

# Vandals have group upset over posters' disappearance

BY JONI HUDRED  
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At first, it seemed like a child-like prank. Posters advertising a lecture series, "Planes, Trains and Automobiles" were being torn off the wall at Big Apple Bakery, which is hosting the event. Co-owner Donna Koziol thought at first kids might be to blame, since the store has a designated "kids' corner."

"But it happened three times to us," she said.

She's concerned, because Big Apple Bakery is trying to get involved in the community. Owners are looking forward to the lecture series, which is sponsored by Blue Circle, a cultural organization formed last year.

In addition to the cost of replacing the posters, Blue Circle members are concerned the continued vandalism will hamper promotional efforts and subsequently lower attendance.

And that means fewer people being introduced to Big Apple

Bakery as well.

"It's not just affecting them, it's affecting us, too," Koziol said.

Blue Circle members are concerned a rift that led to their creating a separate group is behind the poster thefts from Big Apple Bakery and the library. The same thing happened when they advertised their Christmas Tea in December.

Members formed a separate group last year to host "Cafe on the Porch" at the Governor Warner Mansion in downtown Farmington. The successful event was supposed to continue through the summer, but through what city officials have called a miscommunication, shut down in July.

Spokesperson Tracy Freeman said the organization hopes the vandalism is not related to hard feelings over the group's accomplishments.

"If the goal of these poster thieves is to make it more difficult for Blue Circle to promote events, they should put themselves on the back for a job well



**Vandalized: Members of Blue Circle say someone is tearing down the posters they've hung to advertise an upcoming lecture series.**

done," said Freeman. "It is more difficult. We won't give up though. Our group moves forward against a stagnant mindset of a few. Blue Circle measures success in what we can contribute to the community and the citizens of Farmington. We would like to continue to be successful for the benefit of this community."

## Youth theater program offered

An After-School Youth Theater program is being offered by the City of Farmington Hills Special Services Department, beginning Feb. 20 for students in grades 5-9.

Classes will be held twice a week for four weeks at the Farmington Hills branch of the Farmington Community Library on 12 Mile.

"One of the benefits of the program is that the number one fear people generally have is public speaking," said instructor

Danielle Pace. "This is a way to get students to overcome that fear, getting them comfortable in front of people."

Students will learn many aspects of theater arts including acting, make-up and improvisation. At the end of the series, the students will present a public performance. The cost for the series of classes, rehearsals and performance is \$60.

Pace said young people not particularly interested in acting might enjoy the experience.

"Anybody who has an interest in acting, singing and dancing, or any kids who have a lot of creative energy" should apply, Pace said. "It's something that let's them work with other kids. They learn to be disciplined yet creative."

The Youth Theater program is a joint venture between the Cultural Arts and Youth and Family Services divisions.

For information, call Youth and Family Services at (248) 473-1841.

## Seniors invited to attend police academy

BY PAUL R. PACE  
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Seniors interested in learning more about police department operations are invited to sign up for the Senior Police Academy hosted by the Farmington Hills Crime Prevention Section.

The academy has five sessions, from 10:30-11:30 a.m. at the Wexford Room at the Cusick Activities Center. The sessions will be held on Thursdays, April 4, 11, 18, 25 and May 2.

Polly Lawshe, 81, of Farmington took the course last year and said she would highly recom-

mend it.

"I learned an awful lot of what policemen do," she said. "We learn how insurance investigator works to know whether a fire was natural or on purpose. We learned the amount of work that goes into that decision."

Each session will focus on a different topic, such as detective work and collecting evidence. Participants will be able to tour the police department's inner-workings as well.

"We learned the many different subjects of what policemen do," Lawshe said, adding she learned about the kinds of guns used to where the prisoners are held.

"I wouldn't mind taking the course again," she said.

People age 55 or older are welcome to attend, at no cost. Call the senior center at 473-1830 to register by March 28.



STAFF PHOTO BY BILL BRIDGER  
**Graduate: Polly Lawshe is a past participant in the Senior Police Academy program.**

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Arrangements for the appearance of Susan L. Taylor were made through Greater Talent Network, Inc. NY, NY.

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**TROCHANTERIC BURISITIS**  
In past years, 1985 and again in 1990, I discussed trochanteric bursitis. Then physicians considered the condition as arising from inflammation of a bursa between the gluteus maximus muscle and the underlying bone. The gluteus maximus is a large muscle that begins in the low back and anchors into the middle third of the leg. It is the muscle that forms the buttock area.  
Doctors made the diagnosis of trochanteric bursitis on the site of pain, lateral to the hip, and its radiation, usually down the leg to the knee and behind the hip to the low back. Treatment consisted of heat and massage, medications such as naproxen or other nonsteroidal anti-inflammatory drugs or injection. The condition could re-occur despite treatment.  
Recent research casts doubt on these ideas of cause, and raises questions about the rationale for treatment. Several studies, using Magnetic Resonance Imaging (MRI), reveal that the source of irritation is not the gluteus maximus muscle, but the gluteus medius muscle. This structure originates on the outside of the pelvis bone and anchors in the base of the head of the femur. The evidence is compelling that the gluteus maximus muscle and the bursa under it are not inflamed.  
Massage and/or injection at the bursa site has enjoyed success over the years. Why such therapy worked, and what physicians should do differently in light of recent findings, is unclear. In the meantime, you may see your physician using medication, massage, and injection procedures different from what he did in the past. The medical community is engaged in the effort to integrate new findings into better therapy.  
www.drjjweiss.yourmd.com

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