

SINGLES MINGLE

If you want to submit an item for the Singles Mingle calendar, fax it to our Farmington office (248) 477-9722 or Livonia office (734) 551-7279 or write: Singles Mingle, Farmington Observer, 33411 Grand River, Farmington, MI 48335. The deadline announcement to appear in the Thursday edition is noon Friday.

SINGLE MINGLES
Single Mingle dances are held selected Fridays throughout the month. For dates and locations, call the Metropolitan Single Professionals at (248) 851-9909.

WEST SIDE DANCES
West Side Singles hold dances held Friday night dances at Burton Manor in Livonia. For dates and locations call (734)

881-0909.

BOOK TALK
Borders Books in Farmington Hills hosts a book discussion group 7:30-8:30 p.m. the second Wednesday of each month. Call (248) 851-9909.

CARDS & DINNERS
Join the Farmington Single Professionals for euchre, pinocchio and dinner from 6:30-9:30 p.m. every Monday at Crowley's Old Village Inn in downtown Farmington.

AFTER WORK PARTIES
Metropolitan Single Professionals host "Fun and Fine Dining" 6:30-9:30 p.m. every Thursday at restaurants throughout the Detroit area. To find out locations, call (248) 851-9909.

SINGLES WALK
Singles from First Presbyterian Church in Northville walk through Heritage Park in Farmington Hills at 10 a.m. every Saturday.

DIVORCE SUPPORT
The Women's Resource Center at Schoolcraft College sponsors a Divorce Support Group from 7-9 p.m. at the McDowell Center (room 225). Call (734) 462-4443. Group meets the second (discussion) and fourth (speaker) Tuesday of the month. Upcoming schedule includes:

■ Group discussion, April 9, April 23.

■ New group for those divorced more than one year. Meets from 7:30-9 p.m. across the hall from WRC, April 11.

WARD SINGLES
Single Point Ministries of Ward Presbyterian Church (30 years

and older) meet at 11:30 a.m. every Sunday in Knox Hall, for fellowship and encouragement.

Ward is located at 40000 Six Mile Road in Northville. Call (248) 374-6920. Other Ward Singles events:

■ Lighthouse Cafe, 7-10 p.m. Friday, March 29. Cost is \$5. Hot dogs and other goodies available.

■ Classic senior Singles Bible Study meets 10 a.m. every Thursday.

LIGHTHOUSE CAFE
Single Point Lighthouse Cafe (coffee house) will be held 7-10 p.m., the fourth Friday of every month at Knox Hall in Ward Presbyterian Church. Free child care is available. Call (248) 374-6920

Embroiderer's Guild to meet

The Farmington Hills Embroiderer's Guild (EGA) will meet April 3 at Faith Covenant Church on 14 Mile and Drake Roads. Social time is at 9:30 a.m.. Programs begin at 10 a.m. The guild will take a mystery day trip beginning at 9 a.m. on

May 1. A Greenfield Village curator will talk about hanging needlework on June 5. The group welcomes all interested stitchers. Refreshments are served at meetings. For more information call: Charlotte Falls, (248) 926-0899.

WOMEN'S HEALTH ISSUES TODAY

Obstetrics & Gynecology



Dr. Smith

by Michael D. Smith, M.D.
IRREGULAR CYCLES

Women should regard their menstrual cycle as a vital sign. While one unusual month should not cause concern, fewer than two periods over 90 days should prompt examination. Why? The reproductive system is designed to turn off when the body is under duress - either by low caloric intake, extreme exercise, stress, or disease.

Besides producing eggs, the ovaries also produce estrogen, which helps store calcium. Estrogen, then, plays an important role in maintaining bone strength. Thus, if the ovaries cease functioning, the effects later in life could be serious, even women who have periods farther apart than the typical monthly cycle are at increased risk for bone loss and fracture in menopause years.

As noted in this week's column, irregular menstrual cycles could signal a problem with your diet, stress level, or disease. We emphasize long-term relationships and

provide women with medical resources and information to help them remain healthy throughout their lives. Our routine annual exams include a medical history review, menstrual cycle review, breast exam, and Pap smear. We also recommend nutritional adjustments appropriate for your medical history and age.

I encourage women to make the commitment to good health. Call 248-656-0544 to arrange a convenient appointment.

The office is conveniently located at 145 S. Roadside, Rochester Hills.

(P.S. Female smokers have a two to four times greater risk of heart attack than female non-smokers.)

www.mdsmithmd.com



Dr. Smith

www.mdsmithmd.com

www.mdsmithmd.com

www.mdsmithmd.com

www.mdsmithmd.com

www.mdsmithmd.com

www.mdsmithmd.com

www.mdsmithmd.com

www.mdsmithmd.com

www.mdsmithmd.com

www.mdsmithmd.com

www.mdsmithmd.com

www.mdsmithmd.com

www.mdsmithmd.com

www.mdsmithmd.com

www.mdsmithmd.com

www.mdsmithmd.com

www.mdsmithmd.com

www.mdsmithmd.com

www.mdsmithmd.com

www.mdsmithmd.com

www.mdsmithmd.com

www.mdsmithmd.com

www.mdsmithmd.com

www.mdsmithmd.com

www.mdsmithmd.com

www.mdsmithmd.com

www.mdsmithmd.com

www.mdsmithmd.com

www.mdsmithmd.com

www.mdsmithmd.com

www.mdsmithmd.com

www.mdsmithmd.com

www.mdsmithmd.com

www.mdsmithmd.com

www.mdsmithmd.com

www.mdsmithmd.com

www.mdsmithmd.com

www.mdsmithmd.com

www.mdsmithmd.com

www.mdsmithmd.com

www.mdsmithmd.com

www.mdsmithmd.com

www.mdsmithmd.com

www.mdsmithmd.com

www.mdsmithmd.com

www.mdsmithmd.com

www.mdsmithmd.com

www.mdsmithmd.com

www.mdsmithmd.com

www.mdsmithmd.com

www.mdsmithmd.com

www.mdsmithmd.com

www.mdsmithmd.com

www.mdsmithmd.com

www.mdsmithmd.com

www.mdsmithmd.com

www.mdsmithmd.com

www.mdsmithmd.com

www.mdsmithmd.com

www.mdsmithmd.com

www.mdsmithmd.com

www.mdsmithmd.com

Spring dinner-dance to benefit CSS

"Celebration of Life," the annual benefit that raises funds to support the work of Catholic Social Services of Oakland County, will be held at Pine Lake Country Club in Orchard Lake.

The gala event will begin at 6 p.m. on Saturday, April 20 with a silent auction, followed by dinner, a live auction and music by the band, "White Lace."

Cynthia Canty, heard mornings on WMGC "Magic 105.1" Radio,

will be the mistress of ceremonies for the event. Canty has a special connection to Catholic Social Services of Oakland County — she was the first baby ever adopted through the agency.

Ken Calvert, afternoon radio personality on 94.7 WCSX, will serve as this year's celebrity auctioneer. A graduate of Brother Rice High School in Birmingham, Calvert had for many years supported the work of non-profit agen-

cies and organizations with his spirited participation and personal commitment to the people of metro Detroit.

The Gala Committee, headed by Troy resident Mrs. Sharon Lucas, has already begun securing sponsors and collecting donated items for the auctions from local businesses, organizations and friends of Catholic Social Services of Oakland County.

Last year's sold out event raised

\$45,000. Optimistic about the success of 2002's Gala, Mrs. Lucas said, "People in Oakland County are incredibly generous and recognize the importance of supporting an agency whose priority is providing quality mental health services and specialized programs to those in need in our community."

Tickets are \$125 per person. For more information call (248) 548-4044, ext. 3120. Seating is limited.

Hop over to Bunnyville

Hop to it — if you're looking for a fun-filled day of Easter activities visit Bunnyville, 10 a.m. to 4 p.m. Saturday, March 30 at the Detroit Zoo.

The festive Easter event along the bunny trail through the park offers lots of activities for kids including crafts, music, games, costumed characters, a magician, and musical show. Photos with the Easter Bunny are available for an additional charge.

The Detroit Zoo is at the intersection of 10 Mile Road and Woodward Avenue just off the I-696 service drive.

Admission is \$2 per person for ages 2 and older with a canned food donation to benefit Food Bank. No charge for children under 2. Parking is \$4.

Admission charges do not apply to members. Call (248) 641-6835 for information.

Observer Classifieds sell

Absolutely, undeniably, the best Players Club in the market.

PERIOD!

In the Detroit/Windsor area, the players' choice is the Players Prestige™ Club at Casino Windsor. With MORE perks, MORE privileges, and now even MORE CASH BACK — we're the Casino that consistently gives you MORE:

- MORE play time — thanks to the favorable exchange rate and MORE chances to win!
- MORE Vegas-style entertainment — in the Showtime™ Lounge!
- MORE luxury and style in our 4-diamond hotel!

And now, we're giving you even MORE CASH BACK, because...

DOUBLE CASH BACK IS BACK... MARCH 17 - APRIL 30

Membership in the Players Prestige Club is FREE and entitles you to great rewards — plus DOUBLE CASH BACK for points earned from March 17 to April 30th, excluding non on Saturdays to noon on Sundays. Sign up today! For MORE information call 1-800-992-7777.

CASINO WINDSOR
More of what you're looking for!

Must be 19 years of age. Windsor Casino Limited reserves the right to cancel or change this event without prior notice. Go For Fun, Win Big! 1-800-230-3305 Ontario Problem Gambling HelpLine.

CRITTENTON HOSPITAL MEDICAL CENTER
is pleased to welcome the following physicians to our medical staff:

James Honet, M.D.
Anesthesia/Pain Management

Nicolas Marshah, M.D.
Internal Medicine

James Moeller, M.D.
Family Practice/Sports Medicine

Bharat Tolia, M.D.
Neurology

With our convenient Physician Referral Service, the right physician is just one call away!

1-888-90-4HEALTH

CRITTENTON HOSPITAL MEDICAL CENTER
Quality Care... Close to Home & Work
Visit our Web page at: www.crittenton.com

A new CD that sounds great.

3.30%

Welcome to State Farm Bank®
Put your money to work with a variety of Certificates of Deposit earning competitive rates. And get the Good Neighbor service you deserve from your bank. To find out how you can bank with a Good Neighbor®, call me, visit statefarm.com or call toll-free 1-877-564-BANK.

Please visit or call your local State Farm Agent for details.

State Farm Bank

Member FDIC

"Picky, Picky, Picky CARPET CLEANING."

5 Rooms \$9900*
Only 12'x18' average room size.

7' Sofa or 2 Chairs \$4900*
Sectionals and loose cushions specially priced.

Coupon for Carpet Cleaning at: www.hagoiancarpetcleaning.com
(800) 696-1260
Offer expires 4/8/02.
*Some restrictions apply.

STEVE HAGOPIAN & Co.
Your Satisfaction Guaranteed!

Discover Unusual Hand-Crafted Works

April 19, 20, 21, 2002
Novi Expo Center Novi, MI

... 350 fine artists and craft designers

- Craft demonstrations • Entertainment
- Specialty foods • All indoors • Free parking
- Free shopping bags

Get discount admission coupons at: your local Farmer Jack, on the web at www.SugarloafCrafts.com or call 800-210-9900

Sugarloaf Art Fair
Located in the Novi suburbs of Detroit, MI
Directions: Located on I-94 northwest of Detroit at Exit 162. Go south on Novi Road. Turn right onto Expo Center Drive.

Fri. - Sun. 10-6
Daily Admission \$6
Under 12 & Parking Free
Buy crafts online at www.CraftsOnline.com

Hop on an Indian Trails to Greektown Casino

Get in on all the **FUN** for only **\$15!**
Greektown Casino will give you **\$20 in COIN FREE** to get you started!

Call Indian Trails TODAY for reservations
1-800-292-3831

Convenient Pick-Up points

- Clinton Township
- Dearborn
- Lincoln Park
- Livonia
- Roseville
- St. Clair Shores
- Sterling Heights
- Taylor
- Troy
- Warren
- Westland
- Wyandotte

Come Celebrate Spring!
Just One Hour South of Detroit

On the Shore of Lake Erie, Just East of Toledo

at MAUMEE BAY
RESORT AND CONFERENCE CENTER

\$89 Per Night for 3 Nights
\$99 Per Night for 2 Nights
~ OR ~
\$109 Per Night for 1 Night Only

For Reservations, call **1-800-282-7275 (AT-A-PARK)** and ask for the spring celebration rate

Visit our web site at: **www.maumeebayresort.com**

Available Now Through **4-1-02**

Ohio State Park Resorts

Offer valid on new reservations only. Not valid with any other discounts. Limited availability. Subject to withdrawal or change without notice.