup of sugar and cinnamon together and sprinkle over the fruit. Bake in a 400 F. oven for 15 minutes. Beat the egg yolks, blend in the sour cream. Spoon over the partially baked kuchen and continue baking for 20 minutes or until golden brown. Serve warm or, thoroughly chilled.

LEMON FLUFF
1 pkg. lemon Jello
3/4 c. boiling water
1 c. sugar
1 can evaporated milk, well chilled
1 lemon
12 Graham crackers

Note: Place large bowl of electric mixer and beaters in refrigerator 20 minutes or longer before using. Evaporated milk should be put in the refrigerator overnight before using. Dissolve lemon Jello in boiling water. Let stand until cold but not thickened. Beat sugar in slowly, in large bowl of mixer, whip chilled evaporated milk until light and fluffy. Add Jello mixture to whipped cream. Beat together until well mixed. Add grated rind and juice of lemon. Roll out Graham crackers until fine. Place 1/2 on bottom of dripping pan. Pour in lemon fluff. Sprinkle rest of crumbs on top and chill well in refrigerator. Cut in squares when ready to serve.

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