

She has heard from other parents, however, that there are some concerns regarding the janitorial service and cleanliness in some of the buildings. Meill said she hasn't noticed any problems, but believes that's the kind of issue that should be brought to the board.

However, she knows, "As a board member, you can't fix all the problems. You hire people to fix them."

POPRI11078

CRITTENTON HOSPITAL MEDICAL CENTER

Community Education CLASSES

Self-Management Series: 7-9 p.m. June 4, June 11, June 25 and July 2
by health professionals, this four-part program provides
you with all the information they need to manage their disorder.
\$4/series

Stress Management: 6-7:15 p.m. June 12, June 19 and June 26
In this three-part program, Internist Dr. Gurdev Singh and other
professionals provide practical guidance and medical insights
you understand what "stresses you out" and how to undo the
stressful effects of stress. Fee: \$40/series

First Aid & Safety: 8:30 a.m. - 5 p.m. June 15
This course meets the new state requirements for day care workers
in emergency related fields. You'll learn CPR for adults, children and
infants as well as first aid techniques. Written and skills examination
required. Fee: \$75/person

Introduction to Yoga: 5:30-6:30 p.m. June 19
This yoga class is all about in this class, which meets the third
step of each month. Pre-registration is required.
\$10/class or \$70/10 classes

Preparation for Birth: 7:30-9 p.m. June 19
Grandparents will find out how they can be helpful and
involved during the expectant mother's pregnancy and after the
birth. A special tour of The Birthplace is included.
\$10/family

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MEDICAL CENTER**

West University, Rochester, Michigan 48307