

# Feathered friends need to wash, too



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Our bird bath has been a constant source of entertainment since we got it.

We have all enjoyed watching the antics and interactions of birds using the bath. It also seems very reminiscent of people bathing.

First of all, many times there is a line for the bath.

Birds may be waiting on the edge of the bird bath, on the ground near the base, or on a branch nearby. Only one tub means that some must wait. This reminds me of waiting in line for a shower at the campground.

In the bird world, bigger birds get to bathe first.

If a small house finch is bathing and a robin arrives, the finch makes a hasty departure. Fortunately, a bird bath does not take too long, so the finch can return in a short time to finish.

Watching a bird bathe can be very entertaining. Some of them really get the water splashing with wings, tails, or both. Others seem more sedate when bathing.

I've also enjoyed watching the sequence of bathing. Some birds will wag their tail and rumple in the water, then move on to do one wing and then the other wing.

Washing a wing generally involves dipping the wrist into the water, rolling the water back onto the wing and then

flapping the wing in the water. Sometimes they squat down in the water and open their wing slightly to make sure water gets in the wing pit.

People certainly know how important it is to wash that area thoroughly.

Doubling wing flapping while squatting, rocking and riling, is another technique that is frequently used. The really gets the water turning and splashing into all those hard to get to places.

Once the bath is finished, then it's time to dry off.

Drying often starts with a good hard shake. In the early morning when the sun is low, water drops flying from the feathers reflect the sun and create a bird in a "bubble" effect.

Then, just like people run their hands through their hair to squeeze the excess water away, birds will stroke their flight feathers through their bill to remove the excess water. This is important since a bird needs to fly efficiently if a predator should come upon its bathing retreat.

A mourning dove I watched was very methodical in drying after its bath. In the morning sun it raised one wing vertically while sitting on the ground and kept it up so the wing pit faced into the sun. Periodically, it would flip its wing back in place and ruffle its feathers before stretching out its wing again.

It seemed like it directed its wing pit toward the sun when it changed wings.

We know how important it is to get those pits dry. They seem to feel the same way.

## RACE FACTS

■ **WHERE:** Sunday, April 23, The 5K Run/Walk starts at 10:30 a.m. at the West Bloomfield High School and runs along the 5K Run/Walk route.

■ **WHERE:** All runs start at West Bloomfield High School, located at 4000 Oak Lake Road, West Bloomfield, Mich. 48090.

■ **WHERE:** The 5K Run/Walk route is a loop that starts at the high school, goes south on Oak Lake Road, west on West Bloomfield Road, north on West Bloomfield Road, east on West Bloomfield Road, and back to the high school.

■ **REGISTRATION:** Late registration is one week after the race, but there is no guarantee of a T-shirt for late registration. Costs are \$23 for the 5K Run/Walk and \$35 for the 10K Run/Walk. Registration for the 5K Run/Walk is \$10. Registration for the 10K Run/Walk is \$15.

■ **AWARDS:** The overall male and female winners in the 5K Run/Walk and 10K Run/Walk will receive a T-shirt and a medal. The winners of the 5K Run/Walk will also receive a cash prize.

■ **RECORDS:** The 5K Run/Walk record is held by Doug Curtis (1:57:20) in 1998. The 10K Run/Walk record is held by Doug Curtis (3:55:00) in 1998.

■ **FOR MORE INFO:** Call West Bloomfield Parks and Recreation at (248) 790-2500.

## WEST BLOOMFIELD HALF-MARATHON

# Race director hopes for record turnout

BY CHRIS MATYER  
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One of the year's most anticipated events — the prestigious West Bloomfield Half-Marathon, 5K Run/Walk and Kids Fun Run — is just a week away.

Runners from across the area will converge on West Bloomfield High School April 30 for the 24th annual event. The half-marathon, a challenging 13.1-mile race conducted on paved roads and bike paths amid scenic, rolling terrain, attracted some 734 participants last year. More than 1,200 runners and walkers partook in the overall event.

Last year and organizers are hoping for another substantial turnout in 2000.

The West Bloomfield Half-Marathon, 5K Run/Walk and Kids Fun Run is coordinated by West Bloomfield Parks and Recreation.

"I'm hoping for a record turnout this season," race director Jerry Krawchuk said Wednesday. "We have a total of about 600 registrants to this point, and we're hoping for over 1,000 runners in the three races. Those numbers might not match an event like the (Detroit Free Press/Flagstar Bank International Marathon) in Detroit, but we're very happy with that considering the size of our department."

Krawchuk, in his third year as race director, says the significant level of community involvement is a tribute to the event's popularity. Major sponsors for this year's races include Singh Development Inc., Pizana's Appliance, Hodge Subaru, Paddock Pools of Eastern Michigan Inc., Robertson Brother's Pool Service, and Homedics U.S.A. Inc.

■ **I've read quotes from people who have run in the past, and I think runners appreciate the friendliness of the volunteers out on the course. I think it's really a combination of everything that makes this event so special.**

Jerry Krawchuk  
— WB race director

Other defending champions include Birmingham Marianne grad Colleen Conway in the women's division of the half-marathon (1:26:48), Paul Rice in the men's 5K (16:39) and Katie Kramer in the women's 5K (20:56). Kramer, only 14 years of age, became the youngest runner to ever win a race at the event.

"It breaks my heart not to be there (at the half-marathon), but I'm hoping to back next year," Stopen said. "I do think the race in West Bloomfield is very special or I wouldn't go back. ... The people there really do a tremendous job putting it together, and it's a nice time of year to go out and run 13 miles."

That event got a big turnout because it's special. It's a good activity for people to attend. It's not just a race, it's an activity."

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