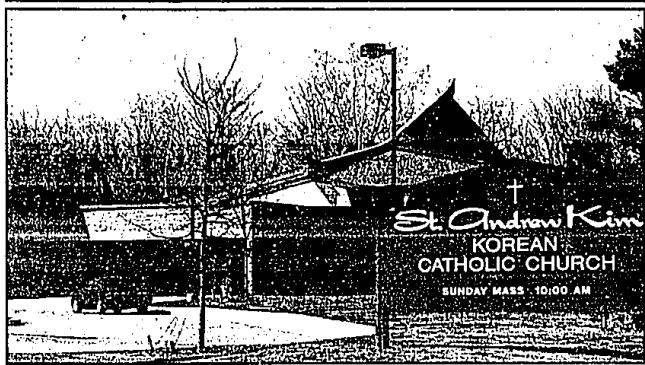


SPREADING THE WORD



STAFF PHOTO BY BILL DICKERSON

Church serves Korean Catholics

St. Andrew Kim Roman Catholic Church in Farmington Hills is the only congregation for Catholic Korean-Americans in Michigan. The church, 21177 Halsted west of Eight Mile, moved there in November 1977. The congregation was established in 1975 in Southfield and moved to different locations

before finding a permanent home in Farmington Hills. It has 240 member families from throughout the area. All but one of the Masses are said in Korean. The Rev. Blase Leo is pastor. Jamie Kim is church secretary. Weekly Masses are 7:30 p.m. Tuesday-Thursday; 9 a.m. Friday-Saturday; and 10 a.m. and

11:30 a.m. Sunday with Sunday school in English. June 3-4, St. Andrew Kim will celebrate its 25th anniversary. On Saturday night, there will be confirmation and a choir concert. At the 10 a.m. Mass Sunday, Cardinal Adam Malia will preside for an anniversary celebration. For information, call the church office at 442-9026.

Councilwoman is Unitarians' guest speaker

Universalist Unitarian Church of Farmington Sunday Program for May 7. Guest speaker Maryann Mahaffey, Detroit City Council president pro tem,

returns to the pulpit. Also, inductions to the Honorable Order of the Red Vest senior group. UUCF is a family-oriented liberal religious community

nurturing the human spirit, social action and the global environment. Services and Sunday School at 9 and 11 a.m., 26301 Halsted.

Spreading the word

Editors note: In the coming months, we will highlight the many religious institutions in Farmington and Farmington Hills. The following form will be of help when supplying us with your information. Please be sure to include a contact name and phone number.

Name of religious institution:
Address:
When organized:
Number of families in congregation:
Denomination or mission:
Congregation leader's name and title:
Special programs offered:
Additional pertinent information:
Contact name and phone number:

Please mail your information to:

Community Life Editor, Mary Rodrigue
Farmington Observer
34111 Grand River
Farmington, Mich. 48335

If you have any questions, please call Mary at (248) 477-5450.

JCC to offer sports camps

The Jewish Community Center will offer several sports camps starting in June. Among them are: NFL Flag Football, inline hockey, Oasis Golf, girls volleyball, Oakland Gymnastics, WNBA Detroit Shock Girls Basketball and NBA Basketball Hoops.

Each camp is created for youths who are interested in learning a specific sport, working on their skills and having fun. Campers are divided by age and skill level.

Camps are offered in one-week sessions from Monday through Friday from 9:30 a.m. Call 661-1010.

Spiritual health affects the body

A question in health care these days is the importance of a patient's religious/spiritual tradition or set of beliefs and its role in the return to physical or emotional or spiritual health of a person.

Most of the world's religious traditions, both ancient and modern, attest to the positive when addressing this issue. It is only with the advent of the scientific revolution that the physical health of a person became split off from the rest of the human.

As my colleagues and I prac-

YOUR FAITH

tice pastoral psychotherapy, the area of behavioral/spiritual health care, which implicitly accepts and appreciates the belief or faith tradition which a client brings to the consulting room, not only the experience but the willingness and ability to sort through and come to terms with one's beliefs provides a piece of the firm foundation on which a stable personality is built.

A conflict with God, a feeling of unworthiness, an inability to



Paul Melrose

forgive or be forgiven, a search for reconciliation which seems elusive, a sense of guilt or shame which is too devastating to the person to offer in prayer are profound spiritual issues which eat away not only at the soul, but the psyche and the physical self as well.

The partnership which is occurring more often between professionals trained not only in the physical or behavioral arts and sciences but also with training, or at least an educated understanding of the importance of religious and spiritual beliefs demonstrates the way in which doctors, therapists of all kinds, clergy of all of the major faith traditions try to work together for the cure and healing of the person in need. To try to argue that some want to rely only on the religious tradition for healing is to try again to divorce one's faith from the rest of one's life, something which modern culture attests is not what people in need of health and wholeness are seeking.

Recent surveys demonstrate the active religious beliefs of our citizens. Other surveys overwhelmingly affirm the importance of prayer and its role in health care. A Gallup poll of the early 1990s revealed that a majority of persons seeking mental/behavioral health care wanted to be sure that the therapist not only welcomed their religious beliefs as a part of the therapy but also many wished that the therapist might even share his or her own religious belief.

So, can your faith make you well? Your faith can move you a long way toward health and wholeness. It is part of the healing arts and the cornerstone of most of our lives.

Paul J. Melrose is a United Methodist minister affiliated with the Samaritan Counseling Center of Southeastern Michigan with offices in Farmington Hills and Birmingham. He can be reached at 248-474-4701.

Senior trip to Mackinac

Farmington Hills Senior Adult division and the Michigan Recreation and Parks Association present a trip Sept. 30-Oct. 4 to Mackinac Island Grand Hotel. See the splendor of the Grand Hotel. The trip includes an array of activities plus all transportation, tips, four nights at the Grand, full breakfast each day, five-course dinner every night, dancing and extras.

You must be 50 or older to attend. This is a first come, first serve trip, and the last day to register is July 7. Cost is \$899, double occupancy. Final payment will be due Aug. 25.

A murder-mystery evening, champagne reception, live comedy performance, horses drawn island tour, special pricing on bicycle rentals, golf, photos, luncheons movies and nightly dancing are included.

\$200 per person is due at registration. Cancellations after Aug. 25 will not receive refunds; no exceptions. Forms available at the Coeck Center.

Spring HEATING & COOLING SPECIALS FROM KAST! FREE ESTIMATES! 10 S.E.E.R., Top Rated, Quality Construction, Five Year Parts/Labor FROM \$1,595.00. 80% Efficient, A/C Prepped, Electronic Ignition, Multi-Speed Blower, Five Year Parts/Labor FROM \$1,595.00. KAST Heating & Cooling. A Blue Dot Service Co. AC • Heating • Plumbing • and more.

Saint Mary's College Open House Wednesday, May 10, 6-8 PM College Academic Center. Open House Features: Financial Aid Estimates, Transcript Evaluations, Campus Tours, Meet Faculty. \$5,000 Scholarship available. For more information, call (248) 683-0528 www.stmarys.ois.edu

Every Summer thousands of children look forward to camp... Camp Corner Directory. Includes ads for Northville Montessori Center Summer Day Camp, USA Michigan Volleyball 2000 Summer Camp Series, The International School Day Camp, Basketball America Summer Camps, Orchard Lake St. Mary's Boys-Girls Basketball, Adventure You Want It? We'll Get It!, Rochester Hills Stables Summer Day Camp, and Camp Corner on beautiful Lake Huron.