

Are You Overweight?

IT'S NOT YOUR FAULT!

THE PROBLEM

Chances are that you're like one of the millions of other people who have Insulin Resistance Syndrome. This syndrome causes an abnormally high release of insulin into your bloodstream. This extra insulin causes increased appetite, increased caloric intake, and causes new fat to be made and stored. This in turn causes unwanted weight gain and the inability to keep off any weight you might have been able to lose in the past.

It's a condition that results in a vicious cycle of weight gain which causes even higher levels of insulin to be released, which further increases appetite that adds more weight...and on and on. This inability to control weight gain can, tragically, lead to diabetes, hypertension, stroke, and heart disease.

THE SOLUTION

At Last! You can break this yo-yo cycle at the Clinical Weight Management Center. CWMC is a physician-based facility that can successfully address the problem of losing weight and keeping it off. A simple blood test will determine if you have Insulin Resistance Syndrome. Once a patient has been diagnosed as having the syndrome, the medical team will prescribe and monitor your use of FDA approved Metformin, in use since 1995.

Use of the drug Metformin modifies the release of insulin, which reduces your appetite, limits caloric intake and decreases the production and storage of new fat. It can be characterized as leading to a positive cycle...less insulin, less appetite, less calories taken in, less fat made and stored and more weight lost.

A Comprehensive approach to weight loss

The Clinical Weight Management Center is the first practice in Michigan to offer this new weight management program.

The Center's program is built upon a comprehensive and total approach to weight loss. The program includes medical supervision by board certified physicians, one-on-one counseling, group support, behavior modification, personalized eating and exercise plans and personal motivation and relaxation training. This new program is based on the use of the FDA approved medicine Metformin and on techniques that have been tested and proven easy and safe to follow under the supervision of a physician. The Center not only treats adults but obese children as young as 8 years of age.

Under the direction of a Board certified internist, who also served on the FDA drug advisory board for 4 years, the Center has developed an in depth medical and psychological approach to weight loss. By following the CWMC's program, patients are able to lose weight and can maintain the weight loss over long periods of time.

THE RESULTS

Weight loss of as much as 30 to 40 pounds in 6 months and 60 to 80 pounds in a year have been reported with the use of Metformin. As your insulin resistance is treated, you'll rapidly experience a marked decrease in your appetite, making it easier for you to lose weight and keep it off.

Weight loss can be permanent for people who are maintained on Metformin after their weight loss goals have been achieved. This is a safe program that requires a physician's supervision.

Possible other benefits of this program are:

- ✦ Lower cholesterol, triglycerides, and betalipoproteins
- ✦ Reduced development of atherosclerosis
- ✦ Reduced insulin levels
- ✦ Improved cellular immunity
- ✦ Type 2 diabetes can be reversed
- ✦ The program is extremely effective for women with polycystic ovary syndrome, which is characterized by obesity, infertility, and unwanted facial hair.

TAKE CONTROL

If being over weight has been a physical and emotional burden for too long, you owe it to yourself to be free of the guilt and start living the life you've always wanted. Call us today for an Insulin Resistance Tolerance screening. Over 80% of overweight people have this defect which can be easily and safely treated.

Let the Clinical Weight Management Center help you start on the road to a healthier, happier and more exciting life.

Call today for more information and to schedule a screening.

CALL TODAY
1-248-988-8900



**CLINICAL
WEIGHT
MANAGEMENT
CENTER**

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