# JCC names recreation director

Sidney Fox has joined the Jew-ish Community Center of Metropolitan Detroit as division-al director of recreational ser-

al director of recreational services.

In his position, Fox will oversee the JCC's In Line Hockey Center and other sports and recreation areas.

Prior to coming to the JCC, Fox worked for Suburban Arena Management, where he was the general manager of its ice arena; athletic director at the University of Michigan-Dearborn and Herkimer County Community College in New York and taught health and physical education in

## Breastfeeding support available

The Oakland County Health Division is sponsoring a breast-feeding support series. Seasions, which are taught by Public Health Nurses, are held at the health division's West Office, 1010 E. West Maple Road, Walled Lake, one block east of Pontine Trail.

Information covered includes pumping, solving common problems associated with breastfeeding, taking care of mom, growth and development of the breast-feeding infant including: growth spurtle, starting solids and weaning from the problem of the properties of breastfeeding. To formation or to register, call (248) 926-3341.

## Well child clinics give free care

Oakland County Health Divi-sion's Child Health Clinics pro-vide free ongoing well care for children from birth to school entry. Families who don't have an HMO or Medicaid may be eli-gible. Clinics are held at 12 loca-tions throughout Oakland Coun-ty.

tions througnout Chainston

ty.

Services include: height and
weight, head to toe physical
exam, immunizations, vision,
hearing and lab testing, growth
and developmental screening,
and counseling with referrals to
physicians and area resources
as needed.

An annointment is required.

An appointment is required. For more information, call the South Oakland office at (248) 424-7066.

### Join walk against breast cancer

On Saturday, Oct. 13, the American Cancer Society will host Making Strides Against Breast Cancer, a non-competitive walking event that celepates breast cancer survivorahip and promotes breast health awareness. The walk will be held at Belle Isle Park, with registration beginning at 8:30 am. and the 4.7-mile walk beginning at 9:30 am. For more information, please call 1-800-ACS-2345.

James W. Williams, Atterney 840 West Long Lake Road, Suite 200 Troy, Mi 48098

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the Detroit Public Schools.

He also was athletic coordinator and special events administrator for the city of Pontiac, executive director of the Michigan Amateur Athletic Union and director of athletics at Reeper City and Country School.

He holds a certificate from the National Association of Collegiate Directors of Athletics Management Institute program and is affiliated with the National Junior College Athletic Association Junior College Athletic Association

Junior College Athletic Associa-tion, National Alliance of Two-

Fall Garden Mum

■ Fox will oversee the InLine Hockey Center and other sports and recreation areas.

Year College Athletic Adminis-trators and the National Associ-ation of Collegiate Directors of Athletics. Fox holds bachelor's, master's and education specialist degrees from Wayne State University.



#### Air Force grad

News from Basic: Allen Zeitlin graduated from basic military training at Lackland Air Force Rase in San Antonio. Texas, recently. He is the son of Marlene and Garry Zeitlin of Farmington Hills.

#### Learn decorating tips at store event

Join decorating consultant Jennine Mattow noon to 4 p.m. Saturday, Sept. 8, at the Dollar Castle in Farmington, as she shares easy decorating tips for parties, home decorating and gift packages.

Dollar Castle will donate 10 percent of all purchases made noon 4 p.m. to Sweet Dreamzz of Farmington which provides children and families in Detroit with items necessary for a good

with items necessary for a good night's sleep. Call 478-3242.



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Warren 31140 Van Dyke (810)826-7561

Bloomfield 1801 South Telegraph Rd. (248) 338-2566 Monday Saturday: Sam-10pm

Westland 6555 Newburgh Rd Clinton Twp. 15350 Hall Rd (810) 416-2534

Ann Arbor 3900 Carpenter Rd

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