

## MEDICAL DATEBOOK

Items for Medical Datebook are welcome from all hospitals, physicians, companies and residents active in the Observer-area medical community. Items should be sent to: Medical Datebook, c/o The Observer Newspapers, 36261 Schoolcraft, Livonia 48150, e-mail: [rekoglund@oe.com](mailto:rekoglund@oe.com), or faxed to (734) 591-7279.

## ONGOING

**OVEREATER**  
Overeater Anonymous will meet every Sunday 7-8:30 p.m. April-June in the St. Mary Hospital Pavilion, Conference Room A, 36476 Five Mile, Livonia. Another group meets every Thursday evening 7:30-9 p.m. in Unity Church, 28680 Five Mile, Call Kathleen at (734) 427-8612.

**AA & ALANON**  
Alcoholics Anonymous & Alanon meet Wednesdays and Sundays from 8:30-9:30 p.m. at Garden City Hospital North Entrance (6254 Inkster Road) at Garden City. Contact (248) 541-0565 or (734) 776-3415. Everyone's welcome. Alanon meeting Sunday only.

**BLOOD PRESSURE SCREENINGS**  
Marquette House, a residential assisted living facility in Westland, will hold blood pressure screenings every fourth Tuesday. Screenings are open to the public from 11 a.m. to noon at the Marquette House, 36900 Campus Drive (across from John Glenn High School), Call (734) 326-6537.

**WEIGHT LOSS CLUB**  
The Merry Bowl Trimmers Club, a weight loss support group, meets at 7 p.m. every Tuesday at the Livonia Senior Civic Center, 16218 Farmington Road. The program is open to both men and women. The cost is \$4 a month. Call (734) 425-5675.

## THROUGH MAY 2

**FOOD FOR HOLISTIC HEALTH**  
The Tree House in Farmington, 22908 Mooney Street, offers a seven-week class 7-9 p.m. every Wednesday. Learn the five rites of Tibetan exercises and why Jack LaLanne is still strong at age 85. Cost: \$95 (paid at first class). Call (248) 473-0624 to register.

## APRIL 11 &amp; 18

**CHIATSU**  
Learn the traditional Japanese method of balancing body energy. Done on the floor over the clothing, this energizing treatment promotes health and well-being. Bring a mat and dress comfortably. Class runs Tuesday, April 11 and 18, from 6-9 p.m. Cost is \$75. The Healing Arts Clinic is located at 340 N. Main Street No. 205 in Plymouth. Call (734) 207-0557 to register.

## TUE, APRIL 11

**HORMONE REPLACEMENT**  
The Henry Ford Medical Center-Fairlane will sponsor a lecture on "Hormone Replacement Therapy and Natural Hormones" 7 p.m. at the medical center, 19401 Hubbard Drive at Evergreen, Dearborn. Call (313) 982-8384.

## WED, APRIL 12

**STROKE SCREENING**  
Life Line Screening will conduct stroke and vascular disease tests - carotid artery, abdominal aortic aneurysm and ankle brachial index - at the Marquette House, 36900 Campus Drive, Westland. Bone density testing also available. Must register at least 24 hours in advance. Call 1-800-407-4567 to schedule an appointment.

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## FRI, APRIL 14

**STRESS MANAGEMENT**  
Madonna University in Livonia will host a stress management lecture featuring John M. Cotter, Ph.D., a staff psychologist in Botaford Hospital's Department of Neurology and certified hypnotherapist. He works with issues of anxiety, memory and concentration, study habits and relaxation therapy. Admission is \$5. Contact Madonna University's Psychology Department at (734) 432-5734.

## SAT, APRIL 15

**FOOD FOR HOLISTIC HEALTH**  
The Tree House in Farmington, 22908 Mooney Street, presents a "Health Starts with Food" class

11 a.m. to 1 p.m. Learn about foods your body needs to avoid and eat a gourmet meal free of allergy-causing foods. Presenter Monica Levin is a registered holistic nutritionist. Cost is \$20. Call (248) 473-0624 for reservations.

## TUES, APRIL 18

**BONE DENSITY**  
Allterra-Clare Bridge of Livonia, 32500 Seven Mile, will feature a discussion on "Osteoporosis and Bone Density," 6-7:30 p.m. in the community center. Bone density screen available. Call Nanette Cooper or Denise Manion for reservations at (248) 428-7055.

## LYME DISEASE

The Lyme Disease Support Group will meet at 7 p.m. at the First United Methodist Church, 3 Towne Square, Wayne. Call

Connie, (734) 362-3502 for more information.

## THUR, APRIL 20

**IMMUNIZATION CLASS**  
Providence Mission Health Medical Center-Livonia will host an immunization event from 4-7 p.m. at 37695 Seven Mile Road in Livonia. Cost is \$5 per child and includes all vaccines your child needs except chicken pox. Bring immunization records. Call (877) 345-5500 for information.

## MANIC DEPRESSIVE

The Manic Depressive and Depressive Association of Metro Detroit will hold a "dual diagnosis" meeting 7-9:30 p.m. on the first and third Thursday of each

month. Call Gary at (313) 632-4217 or Mary Ann at (734) 284-5503.

**SCLEDEROMA MEETING**  
The Livonia Scleroderma Support Group will meet at 7 p.m. in the first-floor classroom at St. Mary Hospital, 36575 West Five Mile Road. Call Barbara Case, (734) 484-3044. For information on the Scleroderma Foundation-Michigan Chapter, call (248) 348-2899.

## WED, APRIL 26

**ERECTILE DYSFUNCTION**  
A program on "erectile dysfunction" (impotence) presented by Dr. John Frederick Harb 7 p.m., St. Mary Hospital, 14555 Levan Road, Livonia. Call 462-5555.

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## CORRECTION NOTICE

In our April 9 insert, we advertised 2 CDs as available Tuesday, April 11. The release dates for both *Outta My Way* by the Flys and the *American Psycho* Soundtrack have been delayed. Both titles are expected to be available soon. We will be offering rainchecks for these titles. We apologize for any confusion or inconvenience this may have caused.



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