

RESEARCH OPPORTUNITIES

Blood pressure
William Beaumont Hospital needs people 18 and older with high blood pressure to volunteer for two research studies of new medications. All study-related health care is provided at no charge to participants. Call the Cardiovascular Disease division at Beaumont, Royal Oak at (248) 651-6901 or the Division of Preventive and Nutritional Medicine in Birmingham at (888) 807-8839.

Breast Cancer
Postmenopausal women with an increased risk of developing breast cancer can take part in national research study at William Beaumont Hospital that will compare the effectiveness of two drugs in preventing breast cancer. Volunteers will either take Tamoxifen, a drug approved by the U.S. Food and Drug Administration to reduce the incidence of breast cancer in women at increased risk; or

Raloxifene, which is approved by the FDA for treating osteoporosis, and has shown promise in reducing a woman's chance of getting breast cancer. Call (877) BEAT-CANCER for more information.

Cholesterol/coronary artery disease
The Cardiovascular Disease division at William Beaumont Hospital, Royal Oak is conducting a research study and needs volunteers who have coronary artery disease and/or elevated

cholesterol levels. The study will test the effectiveness of a combination of a U.S. Food and Drug Administration-approved medication that lowers cholesterol and an investigational medication that may improve blood flow to the heart. Prospective volunteers must have elevated cholesterol levels already confirmed by testing and must not have diabetes. All study-related health-care will be provided to participants without charge. Call (248) 651-9161.

Diabetes
William Beaumont Hospital's Division of Preventive and Nutritional Medicine in Birmingham needs people with diabetes for research studies testing new oral medications to help lower their blood sugar levels. Volunteers will receive study-related health care without charge and will be compensated for their time and travel. Call (888) 807-8839.

Enlarged Prostate
The Department of Urology at

William Beaumont Hospital in Royal Oak needs men with enlarged-prostates to participate in a research study of a medication that may help ease the symptoms associated with this condition. Prostate enlargement is a non-cancerous condition that typically narrows the urethra, creating difficulty in urination and/or urge to urinate frequently. All study-related health care is provided at no charge to volunteers. Call (248) 651-3355 for information.

Incontinence
Volunteers can receive treatment for symptoms of urgent or frequent urination as part of a new research study at William Beaumont Hospital, Royal Oak. Researchers will study a new medication which may control symptoms or "urge incontinence" which has symptoms of urgent and frequent urination. Study volunteers must be at least 18 years old. All medications, physical examinations and office visits are provided at no charge to participants. Call (248) 651-3355.

MEDICAL DATEBOOK

Items for Medical Datebook are welcome from all hospitals, physicians, companies and residents active in the Observer-area medical community. Items should be sent to: Medical Datebook, c/o The Observer Newspapers, 36251 Schoolcraft, Livonia 48150, e-mail kmortson@oe.homecomm.net or faxed to (734) 691-7279.

TUE, DEC. 21

LOW VISION
"Peer Support," offers emotional support, coping skills and information for people with visual problems. Group meets Oct. 5 and 19 from 6:30-7:30 p.m. at Beaumont Medical Office Building, Beaumont Eye Institute - fifth floor, 8535 W. Thirteen Mile Road, Royal Oak. Call (248) 651-2020.

MON, JAN. 3

BREASTFEEDING
"Preparing for breastfeeding," a class on breastfeeding techniques and issues for expectant mothers and fathers. The class is offered from 7-10 p.m. at William Beaumont Hospital, Classroom F, 44201 Dequindre, Troy. Cost is \$20. Call (800) 633-7377.
ANOREXIA/BULIMIA
Support groups led by recovering or recovered anorexics and/or bulimics to discuss strategies for recovery. Meets Jan. 3, 10, 17, 24 and 31 from 7-8:30 p.m. William Beaumont Hospital, 10th Floor, classrooms A & B, 3601 W. Thirteen Mile Road, Royal Oak. Call (248) 651-9200.

TUESDAYS, JAN. 4

CHILDREN'S EDUCATION
An educational program for expectant parents is offered Tuesdays, Jan. 4, 11, 18, 25 and Feb. 1 from 7-9:30 p.m. at William Beaumont Hospital, 44201 Dequindre Road, Troy. Cost is \$60 per couple. Call toll free (800) 633-7377.

ASTHMA CLUB
An asthma support group for individuals with asthma and their families. Meets from 7-8 p.m. William Beaumont Hospital, Administration Building, Lower Level - Classroom 2, 3601 W. Thirteen Mile Road, Royal Oak. Call (248) 651-9200.

DIABETES EDUCATION
Five-class educational series to help people with diabetes and their families control the disease. Offered Jan. 4, 11, 13 and 18 from 6-9 p.m. at William Beaumont Hospital, Administration Building (lower level - classroom 4), 3601 W. Thirteen Mile Road, Royal Oak. Call (248) 651-0982 to register.

WED, JAN. 5

CHILDREN'S REFRESHERS
A review of the labor and delivery process, and relaxation and breathing techniques for expectant couples. Class is offered Jan. 5 and 12 from 7-9 p.m. at William Beaumont Hospital, 44201 Dequindre, Troy. Cost is \$25. Call (800) 633-7377.

FERTILITY CHALLENGE
Fertility Challenge Support Group helps individuals or couples cope with the emotional consequences of infertility. Meets from 6:30-8 p.m. Beaumont Center for Fertility/Reproductive Endocrinology. (248) 651-0623.

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