

MEDICAL DATEBOOK

Items for Medical Datebook are welcome from all hospitals, physicians, companies and residents active in the Observer's medical community. Items should be sent to: Medical Datebook, c/o The Observer Newspapers, 36251 Schoolcraft, Livonia 48150, e-mail: rskoglund@aol.com, homecomm.net or faxed to (734) 591-7279.

ONGOING

OVEREATERS
Overeater Anonymous meets every Sunday 7:30 p.m. through June in the St. Mary Hospital Pavilion, Conference Room A, 36475 Five Mile, Livonia. Another group meets every Thursday evening 7:30-9 p.m. in Unity Church, 28050 Five Mile. Call Kathleen at (734) 427-8612.

AA & ALANON
Alcoholics Anonymous & Alanon meet Wednesdays and Sundays 8:30-9:30 p.m. at Garden City Hospital North Entrance, 5254 Inkster Road, Contact (248) 541-0505 or (734) 776-3415. Everyone's welcome. Alanon meeting Sunday only.

BLOOD PRESSURE SCREENINGS
Marquette House, a residential assisted living facility at 36000 Campus Drive in Westland (across from John Glenn High School), holds blood pressure screenings every fourth Tuesday. Open to the public 11 a.m. to noon. Call (734) 326-0537.

SUN, MAY 7

CHEMICAL SENSITIVITY
Celebrate Multiple Chemical Sensitivity Awareness Week at The Good Food Company, 42015 Ford Road between Sheldon and Lilley 1/2 mile west of 1275 in Canton. Guest speakers will discuss issues of indoor air quality and alternative pest management. Videos, refreshments, and printed information. Contact MCS Friends for times at (248)340-4972.

MON, MAY 8

THYROID DISORDERS
The Michigan Thyroid Disorder Support Group will meet 6:30 in the Plymouth Library, 223 S. Main Street. Call Tracy Green at (734) 453-7945. Web site <http://community.mlive>.

convco/thyroid

TUES, MAY 9

EXERCISE SEMINAR
St. Collette Parish Health Ministry will offer a seminar on "Exercise: Can it save your life?" with Dr. Steven Keteyian, exercise physiologist at the Henry Ford Heart and Vascular Institute at 7 p.m. in the church, 17600 Newburgh Road in Livonia. Call for reservations (734) 464-4438.

ADVANCE DIRECTIVES
Heartland Home Health Care & Hospice will present "Advance Directives: When and how soon should they be in place," 6-7:30 p.m. in the community center of Akrona Clara Bridge of Livonia, 32500 Seven Mile. Call Nanette Cooper or Denise Mannion for reservations.

WED, MAY 10

HEARING IMPAIRED
Self Help for Hard of Hearing People (SHHHH) of Western Wayne County will be meeting 7:00 PM at the Garden City Hospital, Alfred Broekie Medical Office Building downstairs classroom. Contact Robin Leitner at (734) 595-0184 evenings or e-mail MichRobin@aol.com.

THURS, MAY 11

EXERCISE
Oakland Physical Therapy, PC., will present "Exercises and Techniques in Stress Reduction" 7 p.m. at the Providence Medical Center, 47001 Grand River Avenue, Suite B124, Novi (intersection of Grand River and Beck Road). No charge. Reservations required. Call (248) 380-3550.

MON, MAY 15

RESTLESS LEG SYNDROME
The Restless Leg Syndrome Support Group will meet at 7 p.m. at Henry Ford OptimEye, 35184 Central City Parkway in Westland to discuss medications and exercise. The meeting will feature a video by California-based physician Dr. Vuchefuhrer. For more information, call Jan Prentice at (734) 453-4847.

TUES, MAY 16

LYME DISEASE
The Lyme Disease Support Group will sponsor a "Lyme Disease Education Night" at 7 p.m. at the First United Methodist Church, Wayne. Call Connie at (734) 326-3502 for more information.

WED, MAY 17

DYSLEXIA SUPPORT
The Michigan Dyslexia Institute - Detroit Metro Center will host a meeting on the Section 504 of the Rehabilitation Act of 1973 as related to accommodations for students/adults with dyslexia. Parents, advocates, professionals and students encouraged to attend. Meets at 6:45 p.m. at the MD Institute, 30230 Orchard Lake Road in Farmington Hills, Suite 130.

HEALTHY FOOD
Learn how the energy of food can help strengthen your internal organs. Presented by Macro Val 6-8 p.m., 30561 Krutner, Apt. 3C, Garden City. No cost. Complimentary dessert and tea. Call (734) 261-2858.

THUR, MAY 18

IMMUNIZATION CLINIC
Providence Mission Health Medical Center-Livonia will host an immunization event from 4-7 p.m. at 37595 Seven Mile Road in Livonia. Cost is \$5 per child and includes all vaccines your child needs except chicken pox. Don't forget to bring immunization records. Call (877) 345-5500 for information.

EXERCISE
Oakland Physical Therapy, PC., will present "Fit After Fifty" 7 p.m. at the Providence Medical Center, 47001 Grand River Avenue, Suite B124, Novi (intersection of Grand River and Beck Road). No charge. Reservations required. Call (248) 380-3550.

TUES, MAY 23

RESTLESS LEG SYNDROME
The Restless Leg Syndrome will meet at 2 p.m. at Henry Ford OptimEye, 35184 Central City Parkway in Westland to discuss medications and exercise. Garden City Hospital nurse Marilyn Armerage will be the featured

speaker. For more information, call Jan Prentice at (734) 453-4847.

MAY 24-JUNE 14

HEALTHY EATING
Learn to cook whole grains, beans/soy, tempeh, sugar-free desserts and lots more in a four-week cooking series by Micro Val, 30561 Krutner, Apt. 3C, Garden City. Call (734) 261-2858.

WED, MAY 31

BLOOD DRIVE
The American Red Cross will hold a blood drive sponsored by the Canton Hindu Temple (44955 Cherry Hill Road) from 2-8 p.m. Wednesday, May 31. For information call (734) 981-8730.

JUNE 3 & 7

STOP SMOKING
Providence Hospital will present smoking cessation programs 10 a.m. to noon Saturday, June 3, Novi Park; Providence Medical Center-Providence Park 47601 Grand River (Beck Road entrance), Novi; and 6:30-8:30 p.m. Wednesday, June 7, Providence Medical Center-Livonia: Mission Health Medical Center, 37595 Seven Mile (at Newburgh), Livonia. For reservations, call 1-877-345-5500.

SAT, JUNE 10

CARDIAC LIFE SUPPORT
Prerequisite for initial training: proof of current Health Care Provider BLS card. Retraining: proof of current Health Care Provider BLS card and current ACLS certification. Class is offered Saturday and Sunday, June 10 and 11, from 8 a.m. to 5 p.m. St. Joseph Mercy Hospital/Michigan Heart & Vascular Institute (734) 712-2948.

MON, JUNE 12

THYROID DISORDERS
The Michigan Thyroid Disorder Support Group will meet at 6:30 in the Plymouth Library, 223 S. Main Street. For more information, call Tracy Green at (734) 453-7945. Web site <http://community.mlive>.

THYROID SUPPORT

The Michigan Thyroid Disorder Support Group meets at the Plymouth Library, 223 S. Main, Plymouth. Dr. Ng of The Center for Holistic Medicine in West Bloomfield will discuss natural hormones and diet. Call Tracy Green at (734) 453-7945.

TOUCH FOR HEALTH

Learn to use muscle testing techniques, neuromuscular massage, acupuncture to strengthen weaknesses, relieve pain, and improve posture. Bring a "Touch for Health" book, available at book stores. Class runs Tuesday, June 13-July 25, from 6-9 p.m. Cost is \$225. The Healing Arts Clinic is located at 340 N. Main. Please see DATEBOOK, D5

TUE, JUNE 13

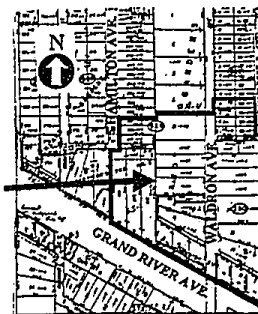
CITY OF FARMINGTON HILLS
CITY COUNCIL PUBLIC HEARING

DATE: MAY 18, 2000
TIME: 7:30 P.M.
PLACE: Farmington Hills City Hall
31555 Eleven Mile Road
Farmington Hills, MI 48336

ITEM: Planned Unit Development
Option Qualification #2, 2000

The City of Farmington Hills City Council will give formal consideration to Planned Unit Development (PUD) Option #2, 2000, which requests qualification of the site for redevelopment to a neighborhood shopping center. The property involved is located on the north side of Grand River Avenue, east and west of Waldron Avenue and is more particularly described as follows:

Sidwell 23-36-329-014, 024, 025, 026, 027, 030; 23-36-330-001 thru 006 & 012; 23-36-328-016, 017, 018, 023, 024, 026 thru 030, 041, 042, 043. A part of the Southwest 1/4 of Section 36, T1N, R9E, City of Farmington Hills, Oakland County Michigan, located on the north side of Grand River Avenue, east and west of Waldron Avenue, including Richard Gardens Subdivision Lots 319, 320, 321; Supervisor's Subdivision No. 5 Lots 108, 109, 110; Grand Garden's Subdivision Lots 5 thru 9, and 16 thru 19; Supervisor's Subdivision No. 1 Lots 1 thru 6; Bolt Subdivision Lots 1 thru 4, and 25 thru 28.



The applicant in this matter is Steven J. Schafer, Phoenix Land Development.

Any person who is interested is invited to participate in the discussion of the planned Unit Development Option qualification request. The option qualification request and the Zoning Text and Map may be reviewed at the Planning Department, City of Farmington Hills, on any business day between 8:30 A.M. and 4:30 P.M.

DALE A. COUNTEGAN, Director
Planning & Community Development

Item: PUD Option 2, 2000
Phone: (248) 473-9543
(E-Mail) dcountegan@ci.farmington-hills.mi.us
Publish May 7, 2000

CITY OF FARMINGTON HILLS
31555 Eleven Mile Rd.
Farmington Hills, MI 48336

PLANNING COMMISSION PUBLIC HEARING

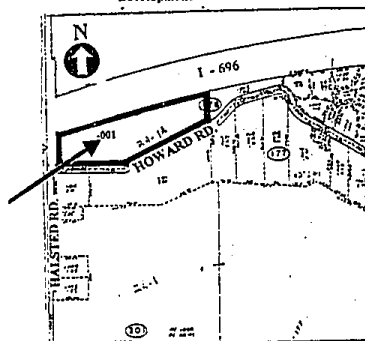
DATE: MAY 18, 2000
TIME: 7:30 P.M.
PLACE: Farmington Hills City Hall
31555 Eleven Mile Road
Farmington Hills, MI 48336

ITEM: Site Condominium Plan 2, 2000

The following item has been requested to be on the Planning commission meeting of Thursday, May 18, 2000, at 7:30 P.M. for Tentative Approval of Preliminary Plan, Section 27-38 of the Code of the City of Farmington Hills, Michigan.

PRELIMINARY PLAN

NAME: WHISPERING MEADOWS
REQUEST: Development of nine (9) Single-Family detached housing sites.
LOCATION: Northeast corner of Halsted and Howard Roads, Bidwell #23-17-178-001
ACREAGE: 9.50 Acres
ZONING DISTRICT: R1A-1A, Single-Family Residential District.
PROPOSER: Sam Baki, Baki's Unique Home Builder & Development



Any person who is interested is invited to participate in the discussion of the plan request. The plan may be reviewed at the Planning Office of the city of Farmington Hills on any business day between 8:30 a.m. and 4:30 p.m.

DALE A. COUNTEGAN, Director
Planning & Community Development

Item: Site Condominium Plan 2, 2000
Phone: 248/473-9543
(E-Mail) dcountegan@ci.farmington-hills.mi.us
Publish May 7, 2000

WHILE IT MIGHT NEVER WIN THE
LOTTO, SOME PEOPLE CONSIDER
IT THEIR LUCKY NUMBER.

If you're diagnosed with cancer, nothing is more important than getting healthy again. Fortunately, there's a number that can help. 1-800-865-1125. The nurses at the Cancer AnswerLine can provide valuable insight about specific types of cancer, including the latest research and treatment options. Or, they can help you get a referral or second opinion. If you - or someone you love - has cancer, don't hesitate to call the Cancer AnswerLine. It could be the first step at improving your odds.

Comprehensive Cancer Center

University of Michigan
Health System

Feel Better

www.cancer.med.umich.edu

1-800-865-1125