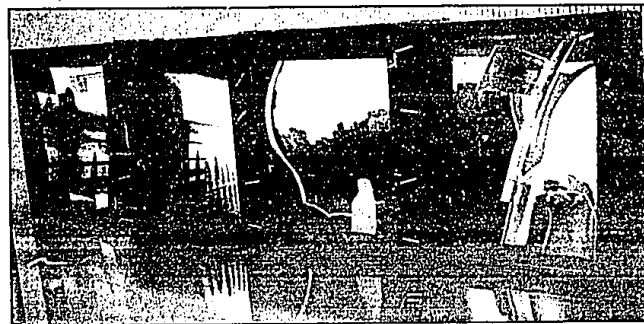


Student art on exhibit at library



STAFF PHOTO BY BILL BRENNER

3rd place: Three-dimensional art by Merrill Stulberg



STAFF PHOTO BY BILL BRENNER

Panels: Keith Fleck took first place for this three-dimensional piece.



STAFF PHOTO BY BILL BRENNER

Viewing: Donna Goidsmith stopped by the Farmington Library to look at a ring in the display designed by her daughter Dana Lyons. Dana is a junior at Mercy High School.

Starry Night Gala is festival kick-off April 29

The third annual Festival of the Arts Gala with silent and live auctions presented by The Farmington Community Arts Council is slated for Saturday, April 29 at the William Costick Activities Center in Farmington Hills.

The event will be staged from 6:30-11 p.m. Cost is \$20 per person, or \$35 per couple and includes a gourmet dinner buffet.

Guest artists will be The Matt Michaels Trio, The Farmington Community

Arts Council mission is to present a unified voice to explore needs, foster communication and promote activities of art and culture.

For information, call 478-3256. Black tie optional.



Cats need varied diet for healthy life

blocks of tissue. Although a cat's body can manufacture non-essential amino acids on its own, it can't produce essential amino acids, so your cat's diet must provide these essentials.

Fat: This is the densest nutrient, delivering about twice as many calories per gram as protein or carbohydrates. Fat transports soluble vitamins through the body. Animal fat also contains essential fatty acids, which your cat's body can't produce on its own.

Vitamins and Minerals: These are critical for cats' energy conversion, enzyme function and bone development. High quality commercial cat foods contain ample amounts of both, so few actually need vitamin and mineral supplements in their diets.

Water: Water is an absolutely essential nutrient

and must be part of every cat's diet.

My cat likes to eat my houseplants. Are there any vegetables that I can give my cat to maybe satisfy his need to eat my plants?

I have a male cat named Teddy Bear who loves to eat houseplants as well as any cut flowers that come into the house. After he eats them, he throws up.

I have discovered that he likes to eat frozen peas. I let him have about 6 frozen peas a day and that seems to solve the problem of eating my plants.

Ben Cornell is a former Farmington Hills resident and retired veterinary aide and licensed wildlife rehabilitator. She will answer pet questions through her e-mail: bristol_dog@email.msn.com

BORDERS BOOKSTORE APRIL CALENDAR

■ Thursday, April 6 - 7 p.m.
Complementary/Alternative Medicine: Informal presentation on topical health issues. Dr. Michael Seidman, M.D., speaks on the trend towards alternative and complementary medicine. Learn about alternative ways of staying healthy. Seidman is an ear, nose, and throat specialist with Henry Ford Health System, and he has a National Institutes of Health grant to study antioxidants/aging and hearing loss. Event co-sponsored by Henry Ford Medical Center in West Bloomfield.

■ Wednesday, April 12 - 7:30 p.m.
Science and Judaism: Borders and Eilu v' Eilu, the adult Jewish learning project of the Michigan Conservative movement, invites you to check out this new monthly learning series, designed for young adults with a professional or personal interest in science, medicine, and Judaism. Learn with Rabbi Leo Buckman of the Jewish

Academy of Metro Detroit. Topic to be discussed: "Organ Donations - All Take and No Give?"

■ Thursday, April 13 - 7 p.m.
Poetry by Ron Gries: Retired Bloomfield Hills resident Ron Gries discusses and signs copies of his new book of poetry, "From Death to Life," which illuminates the 4 year journey he took with his wife while she battled cancer. Ron writes about the precious nature of life, the sadness of death, the totality of grief, the wonder of healing, and the overriding power of faith.

■ Monday, April 17 - 7 p.m.
Fibromyalgia: Henry Ford Medical Center of West Bloomfield co-sponsors the second installment in Borders' Health Talks. Listen as fibromyalgia expert Dr. Lydia Laschak, rheumatologist, dispels myths and illuminates facts about a misunderstood condition.

■ Monday, April 17 - 7 p.m.
Gardening Talk: Genetically Modified Organisms: Master Gardener Peggy Malnati presents an informative talk on

genetically modified organisms and how they are impacting both home gardens and the commercial food industry. An advocate for organic gardening, Peggy will cover issues as building disease and pest resistance into crops and genetically engineered "sterile" plants and their potential negative impact on health.

■ Tuesday, April 18 - 7 p.m.
Lenore's Natural Cuisine: Learn how to create nutritious meals as Lenore Baum, author of "Lenore's Natural Cuisine" discusses and signs copies of her new book.

■ Thursday, April 27
Writing Workshop: 7:30 p.m. Be a part of this popular group of budding writers. Designed to help develop your writing skills and creativity. All ages are welcome to participate in this monthly encounter with words.

Borders Books & Music Cafe is located at 30995 Orchard Lake Road, south of 14 Mile. Call 737-0110 for more information.



Guest Speaker:



NANCY SZERLAG

Sunday, April 9: 11:00 a.m.
Lavish Brunch in the Gardens with Nancy Szerlag, Gardening Columnist for The Detroit News and Master Gardener & Composter. Your contribution of \$40.00 will benefit the Children's Center. For tickets call 248-643-6360, press 0.

Sunday, April 9: 1:00 p.m.
Nancy Szerlag talks about herbs...how to grow them and creative ways to use in cooking. Free admission.

Sunday, April 16: 1:00 p.m.
Nancy Szerlag presents a season of color in the garden using annuals and perennials. Free admission.

NORTH GRAND COURT
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COLLECTION