

## SHOPPING

## Treatments offer help for troubled skin

When we want to lose weight we join a gym and get on a diet.

When we can't stand our hair, we run to our stylist and change the cut, even the color.

So why is it that what we are unhappy with our skin we just grin and bear it? Patience isn't a plus in personality at this point; action against acne helps prevent flare-ups and scarring.

There are many new and improved treatments that really help you take control of troubled skin.

There are also many advanced treatments to take control of wrinkles, fine lines, large pores, freckles and dull skin. Aestheticians and dermatologists are practicing chemical peels daily. Applying various types of acid-glycolic, salicylic and trichloro-

cotic - to remove the unsightly outer layers of skin to allow new, healthier, brighter skin to emerge.

Microdermabrasion is another process where fine aluminum-oxide particles are used to exfoliate the top layer of skin to smooth fine lines. Even though it's newer in technology, thousands of faces are opting for this procedure with extremely gratifying results.

Now the newest immediate skin-improving procedure is called "laser toning" or "nonablative resurfacing," this procedure can even skin tone, omit broken capillaries, and tone up loose skin.

Different from traditional lasers that burn off the skin's top layer, nonablative lasers heat the underlayer, causing thermal damage that allows the skin to produce new collagen.

This is a huge breakthrough in skin technology since collagen really never reproduced itself without injections. And since lasers spare the outer skin this

technique can be used on all skin types - light or dark, white, Asian, black.

These procedures weren't available as recently as a year ago, but now these techniques make it possible to improve your skin without missing time from work or events.

You can get the results you want without severe skin peeling and prolonged redness that may take up to three months of recovery time. This is what the old procedures entailed. The difference is you need four or five treatments to get desired results rather than two or three harsh procedures that are much more painful and frightening.

Some inferior complexions may suffer from hyper pigmentation. This is sun-induced freckling and wrinkling that is simply sun damage, which may be cancerous. Other than avoiding the sun (a must), microdermabrasion is the best remedy for this skin condition.

Another problem is oily, acne-prone skin; a multi-product skin

care program attacks oil and chronic breakouts. Some of the products are Differin, a vitamin A cream, to decrease oil-gland secretion and improve replenishing new skin cells. Then salicylic-acid peels (known as Beta peels) promote exfoliation and dry up the zit.

Now for lip lines the best treatment is the cool touch laser, which fills the wrinkles by helping the skin rebuild its own collagen.

These new and improved procedures give us no reason to be tormented by imperfect skin.

Just think: Not only will you feel better about yourself, you will be truly able to put your best face forward.

Mary Ann Toccalino is a professional makeup artist and skin care consultant. She studied at Joe Blasco's School of Cosmetics in Hollywood, where her training included work in special effects for film and print. To ask Mary Anne a question, e-mail her at [matmkup@yahoo.com](mailto:matmkup@yahoo.com).

## SHOPPING BRIEFS

## WACKY WINTER SERIES

Livonia Mall, Seven Mile and Middlebelt, will start its free Wacky Winter Family Series 2 p.m. Sundays.

The first event in the free series, Wacky Science Show, will take place Jan. 20. Seher Magic will return to mystify children and adults alike with the magic of science. Laughs are guaranteed.

In the Jan. 27 event, Chau-tauque Express, Guy Louis will use song, stories and a variety of music to entertain children of all ages. Lots of family participation will be featured.

## WINTER SIDEWALK SALES

Westland Shopping Center, Wayne and Warren roads, continues its Winter Sidewalk Sales to Monday, Jan. 21, during regular mall hours. More than 30 stores have cleared their stockrooms of winter merchandise to make way for spring fashions.

## JEWELRY EVALUATION CLINIC

Joseph De Mouchelle Fine and Estate Jewellers of Grosses Pointe will present Ask the Appraiser evaluations 11 a.m. to 3 p.m. Wednesday, Jan. 23, at the Plymouth Historical Museum, 155 S. Main in Plymouth. The evaluations will include the history and current market value on jewelry, gemstones, gold, silver and small objects d'art. Cost is \$8 per item, limit of five items per person. Call (734) 455-8940 to make an appointment.

## SESAME STREET

Now through Friday, Jan. 25, at any Art Van Furniture store, while supplies last, guests may pick up coupons for \$3 off the ticket price for Sesame Street Live at the Fox Theatre. The coupons are for the 5:30 p.m. Jan. 25 performance and are redeemable at the box office or any Ticketmaster outlet.

## BRIDAL SHOW

Art Van Furniture will present a First Home Together bridal show 11 a.m. Sunday, Jan. 27, at the Dearborn Hyatt Regency. The First Home Together program was introduced in 1999 to assist couples with their new furniture purchases. It offers friends and family members the opportunity to help couples receive the home furnishings they have selected by presenting them with a special gift certificate. For more information, visit the Art Van booth at the show.

## NEW RETAILERS

Twelve Oaks, I-96 and Novi Road in Novi, welcomes six new retailers to the shopping center.

They are Carnival Cafe, a treat store offering many goodies found at a typical fair or carnival; Ecco footwear; GameStop, with software, hardware and game accessories; pre-played games, computer magazines and strategy guides, action figures, trading cards and other related merchandise; The Great Steak & Potato Company, a "meat and potatoes" fast food operation; Haagen-Daz ice cream; and Seen on Screen, offering products usually only seen on TV commercials and infomercials.

## THE BOOK SENSE

What are you reading? Would you recommend any books on the bestseller list? Send your recommendations, along with a brief explanation of why the book is a must read, to Kewly Kalengki Wygonik, Observer & Eccentric Newspapers, 36251 Schoolcraft, Livonia, MI 48150. Or e-mail information, (copy and paste into an e-mail) to [kwygonik@oe.homecomm.net](mailto:kwygonik@oe.homecomm.net)

Here's a list of bestsellers compiled by The Book Sense.

## BESTSELLERS

- *The Two Towers*, J. R. R. Tolkien (TP Fiction #8)
- *A Beautiful Mind*, by Sylvia Nasar (TP Nonfiction #2)
- *9-11*, by Noam Chomsky (TP Nonfiction #10)
- *Basket Case*, by Carl Hinasen (HC Fiction #2)
- *Get With the Program*, by Bob Greene (HC Nonfiction #4)
- *Sacred Contracts*, by Caroline Myss (HC Nonfiction #6)
- *Wittgenstein's Poker*, by David Edmonds and John Eidinow (HC Nonfiction #10)
- *The Birds of Heaven*, by Peter Matthiessen, Robert Bateman (illus.) (HC Nonfiction #12)
- *Winter's Heart*, by Robert Jordan (Mass Market #6)
- *The Shipping News*, by Annie Proulx (Mass Market #7)
- *The Silmarillion*, by J. R. R. Tolkien (Mass Market #8)

## TRADE PAPERBACK FICTION

- 1. *The Red Tent*, Anita Diamant, Picador, \$14.95
- 2. *The Lord of the Rings*, J. R. R. Tolkien, Mariner, \$20
- 3. *Prodigal Summer*, Barbara Kingsolver, Perennial, \$14
- 4. *Girl With a Pearl Earring*, Tracy Chevalier, Plume, \$13
- 5. *The Fellowship of the Ring*, J. R. R. Tolkien, Mariner, \$12
- 6. *The Amazing Adventures of Kavalier & Clay*, Michael Chabon, Picador, \$15
- 7. *The Blind Assassin*, Margaret Atwood, Anchor, \$14
- 8. *The Two Towers* - Debut, J. R. R. Tolkien, Mariner, \$12
- 9. *True History of the Kelly Gang*, Peter Carey, Vintage, \$14
- 10. *The Hobbit*, J.R.R. Tolkien, Peter Sis (illus.), Houghton Mifflin, \$10
- 11. *Girl in Hyacinth Blue*,

- Susan Vreeland, Penguin, \$11
- 12. *Soul Mountain*, Gao Xingjian, Perennial, \$16
- 13. *When We Were Orphans*, Katherine Mansfield, \$14
- 14. *Shangri-La*, Steve Martin, Hyperion, \$10.95
- 15. *Heartstrings*, Mattie Stepanek, Vacation Spot, \$11.50

## ON THE RISE

*A Treasury of African Folklore*, 2nd Edition, Harold Courlander (Ed.), Marlowe & Co., \$16.95

A wonderful collection, just released

## TRADE PAPERBACK NONFICTION

- 1. *Brunelleschi's Dome*, Ross King, Penguin, \$13
- 2. *A Beautiful Mind* - Debut, Sylvia Nasar, Touchstone, \$16
- 3. *The Four Agreements*, Don Miguel Ruiz, Amber-Allen, \$12.95
- 4. *Me Talk Pretty One Day*, David Sedaris, Little Brown, \$14.95
- 5. *Paris to the Moon*, Adam Gault, Random House, \$14.95
- 6. *World Almanac and Book of Facts 2002*, World Almanac, \$11.95
- 7. *Personal History*, Katharine Graham, Vintage, \$15
- 8. *A Heartbreaking Work of Staggering Genius*, Dave Eggers, Vintage, \$14
- 9. *Band of Brothers*, Stephen Ambrose, Touchstone, \$16
- 10. *9-11* - Debut, Noam Chomsky, Seven Stories, \$8.95
- 11. *Nine Parts of Desire*, Geraldine Brooks, Random House, \$14
- 12. *The Worst-Case Scenario Survival Handbook: Dating and Sex*, Jonathon Holt, Chronicle Books, \$14.95
- 13. *Kitchen Confidential*, Anthony Bourdain, Ecco, \$14
- 14. *Guns, Germs, and Steel*, Jared Diamond, Norton, \$15.95
- 15. *From Beirut to Jerusalem*, Thomas L. Friedman, Random House, \$16.95

## HARDCOVER FICTION

- 1. *The Corrections*, Jonathan Franzen, FSG, \$28
- 2. *Basket Case* - Debut, Carl Hinasen, Knopf, \$26.95
- 3. *Shipping Christmas*, John Grahame, Doubleday, \$19.95
- 4. *Balzac and the Little Chinese Seamstress*, Sijie Dai,

- Knopf, \$18
- 5. *Jackdaws*, Ken Follett, Dutton, \$26.95
- 6. *Hateship, Friendship, Courtship, Loveship, Marriage*, Alice Munro, Knopf, \$24
- 7. *Peace Like a River*, Leif Enger, Atlantic Monthly, \$24
- 8. *The Best-Loved Poems of Jacqueline Kennedy Onassis*, Caroline Kennedy, Hyperion, \$21.95
- 9. *Half a Life*, V. S. Naipaul, Knopf, \$24
- 10. *Violets Are Blue*, James Patterson, Little Brown, \$27.95
- 11. *Portrait in Sepia*, Isabel Allende, HarperCollins, \$26
- 12. *Falling Angels*, Tracy Chevalier, Dutton, \$24.95
- 13. *Journey Through Heartstrings*, Mattie Stepanek, Vacation Spot, \$14.95
- 14. *Last Man Standing*, David Baldacci, Warner, \$26.95
- 15. *The Fiery Cross*, Diana Gabaldon, Delacorte, \$27.95

## ON THE RISE

*Blackwater Sound*, James W. Hall, Minotaur Books, \$24.95; A 76 pick featuring Thorn, a detec-

tive from Hall's earlier books.

## HARD COVER NONFICTION

- 1. *John Adams*, David McCullough, S&S, \$35
- 2. *Theodore Rex*, Edmund Morris, Random House, \$35
- 3. *Bias*, Bernard Goldberg, Regnery, \$27.95
- 4. *Get With the Program* - Debut, Bob Greene, S&S, \$23
- 5. *Jack: Straight from the Gut*, Jack Welch, Warner, \$29.95
- 6. *Sacred Contracts* - Debut, Caroline Myss, Harmony, \$25
- 7. *The Universe in a Nutshell*, Stephen Hawking, Bantam, \$35
- 8. *Wild Blue*, Stephen E. Ambrose, S&S, \$26
- 9. *Body for Life*, Bill Phillips, Michael O'Rourke, HarperCollins, \$26
- 10. *Wittgenstein's Poker* - Debut, David Edmonds, John Eidinow, Ecco, \$24
- 11. *Churchill*, Roy Jenkins, FSG, \$35
- 12. *The Birds of Heaven* - Debut, Peter Matthiessen, Robert Bateman (illus.), North

Please see BOOK SENSE, B6

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