# Smoking from page B4 Nine Central Middle School students recently stared their migressions of the H.O.T. pregram and simoling at a round table discussion with the Observer. The seventh graders included Grade. Camorus, Lauren Gaines, Sara Orcenfield, Virgil Humes, Kasi Nichols, Midnach Newton, Jacob Pollack, Kim Peterson and Eric Swiech. Madonan said students will soon feel some relief from boing bomburded by tobacca advertising in light of the \$200 billion proposed tobacca sextiment negotiated Nov. 16, 1998, by 46 state attorneys general. The settlement would climinate outdoor tobacca advertising signs and placards advertising signs and placards advertising signs and placards advertising tobacca products using cartooss—no participating manufacturer would be able to "use or cause to be used any cartoon in the advertising, promoting, packoging or labeling of Tobacco Products." "Students have to have a number of street of the control of the control of the name of street of the control of the name of street of the control of the name of the control of the name of the control of the control of the name of the control of the control of the name of the control of the control of the name of the control of the control of the name of the control of the control of the name of the control of

the most significant components of the program is the incluses appearance of a laryingsetomes younged to the program of the history acceptance of a laryingsetomes are to the larying the larying the larying the larying to the larying common of the larying to the larying extense and the effect it's had on their living laryes a leasing impression with the students, said Medonan. They have always shown the They have always shown the utmost respect for the individual and have posed some very

at and have need some very instruct questions."

"The person that came to our school with the laryagectomy told us that they go around and meet people and tell them not to smoke so they don't end up looking like them," asid Lauren Gaines, a 12-year-oid seventh-grader from Contral Middle School in Plymouth.

Michael Newton, 12, of Canton asid he was surprised to

Michael Newton, 12, of Canton said he was surprised to
learn some laryngcetomy
patients continue to smoke after
the removel of their larynx and
do so through the open and
healed incision in their neck.
Other elements of the curricu-

heached incision in their neck.
Other elements of the curriculum include understanding the
structure, function and anatomy
of the human respiratory systom; the physical offects of
tobacco; peer prossure and
resistance training; and tobacco
advertising.
The students agreed that
there companies use advertisting to manipulate them intofinding smoking appealing
whether it be the attractive
models they use to catchy slogans and cartoon-like spokespoople.
—We want advertisers to tell
the truth about smoking and its
effects," said Gracie Cameron,
13, of Canton.

Views of kids

Views of kids

to particularly when they reach the age group where "fitting in" becomes important.
"People I know snucks because they think it's cool," said Kasi Nichols, 15, of Plymouth. "They don't roully care about what could happen to them in the future."

Health information

Health information

The H.O.T program coordinator confronts those beliefs with current information, about smoking and related health risks, provided by the Cancer Information Service of Michigan on the immediate impact your first puff of tobacco has on your resuitantly system (see related

first puff of tobacco has on your respiratory system (see related sidebar).

"Your lungs turn black from the tar in cigarettee and your teeth get all yellow," said seventh- grader Michael Newton: "That's why they use models because they don't really want to show you what people look like who do smoke. They don't look like those models."

All of the students agreed that tobacco prevention pre-

ing or labeling of Tobacco Products.

Students have to have a number of strategies to deal with peer pressure, advertising or living in a household where one or more people may smoke, said Madonna. That's why it's important to atick with the facta to kids get the message without having to weed through a lot of garbage.

According to Karmanos, everal studies suggest that "peer pressure to smoke and having friends who smoke is one of the single best predictors of tobacco use," and that individuals who decide to smoke "believe that most people they know smoke, and that they need to comply with what they feel is the norm."

Madonna said its these contiments that adolescents fell proy

# Battle of the Bands set for April 16

Phi Theta Kappa, an international honor society for community college students, presents a Battle of the Bands Friday, April 16, at Oskland Community College's Orchard Ridge Campus in Farmington Hills. The event begins at 7:30 p.m. in the campus Smith Theatro. New groups featured include Corner of Sheldon, Millford Blue, Electric Sun House and Evil Whiterer.

Whisper. Admission is \$8 for advance tickets, or \$9 at

D OCC-ORCHARD RIDGE

the door, Call (248) 471-7590 for further infor-

mation, Scatting is limited.

The Orchard Ridge Campus is located at/
27055 Orchard Lake Road, just south of I-696;
Ample free parking is available in nearby colleged

Briefs from page B4

at (734) 712-3655 for informa-

Help sought

Hospice of Washtenaw has a need for volunteers who are able to stay with patients dur-ing the daytime hours to give family members a needed break. The hospice is especially interested in volunteers who might be willing to occasionally travel outside the Washtenaw

nrea. Training consists of 18 hours, beginning Monday April 26, at the hospice office, 806 Airport Blvd., Ann Arbor. Call Gail Marie to preregister at (734) 327-3414.

### Bone marrow drive

Madonna University will be the site of a volunteer bone marrow donor recruitment drive noon to 6 p.m. Monday, April 19, in the science wing.

This drive will register donors with the National Marrow Donor Program (NMDP). Any-one between the ages of 18 and 60, who is in good general, health and not excessively overweight, can be a potential donor. For more information, about the donor process or to become a volunteor marrow, donor, call (800) MARROW-2 or, (248) 471-1226.

## Hazards from page B4

E Smoking causes chronic bronchitis and emphysema, and is also closely associated with cancer of the lip, laryax, esophagus and mouth. E Chronic smokers have more illnesses, lose more time from work and are sick in bed more often than those who don't smoke. Risks to others Your family, friends and environment are all affected by your smoke. Here are risks to those around you:

affected by your smoke. Here are also amound you.

If Cigarette smoke is filled with hundreds of chemicals and smoke from the burning end of the cigarette contains more tar and nicotine than the smoke you inhale.

If When nonsmokers are forced to breathe cigarette-polluted air, carbon monoxide seeps into their lungs, their blood pressure rises and their heart action speeds up (almost

as if they were smoking themselves). The smoke, may also trigger asthma attacks and may produce allergic reactions.

In a single year, 11 billion cigars and 580 billion cigarettes are smoked in the U.S. This represents one billion pounds of burning tobacco, a major source of air pollution.

— Source: Barbara Ann Karmanos Cancer Institute

Institute
To learn how you can stop smoking or for assistance if you are trying to stop, call the Canber Information Service of Michigan at (800) 4-CAN-CER.



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