

CIMBS
The Center for Integrating Mind, Body, Spirit holds "Exercise for Wholeness" with Sharon Bergman on eight consecutive Thursdays from 11:30 a.m. to 12:30 p.m., Feb. 10 to March 30, featuring low impact whole body exercise ending with meditation and relaxation. Fee: \$40; one-time drop-in's: \$7 per session.
CIMBS is located in downtown Birmingham at the First Baptist Church. The mission is to integrate personal wholeness through mental, physical and spiritual well-being and through healthy relationships with self, others and God. For more information, call CIMBS at (248)644-0550.

TEMPLE BETH EL
David Ellenson will be scholar-in-residence for Temple Beth El's 68th annual Rabbi E. Benedict Glazer Institute on Judaism for Christian, Eastern Orthodox, Muslim and Protestant clergy.
At 9:30 a.m. Friday, Feb. 11, Ellenson will speak on "Other Religions in Jewish Eyes: Classical Exclusivity, Modern Tolerance" at 8 p.m. Shabbat services on "Abraham Joshua Heschel and Tikkun Olam: A Message of Enduring Worth" at 10:30 a.m. Saturday Shabbat services on "One Rabbi's Approach to the Jewish Faith: A Personal View." The community is welcome to attend. There is no charge. For more information, call Barbara Grant, 851-1100, ext. 3149.

TEMPLE SHIR SHALOM
Temple Shir Shalom, 3099 Walnut Lake Road, will hold its monthly children's Shabbat service, Ma'at Shabbat, on Saturday, Feb. 12, for children 7 and younger. For more information, contact the temple office at (248)737-8700. Other children's Shabbat services are on March 4; March 18, April 8, May 6, and May 20.

CATHOLICS COME

HOME
"Catholics Come Home," a program which ministers to Catholics who have left or drifted from the Church, is 3 p.m. Sundays at Guardian Angels Catholic Church in Clawson. The program features speakers and discussions. Upcoming topics are: Feb. 13: Sexuality; Feb. 20: Marriage and Annulments; Feb. 27: Eucharist; March 5: Reconciliation; March 12: A Personal Relationship with Jesus.
For information, call Jerry Finnegan at (248)878-5915, or Carol Bardelline at (810)977-9076.

TROY BAPTIST
Troy Baptist Church, 3193 Rochester Road, Troy, conducts DivorceCare, a series of support groups and seminars. DivorceCare is non-denominational and features biblical teaching for recovering from divorce and separation.
The next 10-week session begins at 8:30 a.m. Sunday, Feb. 13, at Troy Baptist Church. Call Shari at (248)689-8015 for more information. Registration fee is \$10, for the workbook.

THEOLOGY ON TAP
HOLY NAME
Holy Name Church in Birmingham holds a four-week winter series of "Theology on Tap" at 7:30 p.m. Wednesdays in the back room of Dick O'Don's Irish Pub, 160 West Maple Street in Birmingham.
Theology on Tap provides an opportunity for people to informally discuss issues of the day. Monsignor John P. Zonz and Father Chip Farrar serve as hosts. The last program is Feb. 16, Father Chip Farrar, "Balancing Male and Female Spirituality."
There is no admission charge. Theology on Tap is open to the public. For more information, call the Holy Name Parish Office, (248)646-2244.
ST. ANASTASIA
St. Anastasia Roman Catholic Church in Troy holds a five-week Theology on Tap series at 7 p.m. Wednesdays at Marinelli's.

BELIEFS

Restoration, 18 Mile and Rochester Road, Troy. Father Ken Kauchak presents "Journey of Faith in Your Life" for young adults in their 20s and 30s.
On Feb. 16, the fourth session in the series is "Recognizing God in Everyday Events: Is There More than Meets the Eye?" On Feb. 23, the topic is Sexuality.
For more information, call Rosemary Graves, Parish Life Coordinator, at the church, (248)689-8380.

EILU V EILU
New students are welcome to join winter classes now in progress, sponsored by Eilu v Eilu, the adult Jewish learning project of the Michigan Conservative movement and a year-round resource for adults seeking to connect with Jewish history, holidays, culture and Torah. Weekly study series include "Poetry of Modern Jewish Women" with Rabbi Aaron Bergman, an eight part L'Chaim Learning series that continues at 10:30 a.m. Mondays through Feb. 21 at Borders Books & Music, 30995 Orchard Lake Road, Farmington Hills. New students are welcome. \$5 per session.
Also in progress: "The Red Tent and the World of the Midrash" with Ruth Bergman, and "Judges, Kings and Prophets - The Struggle for Power, Authority and Leadership in Tanakh" with Michael Weiss. Monthly learning opportunities include "Swimming in the Sea of Talmud - Lessons for Everyday Living" with Rabbi Lee Buckman, and Rosh Hodesh Women's Learning Minyan. For information, call (248)737-1931 or e-mail cilulearn@aol.com. Website: <http://www.cbahm.org/eilu.htm>.

FAITH LUTHERAN CHURCH
Phil Chalmers, a national speaker on the topic of today's rock and rap music, will be at Faith Lutheran Church, 37635 Dequindre, Troy, at 7 p.m. Wednesday, Feb. 23.
He presents a multi-media seminar on the dangers of today's popular music and promotes positive music as an alternative. He covers many of today's damaging lyrics, lifestyles of the performers and their philosophies, all communicated through an audio and video presentation.
Chalmers has been a speaker across the country for 16 years and has met, interviewed and shared his faith with many groups including Metallica, Megadeth, MYSK, GWAR, Bushy Rhymes and many others. He has just released his video,

TEMPLE ISRAEL
Temple Israel, 5725 Walnut

"Music to Die For: Is Today's Music Killing Our Teens?" and completed "The Official 'I Don't Listen to the Lyrics' Handbook."

BIRMINGHAM TEMPLE
Miriam Jerris, rabbinic candidate with the Birmingham Temple, will lead a marital enrichment class beginning Feb. 29. The fee is \$150 per couple. Call Miriam Jerris at (248)543-7496 for more information.
The Birmingham Temple is at 2861 West 12 Mile Road, Farmington Hills.

BETHANY
Bethany, a Catholic non-profit organization, provides spiritual, social and education assistance to divorced and separated Christians through peer-to-peer ministry.
Bethany Rochester meets every Wednesday in the lower level of St. Andrew Parish Center, 1234 Inglewood, Rochester, at 7:30 p.m. Contact Steve at (248)623-1364. St. Andrew's is in the Oakland County Pontiac Vicariate.
Bethany South Oakland meets the fourth Thursday of each month at St. Dennis Church Office, 12 Mile and Stephenson Highway, Royal Oak, at 7:30 p.m. Contact Betty Jenn (248)524-9274. St. Dennis is in the Southeast Oakland Vicariate.

ST. ANASTASIA
St. Anastasia Catholic Church, 4721 John R., Troy, will hold a Big Band Bash at 7 p.m. Saturday, Feb. 19, at the church.
Bethany has no formal membership or yearly fees.

ADAT SHALOM
Adat Shalom Synagogue is located at 29901 Middlebelt Road in Farmington Hills. Rabbi Daniel Nevens and Rabbi Herbert Yoskowitz serve the congregation. Cantor is Howard K. Glantz.
Services are held on Friday at 6:45 p.m., Saturday at 9 a.m. and 6 p.m., Sundays at 8:30 a.m. and weekdays at 7:30 a.m. and 6 p.m.
Call 861-6100 for more information.

Genealogical Society to meet
The Northville Genealogical Society will meet at 2:30 p.m. Sunday, Feb. 13, at the Northville District Library, 212 W. Cody Street.
Betty Sutton, president of the Northville Genealogical Society, will present a program, "Genetics and You." A beginner's class will precede the general meeting at 1:30 p.m. for anyone interested.
For information about the meeting or the society, call 349-1276 or 348-1325.

Camp Corner Directory

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Equipment, meals, and camp using everything from food supplies to chocolate. Ages 8-11

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For information contact Rich: 734-953-2069

Ugliest Bathroom Contest

Sponsored By 750 WJR, The Observer & Eccentric Newspapers, Building Industry Association and Mathison Supply of Livonia, Garden City and Canton.

Win a \$10,000 Dream Bathroom!

Take a photo of your ugly bathroom and bring it to any Mathison Supply store or mail it to WJR, Ugliest Bathroom Contest, 2100 Fisher Building, Detroit, MI 48202.

The winner's bathroom will be upgraded with new fixtures, tile, medicine cabinet and accessories with a value of up to \$10,000.

And, be sure to visit the WJR and Mathison Supply booths at:

MACOMB HOME IMPROVEMENT SHOW
MACOMB SPORT & EXPO CENTER
FEBRUARY 18-20, 2000

All entries become the property of WJR. No cash equivalent. Judges decision is final. No purchase necessary. Winner will be announced May 13, 2000.

Employees of WJR Radio, The Observer & Eccentric Newspapers, BIA and Mathison Supply are not eligible to enter.

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