

LIFE TIME FITNESS

Free child care

Free towel service

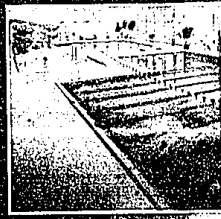
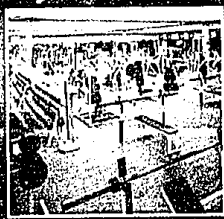
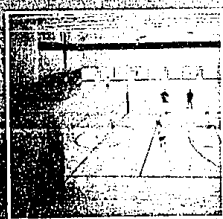
30-day money-back guarantee

Open 24 hours a day, 7 days a week

NO CONTRACT

JUST \$37 PER MONTH

SAVE UP TO 48% OFF ENROLLMENT



Indoor/outdoor swimming complex

- Indoor leisure pool with two-story waterslides
- 25 meter indoor lap pool
- Outdoor pool with family fun area, waterslides and sun deck
- Whirlpools and saunas

Free child care

- Indoor playground with spacemaze
- Kid-friendly computer center and library
- Kids' gymnasium
- Surround-sound theatre

\$1.4 million in exercise equipment

- Over 170 pieces of cardiovascular equipment
- Over 300 pieces of resistance training equipment
- 8,000 square-feet and over 30,000 pounds of free weights
- State-of-the-art rehabilitation systems

Immaculate locker room facilities

- Complimentary towel service
- Private steam room and tanning beds
- Big-screen TV and lounge area
- Beautiful wooden lockers with safe-o-matic lock system

Kids Club programs

- Swimming lessons
- Gymnastic lessons
- Tumbling and exercise classes
- Summer camps

Entertaining atmosphere

- Trademarked large-screen entertainment system
- Family activities and programs
- Adult athletic leagues
- Tai Chi, yoga, social dance and more

Educational environment

- Comprehensive member orientation program
- Free fitness and nutrition educational seminars
- Certified personal trainers
- Aerobics, aqua aerobics and studio cycling

Expansive gymnasium

- Two regulation basketball courts
- Racquetball and squash
- Innovative cavern-style climbing walls
- Volleyball courts and leagues

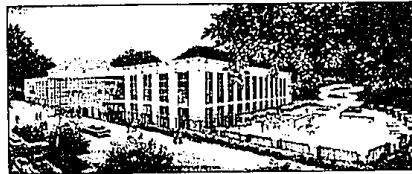
CALL NOW! OFFER ENDS SOON!



LIFE TIME FITNESS of Troy serving:

Troy • Rochester Hills • Bloomfield Hills
Auburn Hills • Clawson • Bloomfield
Birmingham • Royal Oak

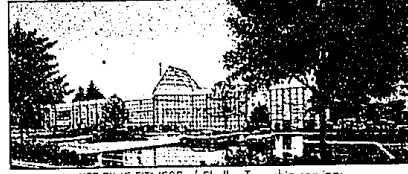
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LIFE TIME FITNESS of Novi serving:

Novi • Farmington • Farmington Hills
Plymouth • Livonia • Northville

248/735-0100



LIFE TIME FITNESS of Shelby Township serving:

Shelby Township • Macomb • Clinton
Sterling Heights • Mt. Clemons • Utica

810/226-0606

**LIFETIME
FITNESS**