

## MOVERS AND SHAKERS

### HILLS RESTAURANT WINS AWARD

For the fifth year in a row, Tribute, 31425 12 Mile Road, has earned a four diamond rating from AAA. It is the only restaurant in Farmington Hills to receive the rating. According to AAA, Four diamond rated restaurants feature creative cuisine, refined service, and upscale ambiance that combine to create a memorable dining experience. Menus typically reflect a high degree of creativity and complexity, featuring elaborate presentations of market-driven or traditional dishes. Unique combinations of ingredients can be found, while prime grades of meat and seafood are used. Evaluations and diamond ratings of restaurants by AAA began in 1986.

### FOOD BANK BOARD MEMBER

Farmington Hills resident Vince Dow was recently appointed to the board of directors of the Food Bank of Oakland County. He is director of Power Delivery Operations for Detroit Edison, and a member of the executive board for the Better Business Bureau.

### CPA FIRM CELEBRATES 50 YEARS

MSW Group, PLC, CPAs and Advisors is celebrating its 50th anniversary of business and dedication to metro Detroit and Farmington Hills. Established in 1952 as Morof Shepley Weinstein, P.L.C., MSW Group attributes at key component of the company's growth to providing

both sophisticated and personalized strategic accounting and financial services. As a member of the International Group of Accounting Firms (IGAF) MSW Group provides global access to financial and management planning services. They are also members of the Michigan Association of Certified Public Accountants and the American Institute of Certified Public Accountants.

### PRINCIPAL ELECTED

Farmington Hills attorney L. Jeffrey Zauberman, of the Detroit office of the law firm of Miller, Canfield, Paddock and Stone, P.L.C. has been elected a principal. His practice is concentrated in the areas of real estate and banking law.

He first joined the firm as an associate in 1990, leaving in 1995 to become a shareholder with Mason Steinhart Jacobs Perlman and Pesick, P.C.

Zauberman earned his law degree in 1986 from the University of Detroit School of Law, where he was the winner of the American Jurisprudence Award in Estate and Gift Tax.

He received an LL.B. from Osgoode Hall Law School, York University, Toronto, Canada in 1982 and is licensed to practice law in the Province of Ontario and in Michigan.

Zauberman is a member of the American and Michigan Bar Associations and the Law Society of Upper Canada.

## Curves features work-out for women

BY SUE BUCK

STAFF WRITER  
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An exercise facility designed for women opened recently in Muirwood Square in Farmington Hills.

Hether Eckhart, a Northville resident, is a co-owner of the new franchise. A ribbon-cutting ceremony at the store located at Grand River and Drake welcomed the new business in the presence of community leaders.

"It's nice to see this shopping center finally filling up," said Barry Brickner, a Farmington Hills councilman. "There isn't another exercise spa within a couple miles."

Susan Snider, a Farmington Hills resident and a Stephen Minister at Orchard United Methodist Church in Farmington Hills signed up for a one-year contract.

"I like the idea that it is for women only," Snider said. "Men are dominating about taking over the equipment."

Men sweat differently, and there's no cleaning up after that at Curves, she said.

"It was just jammed yesterday," Snider said. "I did the circuit three times. It gets the heart rate up."

Coming in three times a week is recommended by the 30-minute fitness and weight loss center, she said. Customers can come in when



STAFF PHOTO BY BILL BUCKLER

**In shape: First-time client Susan Snider tries out the leg press machine under the watchful eye of employee Sharon Cottrell.**

ever they want.

Membership is honored at more than 2,500 Curves locations in 50 states, Canada, Spain and Mexico.

The company bills itself as the first weight loss guidance program designed around exercise: "permanent results without permanent dieting."

The 30-minute circuit features machines that

use hydraulics, Eckhart said. "You can do your biceps and triceps all on the same machine."

There are eight machines and eight recovery stations on the Quick-Fit Circuit system. "You do 30 seconds as hard and as fast as you can on each machine," Eckhart said. "After 30 seconds, you move to a recovery station. You go around the circuit three times. You've done your cardio and your resistance training all in 30 minutes. You are always in control of the machine."

Eckhart said she has always been interested in exercise, fitness and eating healthy. "I've been an occupational therapist for five years at different hospitals," she said.

She wants to provide a comfortable and safe environment for women so they develop the habit of exercising, Eckhart said. "There's a little bit more of a homey environment," she said. "They will have other women there so they will feel more comfortable."

The exercise equipment is more compact to fit women's bodies better, she added.

An Iowa native, Eckhart chose this location because her sister and brother-in-law live in the area. She was attracted to Muirwood Square.

"I think it is nice looking center and a good location for people to get on and off the interstate," she said.

For more information, call (248) 478-7855.

# THANK YOU MICHIGAN!

## WATCH HILL HOME INTERIORS

is closing its 330 East Maple location in Birmingham, and consolidating its business in its Warehouse/Showroom at 645 South Eton. A million-dollar wall-to-wall liquidation is underway at 330 East Maple. Watch Hill is Michigan's largest seller of custom European tables and chairs.



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Saturday, June 15, 2002