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Calvary Baptist Church will present Veritas Christian Research Ministries and "A Christian World View: Medicine and Morality" at the church, located at 43065 Joy Road, Canton (between Lilley and Morton Taylor/Main Street). Dr. Robert Evans, founder of Veritas Ministries, will present the following topics: "The Image of God and the Moral Status of Life" - 11 a.m. and 6 p.m. Sunday, March 11; "East Meets West: The Christian Stake in Alternative Medicine" - 7 p.m. Monday, March 12; "Playing God: The Christian Stake in Genetic Engineering" - 7 p.m. Tuesday, March 13; and "A Christian Manifesto in a Culture of Death" - 7 p.m. Wednesday, March 14. Call (734) 455-0022.

## MARCH 12

**COMBAT FITNESS**  
The Livonia Department of Parks & Recreation, in conjunction with Applied Fitness, presents two, five-week "Combat Fitness" classes at the Livonia Community Center. One class runs 6-7 p.m. Monday and Wednesday and the other 6-7 p.m. Tuesday and Thursday. The high-intensity, cardiovascular and strength conditioning class incorporates various military "basic training" exercises with kick boxing drills. Recommended for the intermediate and advanced fitness practitioner. \$50. Class space is limited. Register at Parks & Recreation. Call (734) 468-2410.

**LIVESAVING COURSE**  
The Livonia Department of Parks & Recreation will offer a six-week American Red Cross Lifesaving Course for those age

15 and over. Classes will be held 6:30-9:30 p.m. Monday and Wednesday at the Livonia Community Center. \$35. Successful completion of the course may lead to employment with the City of Livonia. Class space is limited to the first 20 participants. Register at Parks & Recreation. Call (734) 468-2410.

## MON, MARCH 19

**GAMBLING**  
An estimated 1 percent to 2 percent of the general population become compulsive gamblers. People in this group lose control of their betting, often with serious and sometimes fatal consequences. St. Mary Mercy Hospital is offering a class to address these consequences 6-7:30 p.m. March 19 in West Addition B. Pre-registration is requested. Call (734) 655-2944.

## SAT, MARCH 31

**PMS & MENOPAUSE**  
Suffering from depression, mood swings, hormonal imbalances, hot flashes, irritability and restless nights? Learn how to overcome PMS and menopause 11 a.m. to 12:30 p.m. at Body Works Healing Center, 819 N. Mill Street, Plymouth. The cost is \$35. Reservations required. Call (734) 416-5200.

## Make connections at collegiate job fair

Graduating seniors can meet one-on-one with prospective employers at the 27th Michigan Collegiate Job Fair 9 a.m. to 3 p.m. Friday, March 30 at Burton Manor, 27777 Schoolcraft Road, Livonia.

More than 180 employers are expected to attend the fair, co-sponsored by Wayne State and Eastern Michigan universities and promoted by more than 80 other four-year and two-year institutions. ESD, the engineering society, is a supporting sponsor for the job fair.

To register for the fair in advance, students can send a résumé and check for \$10 to

Michigan Collegiate Job Fair, University Counseling and Placement Services, 1001 Faculty-Administration Building, Wayne State University, Detroit MI 48202-3622.

Advanced registration must be received by Friday, March 23. On-site registration is \$20. Free parking available.

For more information, call Nannette McCleary at Wayne State at (313) 577-3390, Ken Meyer at Eastern Michigan University at (734) 487-1195, or by contacting local university or college placement offices. Information is available online at <http://www.mcjfair.org>

## AMA hosts job fair next Saturday

Contrary to local announcements of employee cutbacks, the proverbial "help wanted" sign still hangs on many door within the advertising and marketing industry.

The Detroit Chapter of the American Marketing Association (AMA) seeks to fill these positions at their third annual job fair 9 a.m. to noon Saturday, March 17 at Oakland University, Rochester, in the Oakland Center Building, Gold Room B.

"In spite of a slowing economy, there are still many good job openings right now in marketing," said David Stander, chairman of this year's job fair.

Entry-level, as well as senior management careers in advertising, sales promotion and marketing research, will be the focus of the job fair.

Representatives from three leading Detroit-based advertising and marketing communications agencies - Campbell-Ewald, PentaMark Worldwide (owned by BDO Worldwide) and J. Walter Thompson - will be on hand to meet personally with attendees during a two-hour networking period.

Attendance is limited to the first 300 people who make reservations. Call (248) 478-6910. The event is free. Job candidates should bring multiple copies of their résumé.

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## BUSINESS CALENDAR

### THRU MARCH

**SCORE**  
The Service Corps of Retired Executives will offer the following workshops: "Business Plan" 8:35 a.m. to noon Thursday, March 15 (\$40) at One Stop Capital Shop, 2051 Rosa Parks Blvd, Detroit; "Marketing Plan" 8:45 a.m. to noon Thursday, March 29 (\$65 in advance, \$75 a the door) at Executive Offices Building of Oakland County, 1200 N. Telegraph, Pontiac. Call SCORE at (313) 226-7947 10 a.m. to 3 p.m. weekdays to register.

### MARCH 13 & 20

**FINANCIAL WORKSHOPS**  
Morgan Stanley Dean Witter will offer the following workshops: "Smart Women Finish Rich" 7 p.m. Tuesday, March 13, Laurel Park Place Mall, (734) 432-7525; "Professional Investment Management" 7 p.m. Tuesday, March 20, Laurel Park

Place Mall, call (734) 432-7525.

### TUES, MARCH 13

**CAREER WOMEN**  
The West Suburban Chapter of the National Association of Career Women will meet 11:45 a.m. at Ernesto's, 41661 Plymouth Road, Plymouth. Guest speaker Janie Thomas, RN, from the Homeopathic Clinic in Ann Arbor will discuss "Women's Alternative Health." Luncheon cost is \$15 per member and \$22 for non-members. Call Brenda Durling at (734) 462-4670.

**ACG MEETING**  
The Southeast Michigan Chapter of the Association for Corporate Growth will host a breakfast meeting with Richard Beadle of the Executive Committee of Renaissance EXECUTIVE FORUMS of Michigan, 7:30-9:30 a.m. at the Excalibur Banquet & Convention Center. Call ACG, (877) 894-2754.

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**STOPPING ARTHRITIS MEDICATION**

If your joints are doing well on your present medications, you may wonder if your arthritis is resolving and if you need your arthritis drugs. There is nothing wrong with that notion, and you should test it out. However, it is not appropriate to stop your arthritis drugs, and then see what happens. The trouble with that approach is that you may learn painfully that you do need them. You could have a flare of joint pain, and the misery of needing to start all over again to control your arthritis.

Stopping cortisone taking no more tablets exemplifies the hazard of suddenly ending your medication. Going without this medicine quickly brings on a return of joint swelling and in addition causes you nausea and weakness that could necessitate hospitalization.

There is a way to stop medication that is to do so gradually. If you are on 10 milligrams of cortisone a day, and feel you don't need it, then go down to 8 milligrams a day. Stay at that dose for 2 weeks and if you still feel well, then decrease to 6 milligrams a day for 2 weeks. If you are taking celebrex and think you no longer need the drug, then go down from twice a day to once a day, or change from 200 mg a tablet, to the 100 milligram size.

If you no longer need the drug, you will be able to decrease to a zero amount. This approach takes time, but it is safe. In most instances, you will find you need a medication but that a lower dose suffices.

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