

Depression screenings set for Oct. 8

**ALL ABOUT
FAMILIES**



**ALICE
MCCARTHY**

Before antidepressant treatment, the adolescent should have a medical examination. A more extensive neurological evaluation and an electrocardiogram may be needed. The

depressant treatment. Adolescent should have a physical examination. A baseline electrocardiogram and an electrocardiogram should be needed. The

Therapists who work with depressed adolescents usually see the parents as well. The teen lives in two spheres; the nuclear family and the school. Families can be educated about depression and especially its hereditary component; they can learn how to respond without making the symptoms worse and how to solve problems created by depression.

Seek professional help immediately regardless of whether or not you think the teen is

Birmingham resident Alice McCarthy, Ph.D., is a nationally known parent educator, writer and editor. Her *Healthy Teens* may be ordered for \$9.20 including shipping & handling and a tax by calling (248) 416-1020, Monday - Friday, 2 a.m.-1 p.m. She is the mother of five children and grandmother to eight young children. To leave a message for McCarthy, from a touch-tone phone, call (313) 953-2047, mailbox 1894, or write her at The Eccentric, 805 E. Maple, Birmingham 48009.

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