

MEDICAL DATEBOOK

Items for Medical Datebook are welcome from all hospitals, physicians, companies and residents active in the Observer-area medical community. Items should be sent to: Medical Datebook, c/o The Observer Newspapers, 36251 Schoolcraft, Livonia 48150. e-mail: rskoglund@aol.com, home.com.net or faxed to (734) 591-7279.

ONGOING

ALCOHOLICS ANONYMOUS
Alcoholics Anonymous meets 8:30-9:30 p.m. Wednesday and Sunday, Garden City Hospital (north entrance), 5254 Inkster Road, Algonquin meeting Sunday only. Call (248) 541-6585 or (734) 776-3415. Noon Tuesday and Thursday, Providence Medical Office Center, 39500 W. 10 Mile (at Haggerty), Novi. Call (248) 348-9352. Noon Wednesday, Livonia Mission Health Medical Center, 37595 Seven Mile Road, Livonia. Call (734) 953-1188.

IMPOTENCE
The Impotent Anonymous Support Group meets 8 p.m. the last Wednesday of each month at St. Mary Mercy Hospital, Marlin Professional Building, 14655 Levan, Livonia (Pavilion Conference Room A). For information, call (734) 462-5558.

FREE PROSTATE SCREENINGS

Saint Joseph Mercy Hospital will offer free prostate screenings on the fourth Thursday of each month in the radiology oncology department at the McAulay Cancer Care Center in Ypsilanti. Call the Saint Joseph Mercy HealthLine at (800) 231-2211.

ANXIETY DISORDER
Ward Presbyterian Church, corner of Six Mile Road and Haggerty, Northville, sponsors a Panic Attack & Anxiety Disorder Support Group meeting 7 p.m. the first Tuesday of each month. Call (734) 420-8175.

RECOVERY, INC.
Learn how Recovery, Inc. has been helping thousands discover and maintain good mental health for over 65 years. A support group meets at 7:30 p.m. every Monday at St. Matthews Methodist Church, Room 105, 30500 Six Mile Road, Livonia. For more information, call (313) 581-2521.

JUNE 18 & 26

BIRTHING CENTER TOUR
Prospective and expectant parents, family members and support caregivers are invited to tour the Miracle of Life Birthing Center at St. Mary Mercy Hospital, Livonia. The tours are designed for adults and children age 10 and older. Younger children are encouraged to attend a

"Sibling Class," which introduces important child-care skills and addresses sibling issues. Participants in meet at 6 p.m. in the Pavilion Lobby. Call (734) 655-1100 or 1-800-494-1615 (out-of-town callers).

JUNE 12-21

DIABETES CARE
St. Mary Mercy Hospital will offer "Taking Charge of Living with Diabetes," a series of five classes for diabetics 18 years and older, 7-9 p.m. in the hospital's Pavilion A. Medicare and other insurance providers may cover program costs. Pre-register by June 5. Call (734) 655-8940 or 1-800-494-1650.

WED, JUNE 13

HOME SAFETY FOR SENIORS
Are your senses not as sharp as they used to be? St. Mary Mercy Hospital will hold a lecture on how declining senses may affect home safety for seniors 1-3 p.m. in the hospital's Auditorium. A team of healthcare specialists will discuss age-related changes and offer strategies for protection of accidental injury. Register for "Home Safety" by calling (734) 655-8940 or 1-800-494-1650.

MANAGING DIABETES
The Diabetes support Group at St. Mary Mercy Hospital will host a discussion, "What You Should Know About Your Diabetes Pills," led by Dr. Deborah Briggel 7:08:30 p.m. in the Auditorium. The support group presents a new topic on the second Wednesday of each month for adult diabetics and family members. Call (734) 655-8940.

MON, JUNE 18

SCHIZOPHRENIA
To assist families of adult schizophrenic patients, the Department of Behavioral Medicine at St. Mary Mercy Hospital will offer a free lecture titled "Schizophrenia & Family Support" 6-7 p.m. in West Addition B. Presenter Alesta Davis

will provide information, discuss symptoms, and outline healthy responses to a patient's condition for family members. Specific support networking options also available. To pre-register, call (734) 655-2944 or 1-800-494-0277 (out-of-town callers only).

JUNE 21

IMMUNIZATION CLINIC
St. Mary Mercy Hospital in Livonia will offer Infant and Child Immunization Clinics from 5:30 to 8 p.m. in West Additions A and B. Pending availability of serum, all routine childhood immunizations to children under age 18. Please bring all available immunization records to be updated. No registration is required. The fee is \$5 per child. The hospital is located 36476 Five Mile Road, Livonia. Use the South Entrance from Levan Road. For more information, call (734) 655-8940 or 1-800-494-1650 (out-of-town callers only). Visit St. Mary Mercy Hospital's Web site www.stmarymercy.org.

TUES, JUNE 26

ANGELA HOSPICE
Angela Hospice grief support group meets 6:30 p.m. at Angela Hospice, 14100 Newburgh Road, Livonia. The ongoing group meets every second and fourth Tuesday of the month. Call Ruth Favor at (734) 464-7810.

SAT, JUNE 30

STRAWBERRY FESTIVAL
Alterra Wynwood of Northville, 40405 Six Mile Road, will host a Strawberry Festival 2-5 p.m. Proceeds will be donated to the local Alzheimer's Association. Raffle prizes include a round-trip ticket to any destination in the United States. Tickets for the event are \$5 (after June 27 they're \$7). Call Justine Galat at (734) 430-6104.

TUES, JULY 10

BREAST CANCER SUPPORT

The Breast Cancer Support Group will meet 7-9 p.m. at St. Mary Mercy Hospital in Livonia, West Addition B. Call (734) 655-1100 or 1-800-494-1615. The group also will meet Aug. 14.

JULY 23 & 28

STOP SMOKING
Providence Hospital will hold two Wellness Seminars for smoking cessation: 6:30-8:30 p.m. Monday, July 23 at Providence Medical Center - Livonia; Mission Health Medical Center, 37595 Seven Mile Road (at Newburgh), Livonia, 10 a.m. to noon Saturday, July 28 at Providence Medical Center - Providence Park, 47601 Grand River Ave (Beck Road entrance), Novi. Sessions include hypnosis and behavior modification. First 45 minutes of each session is free; afterwards, participants pay a one-time fee of \$59. Call 1-877-345-5500.

JULY 23 & 24

SAFE BABY-SITTING
St. Mary Mercy Hospital in Livonia will offer a two-day "Safe Sitter" course 8:30 a.m. to 3 p.m. in West Addition A. Registration deadline is July 16. The class teaches boys and girls ages 11-13 how to handle emergencies when caring for young children, including basic life-saving techniques, accident prevention, guidelines for summoning help and child-care tips. Call (734) 655-1100 or (800) 494-1615. A second session is scheduled for Aug. 6 & 7.

TUES, JUNE 26

THYROID CANCER
The Thyroid Cancer Survivors Association-SE Michigan support group meets 7-8:30 p.m. the 4th Tuesday on the month in the Gold Room of the Plymouth Public Library, 223 Main Street, Plymouth. Survivors, family and interested health-care professionals invited. Call (734) 397-2801.

BREASTFEEDING

St. Mary Mercy Hospital in Livonia will offer a breastfeeding class led by a certified lactation specialist 7-9 p.m. in West Addition A. Cost is \$25 and includes all materials. Call (734) 655-1100 or (800) 494-1615 (out-of-town calls).

JULY 26 & 28

WEIGHT REDUCTION
Providence Hospital will hold three Wellness Seminars for weight reduction: 3-5 p.m. and 6:30-8:30 p.m. Thursday, July 26 at the Providence Medical Center-Livonia; Mission Health Medical Center, 37595 Seven Mile Road (at Newburgh); and 1-3 p.m. Saturday, July 28 at Novi Park; Providence Medical Center, 47601 Grand River Avenue (Beck Road entrance). First 45 minutes of each session is free; afterwards, participants pay a one-time fee of \$59. Call 1-877-345-5500.

JUNE 26-AUG. 7

CHILD BIRTH EDUCATION
St. Mary Mercy Hospital will offer "Childbirth Education," a series of six classes 7-9 p.m. Tuesdays in West Addition A. The series also is offered Wednesdays, Aug. 1-Sept. 5; Mondays, Sept. 6-Sept. 17; and Mondays, Sept. 24-Oct. 29. Cost is \$65. The class teaches expectant mothers and their partners the Lamaze method for labor and delivery. A one-day accelerated workshop is scheduled 9 a.m. to 4:30 p.m. Saturday, Aug. 4 in West Additions A and B. The cost is \$75. Pre-register by calling (734) 655-1100.

THUR, JUNE 28

BREASTFEEDING
St. Mary Mercy Hospital will offer a breastfeeding class led by a certified lactation specialist 7-9 p.m. in West Addition A. The class is designed for expectant mothers between the seventh and eighth months of pregnancy. Cost is \$20. Call (734) 655-1100 or (800) 494-1615.

Kidney from page C5

sions of reformulated cyclosporine have come on the market.

Meanwhile, another medication, mycophenolate mofetil, or MMF, has reached widespread use as an anti-rejection drug to be taken along with cyclosporine.

New study

Kaplan and Meier-Kriesche embarked on the new study to assess the long-term effect of the trend toward using the newer drugs. They used the USRDS, which until 1999 was based at UMHS, and which collects, analyzes and distributes data on end-stage renal disease and provides a basis for research like the new U-M study.

The study's results, Kaplan and Meier-Kriesche say, offer

"strong advocacy" for the use of the newer form of cyclosporine over the old for aiding long-term allograft survival, whether or not MMF is also taken.

"This reaffirms the important role of the calcineurin inhibitors, such as cyclosporine and tacrolimus, for long-term survival of a transplanted kidney," Kaplan concludes. "This is important because nearly all transplant recipients in the U.S. rely on these drugs to improve their chances of maintaining their new organs."

Disclosure: Although this study was not financed by Novartis, the manufacturer of Neoral, Kaplan received money for other studies of anti-rejection medications from the company.

DELIVER YOUR HOMETOWN NEWSPAPER EARN MONEY. WIN PRIZES.



The young people you see here are Observer & Eccentric carriers. They're choosing some great prizes for doing a good job delivering their hometown newspaper every Sunday morning and Thursday afternoon.

It takes them only a few hours twice each week and throughout the year they have a lot of chances to win—and earn—some grand prizes.

We're looking for more young people to join our great carrier team.

So, moms and dads, if you have a son or daughter 10 years or older, who would like a route, just call one of our numbers or fill in the coupon and mail it to:

OBSERVER NEWSPAPER
36251 Schoolcraft, Livonia, MI 48150
Your child will learn responsibility, how to manage records, how to meet the public and a

number of basic business skills—but don't tell your child this, talk about the cool prizes and let the character-building take care of itself.

And, if you would like to get out of the house for a few hours each week and join our growing adult carrier force, we'd welcome your call.

Either way, an Observer or Eccentric carrier route can be a fun job at any age.

THE
Observer & Eccentric
NEWSPAPERS

It's all about you!
Part of Home Town Communications Network™

Wayne County: 734-591-0500
Oakland County: 248-901-4716

NAME: _____ ZIP: _____

ADDRESS: _____ AGE: _____

PHONE: _____

SCHOOL: _____

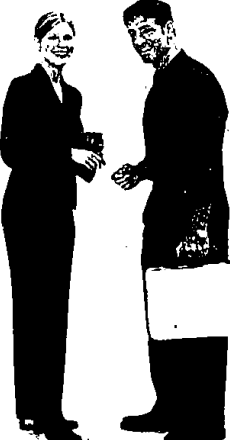
A bank that comes to you...at no cost?

You've never seen a bank like this!

When you're running a business, it's not always convenient to run to the bank.

So, unlike many banks, Paramount Bank comes to you - without charging a courier fee.

The chart shows all the services you'll get free with a minimum monthly balance of just \$3,000 in your business account.



1-800-421-BANK

Business & Commercial Estimated Annual Fees

	PARAMOUNT	TRIZION	COMERICA	WELLS FARGO
Monthly Fee	\$0.00	\$180.00	\$240.00	\$192.00
Per Check	\$0.00	\$108.00	\$156.00	\$144.00
Per Deposit Slip	\$0.00	\$135.00	\$225.00	\$180.00
Check Ordering Fee	\$0.00	\$ 60.00	\$200.00	\$ 77.25
Courier Service	\$0.00	\$192.00	-	-
Total	\$0.00	\$675.00	\$821.00	\$593.25

†These fees may vary based on your business's individual needs and usage.
*Service not available

PARAMOUNT BANK

FDIC

You've never seen a bank like this!

Branches • Birmingham 248.723.4800 • Farmington Hills 248.538.7600