

MAEDC
Sets Annual
Meet Nov. 9

Sen. Lorraine Beebe, Arthur L. Johnson and Ernest Mazey will be guest speakers at the annual meeting of the Michigan Association for Early and Delayed Childhood at 9:30 a.m. Saturday, Nov. 9, in the Howard Johnson Motor Lodge, on West Grand Boulevard, Detroit.

Sen. Beebe, the only woman in the Michigan Senate, is chairman of its health, social services and retirement committee.

Johnson is deputy superintendent of school community relations in the Detroit public schools, and Mazey is executive director of the American Civil Liberties Union.

Special discussion groups have been set up on three subjects--fee charging in state hospitals, busking disturbed children to special schools and developing additional special education classes.

Those attending the meeting will be asked to choose one of the three discussion groups. After the groups make their recommendations, the three guest speakers will evaluate their ideas.

Talent Auction
To Aid Blind

The Farmington Alumnae Association of Delta Gamma sorority will hold its annual talent auction in the home of Mrs. David Conforti, 32014 Valley View, Farmington, Monday, Nov. 11 at 7 p.m.

Co-hostess for the evening will be Mrs. William Gravins of Farmington.

All the items to be auctioned are handmade by the Delta Gamma and the auctioneer for the evening will be Mrs. Jack Sinclair of Livonia.

Proceeds from the sale go toward aiding the blind children in the area.

All Delta Gamma from Farmington, Livonia, Northville and Plymouth are urged to attend and bring a friend.

Centerpieces
To Be Shown

The Welcome Wagon club of Livonia will present a program of holiday floral centerpieces at 7 p.m. Tuesday, Nov. 12, in the Stevenson High School cafeteria. A business meeting will precede the program, and refreshments will be served afterwards.

The Welcome Wagon club was organized two years ago as a means of helping new residents of Livonia become acquainted with each other.

The club has two civic projects for the current year. A craft fair is to be held at the Stevenson High Nov. 19 at 8 p.m., and a spring fashion show will be held in March. The proceeds from both events will go to the Pediatrics Ward of St. Mary Hospital in Livonia.



TEA FOR MANY — President Enid Dobbett of the Redford Suburban League presided at the table when the league held its first membership tea recently. Members who worked with her were, from left, Stella Braasch, Anna Hahn, Jenine Dupreym, Aimée Dustman and Jessy Sandison.

RSL Tea Fete New Members

Sixteen new members were honored in the first membership tea given recently by the Redford Suburban League in Jaycees Hall, Redford Township.

The additions to the League include Rita Horkay, Shirley Ruzick, Judith Nester, Audrey Reinhardt, Mary Shannon, Jo-

The women of the Weight Control Club of Garden City know some fine ways to lose pounds and like it.

VEAL SCALLOPINI

1 pound veal, cut in thin slices
1/2 t salt
1 T flour
1/4 c cooking oil
1 6-ounce can button mushrooms
1/2 c chicken broth or white wine
1/4 c chopped parsley

Shake veal in flour and salt. Brown in cooking oil, add mushrooms, broth or wine and parsley. Cook slowly.

LOW-CALORIE FRIED CHICKEN

1 cut-up chicken
1 egg, beaten with 1 T water
1 c potato flakes
Dip chicken parts in egg, then roll in potato flakes. Bake in greased dish at 450 degrees for 3/4 hour.

CUCUMBER AND ORANGE SALAD

1 sliced cucumber
1 sliced onion
1 sliced green pepper
1 c sliced cabbage
2 oranges, sliced and sweetened with Sucaryl
1/2 c vinegar
1/2 c water
2 t mayonnaise

Combine cucumber, onion, pepper, cabbage and oranges. Combine vinegar, water and mayonnaise and toss with other ingredients.

THEN THERE was low-calorie fried chicken contributed by Mrs. Lucille Sargent. The president had a tossed salad that combined sliced cabbage, onions, cucumber, mandarin oranges, and there was a rich-looking fruit salad with dietetic pineapple, mandarin oranges, Bing cherries and Zevia, an artificial sour cream.

Low-calorie cranberry sauce was made with Sucaryl as sweetener and special recipe for steak dish included thin-sliced beef, green pepper and orange sauce flavoring, with just a bit of flour thickening.

The ladies didn't hesitate to return to the serving table for seconds.

"You can eat a lot of diet food like this and not feel guilty," Mrs. Miller said. "Really, there's no reason for anyone to be fat anymore with all the diet helps we have."

Women interested in the club may call Mrs. Miller at 421-4545.

Ladies Make
Wreaths Nov. 7

The Northville Spring Chapter of the Michigan China Painters will hold a Christmas wreath-making meeting on Nov. 7 at 11 a.m., in the home of Betty Van Ornum, 1348 Maple, Plymouth.

Members are asked to bring a 14-inch frame, wire, twine, raffia tape, two feet of wire, old gloves, long-nosed pliers, 25 gauge pipe cones, other cones in all sizes, and leaves and acorns. Goldie Latchford will do the teaching.

Coffee and tea will be served, but members are asked to bring their own sandwich.

Moms Have Son

Mr. and Mrs. Edward May, of 20170 Maplewood, Livonia, announce the birth of their third son, Mathew Nathan, on Oct. 23,

Low-Calorie Ideas

Pot Luck Dieting Can Be Fun



DELICIOUS FOR DIETERS — Mrs. Bonnie Manzo (left), and Mrs. Lucille Sargent, both of Westland, headed the low-calorie pot-luck dinner put on last week by the Weight Control Club of Garden City.

Five Minus 11 1/2 Pounds Are Honored

Five members of the Livonia Silmettes TOPS (Take Off Pounds Sensibly) were honored at the Detroit Area KOPSS (Keep Off Pounds Sensibly) Annual Graduation recently.

They lost 114 1/2 pounds among them in the last year,

They were Carol Hansen, Esther Kaszowski, Jeannette Kobylarz, Vivian Malewski, and Steve Paulson, a teenager.

The Livonia Silmettes TOPS is a chapter of TOPS Club, Inc., an international organization.

The purpose of TOPS is pri-

marily to help all those who are interested in taking off pounds sensibly. It is based on the principle of group therapy.

Chapter meetings are held every Tuesday evening at Rosewood High School, 9325 Cranston,

Cooper School Annex, Westland.

Russell G. Albrecht, director of the Detroit League for the Handicapped, will be guest speaker at the monthly membership meeting of the Northwest Communities Association for Retarded Children, Inc.

The meeting is scheduled at

8 p.m. Tuesday, Nov. 12 in the

reg.

The Observer

Women

m. m. memos

"I can hardly wait until Tuesday night," said our teen daughter, for the first time old enough to appreciate the excitement of watching presidential election returns on television. "I can't believe my father and I can't wait for Thursday, when, at least hopefully, the long campaign question would finally be resolved. Understandably, her reaction was how could we be so uncaring about the great issues of the day.

And, of course, we do care.

But the conversative led me to add my voice to the group of those who think election campaigns and all the trappings that go with them are just too darn long for today's way of living.

We see the candidates over and over on the video screen. Newspapers must report their views again and again.

The time is long past when they needed many weeks to get exposure to the entire nation. With today's communication, that's accomplished almost before the conventions end.

I won't go into my opinions on what they said or didn't say, or whether late developments made a significant difference.

I simply think they had too much time to fill with words and that had to stuff it to the brim.

It's not apathy—just a longing for getting on with the vote and then a change of scene.

MARGARET MILLER

Albrecht Is Guest Speaker

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12x11.10 Black and White Wool Tweed \$64.00
12x9.10 Gold 501® Nylon \$59.00
12x12.1 Gold Nylon Tweed \$49.00
12x12.9 Sandalwood 501® Nylon \$69.00
12x9.0 Beige Nylon Plush \$45.00
12x8.4 Olive Nylon Plush \$39.00
12x11.6 Blue Nylon Tweed \$49.00
12x9.11 Gold Kitchen Nylon \$79.00
34 1/2 yds. Champagne 501® Nylon \$150.00
24 1/2 yds. Tu-Tone Green 501® Nylon \$110.00
44 yds. Olive Gold 501® Nylon \$190.00
42 1/2 yds. Gold 501® Nylon \$180.00
41 yds. Turquoise Wool Tweed \$300.00
28 yds. Pumpkin and Gold 501® Nylon \$165.00
40 yds. Gold Acrlan Plush \$240.00
42 1/2 yds. Olive and Gold 501® Nylon \$120.00
33 1/2 yds. Olive 501® Nylon \$280.00
36 1/2 yds. Gold Wool Plush \$280.00
38 yds. Pumpkin Wool Plush \$290.00
39 yds. Beige Tip Sheer Wool \$295.00
28 1/2 yds. Champagne 501® Nylon \$149.00
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