

BOYS BEST TRACK TIMES

SHOT PUT		Ramir Bayrami (N. Farmington) 11.3	Brian Seash (Canton) 53.5
Hady Rahman (Livonia) 51.6		110-METER HURDLES	800-METER RUN
Nick Hendra (Churchill) 51.1		Tom Grant (Redford) 14.5	Ryan Galt (Churchill) 1:57.1
Dan Zimmerman (Redford) 48.6 1/2		Dave Kobus (Canton) 14.8	Dave Novara (Livonia) 1:57.3
Andrew Riear (Churchill) 47.9 1/4		Jeremy Morse (Churchill) 14.8	Ryan Lowry (Redford) 2:00.2
A.J. Simmons (Wayne) 47.6		Mike Leach (N. Farmington) 14.9	Fernon Tate (Livonia) 2:00.5
Brian Jackett (Redford) 47.3 3/4		Kevin Davis (Livonia) 15.0	Keith Heams (Livonia) 2:01.1
Darwin Young (N. Farmington) 47.7 1/2		Rob Greer (Livonia) 15.0	Doug Novack (Livonia) 2:02.1
B.K. Dickinson (John Glenn) 48.8 1/2		Ron Fiedor (Franklin) 15.1	Jon Marshall (Redford) 2:02.4
Dave Hall (Salem) 48.8		Pavel Patkowski (Canton) 15.2	James Gale (Churchill) 2:02.5
Robert Lukofsky (Franklin) 49.3		Brian Sinar (N. Farmington) 15.4	Eugene Fuman (H. Farmington) 2:02.6
DISCUS		Henry Love (Wayne) 15.8	Aaron Schmitt (Canton) 2:03.4
Paul Strieder (Canton) 158.8		Curia Crowl (Livonia) 15.8	1,600-METER RUN
Marcus Gowdy (Livonia) 158.8		Rob Miller (Salem) 15.8	Ryan Lowry (Redford) 4:22.2
Andrew Riear (Churchill) 147.3		300-METER HURDLES	Justin Hajduk (Salem) 4:25.4
Nick Hendra (Churchill) 145.11		Rob Greer (Livonia) 39.7	Ryan Galt (Churchill) 4:27.3
Eugene Franklin (N. Farmington) 145.3		Kevin Davis (Livonia) 39.9	Will Chapman (Churchill) 4:27.4
Nick Hendra (Livonia) 141.10		Ron Fiedor (Franklin) 40.0	Chris Vranika (Salem) 4:29.7
Chuck Cannon (Churchill) 140.5		Mike Leach (N. Farmington) 40.5	Dave Lucas (Redford) 4:32.8
Hady Rahman (Livonia) 139.9		Bill Macera (Redford) 41.7	Kyle Jekel (Redford) 4:32.0
Mike Channan (Churchill) 136.9		Jeremy Morse (Churchill) 41.8	Scott O'Halloran (Livonia) 4:36.3
John Renberg (Livonia) 135.1		Steve Kiljanovic (Canton) 42.4	Kevin Patra (Redford) 4:39.0
HIGH JUMP		Tom Grant (Redford) 42.4	Logan Schultz (Churchill) 4:39.7
Brad Waldman (Canton) 6-4		Jon Zerebny (John Glenn) 42.4	3,200-METER RUN
Mike Leach (Canton) 6-1		Nick Kan (Churchill) 43.1	Justin Hajduk (Salem) 9:39.1
Mike Leach (N. Farmington) 6-0		200-METER DASH	Dave Lucas (Redford) 9:52.4
Tom Grant (Redford) 6-0		Daryl Angley (Livonia) 10.8	Tom Grant (Redford) 9:52.8
David King (Livonia) 6-0		T.J. Dilard (Wayne) 10.8	Aaron Levine (Canton) 9:55.2
Justin Grahacki (Churchill) 6-0		Marcus Woods (Livonia) 10.8	Logan Schultz (Churchill) 9:55.5
Drew Roberts (N. Farmington) 6-0		Deria Ralla (Redford) 10.9	Matt Gillespie (Livonia) 9:57.1
Anthony Harrell (John Glenn) 6-0		Tim Shaw (Livonia) 10.9	Sean O'Halloran (Livonia) 10:01.6
Jeff Ross (Livonia) 5-10		Agim Shabaz (Livonia) 10.9	Chris Vranika (Salem) 10:02.1
Matt Elsey (Livonia) 5-10		Corey Walter (Canton) 10.9	Dan Horgan (Redford) 10:13.0
Ken Paxon (Canton) 5-10		Jason Smith (Livonia) 10.9	Nick Wiering (Redford) 10:16.2
Brandon Chiswood (Livonia) 5-10		Randi Means (Redford) 11.1	400-METER RELAY
Joe Mielke (Livonia) 5-10		Mike Clark (Livonia) 11.1	Redford Bishop Borgess 43.5
LONG JUMP		DeJuan Kae (Bishop Borgess) 11.1	Livonia Harrison 43.9
Tom Grant (Redford) 22-0		200-METER DASH	Wayne Memorial 44.3
Ken Page (Canton) 21-2 1/2		Terrill Mayberry (Livonia) 21.3	Plymouth Canton 44.9
Dane Kobus (Canton) 21-0		Agim Shabaz (Livonia) 21.8	800-METER RELAY
Danez Minfield (Livonia) 20-7 1/2		T.J. Dilard (Wayne) 22.2	Farmington Harrison 1:28.5
Tim Shaw (Livonia) 20-5 1/2		Randi Means (Redford) 22.5	Redford Bishop Borgess 1:30.0
Matt Bremner (Livonia) 20-2 1/2		Tim Shaw (Livonia) 22.6	Plymouth Salem 1:32.6
Justin Cook (N. Farmington) 19-11		Corey Walter (Canton) 22.6	Wayne Memorial 1:33.4
Alton Lenz (John Glenn) 19-8 1/2		Jason Smith (Livonia) 22.9	Livonia Stevenson 1:33.5
Brian Johns (N. Farmington) 19-8		Daryl Angley (Livonia) 23.1	1,600-METER RELAY
Agim Shabaz (Livonia) 19-7		Dana Rella (Redford) 23.1	Farmington Harrison 3:24.5
Doug Heller (Livonia) 19-7		400-METER DASH	Livonia Stevenson 3:28.3
Howard Whitefoot (Churchill) 14-8		Terrill Mayberry (Livonia) 48.8	Livonia Harrison 3:31.1
Eric Latschinski (Livonia) 13-1		Agim Shabaz (Livonia) 50.1	Wayne Memorial 3:32.8
Randy Sullivan (Livonia) 13-0		Dave Novara (Livonia) 50.6	3,200-METER RELAY
Dan Pensch (N. Farmington) 12-6		Randi Means (Redford) 52.7	Livonia Stevenson 8:55.9
Brett Laird (Livonia) 12-6		Edward Butler (Bishop Borgess) 52.7	Livonia Stevenson 8:56.4
Curtis Crowl (Livonia) 12-3		Mike Leach (Livonia) 52.7	Redford Bishop Borgess 8:10.1
John Chapman (Canton) 12-0		Ryan Galt (Churchill) 53.0	Plymouth Salem 8:18.8
Mike Below (Franklin) 12-0		Tom Hula (Salem) 53.2	North Farmington 8:20.2
Dan Driscoll (Canton) 11-6		James Gale (Churchill) 53.3	

GIRLS BEST TRACK TIMES

SHOT PUT		Kristin Ulewicz (N. Farmington) 8-3	Angie Matthews (Livonia) 1:03.2
Nia Henderson (Churchill) 38-11 1/2		Kara Kralis (Churchill) 8-1	800-METER RUN
Anne Rosewood (Salem) 35-7		100-METER HURDLES	Michelle Phillips (Churchill) 2:22.5
Anne Rosewood (Salem) 34-8 1/2		Whitney Johnson (Mercy) 14.9	Sarah Friedman (Salem) 2:26.3
Valisha Turner (Mercy) 33-2		Colleen Bowman (Livonia) 15.3	Kara Dendinos (Salem) 2:30.1
Jennifer Cary (Salem) 33-8 1/2		Stacey Schmedding (Salem) 19.3	Kristin Dalia (Farmington) 2:31.1
Liz Olbrecht (Livonia) 33-3 1/4		Rachel Lindeman (Canton) 16.4	Christina Metry (Livonia) 2:31.4
Jessica Bailey (Canton) 32-7		Alexis Noel (Livonia) 16.4	Anna Pignery (Livonia) 2:31.5
Christin Juri (Livonia) 32-7		Angela Fodor (Livonia) 16.6	Sarah Westrick (Churchill) 2:31.7
Deanna Gault (Farmington) 31-8		Latelya Burrell (Livonia) 16.6	Lisa Montgomery (Livonia) 2:33.3
Jocelyn Juri (Livonia) 31-8		Angela Adams (John Glenn) 16.8	Eric Jensen (Salem) 2:33.7
DISCUS		April Aquino (Salem) 16.8	Tessa Huchne (Livonia) 2:34.2
Anne Rosewood (Salem) 120-7		Ashlin Frederick (Farmington) 17.2	1,600-METER RUN
Ashleigh Shear (Salem) 119-5		Whitney Johnson (Mercy) 45.4	Michelle Phillips (Churchill) 5:16.2
Tarin Dew (Livonia) 117-5 1/2		Angie Matthews (Livonia) 48.9	Susan Barrows (N. Farmington) 5:18.4
Valisha Turner (Mercy) 110-1		Karin Armstrong (Livonia) 49.6	Sarah Westrick (Churchill) 5:20.9
Jennifer Early (Salem) 108-11		Amber Brown (Livonia) 49.9	Christina Metry (Livonia) 5:22.3
Sara Dudas (Livonia) 107-9		Latelya Burrell (Livonia) 50.1	Nicole Sonnen (Livonia) 5:28.6
Lauren Kmet (Livonia) 103-9		Colleen Bowman (Livonia) 50.1	Lisa Montgomery (Livonia) 5:31.7
Christin Juri (Livonia) 102-9		Undray Hall (Farmington) 50.6	Nicole Moudros (N. Farmington) 5:32.3
Jenny Harb (Franklin) 102-8		Rebecca Fedrigs (Churchill) 50.7	Lauren Kane (Salem) 5:33.8
HIGH JUMP		Stacey Schmedding (Salem) 50.7	Susan Duncan (Churchill) 5:34.1
Alexis Noel (Livonia) 5-6		April Aquino (Salem) 50.7	Lauren Friedman (Salem) 5:35.4
Kara Kralis (Churchill) 5-5		3,200-METER RUN	Susan Barrows (N. Farmington) 11:23.1
Betty Wade (Livonia) 5-3		Alexandra Marshall (Mercy) 12.5	Sarah Westrick (Churchill) 11:40.3
Kystal Wade (Livonia) 5-0		Kystal Wade (Livonia) 12.0	Susan Duncan (Churchill) 11:47.1
Megan Kmet (Livonia) 5-0		Christina Redd (Canton) 12.6	Nicole Moudros (N. Farmington) 11:47.3
Melissa Drake (Salem) 5-0		Kate Bouschet (Farmington) 12.6	Christina Metry (Livonia) 11:52.4
Katie Cezar (Canton) 5-0		Erinane Bunde (Salem) 12.0	Lauren Kane (Salem) 11:58.0
Cindy Rotunani (Canton) 4-11		Jessica Shamberger (Salem) 12.6	Heather Sika (Livonia) 12:06.4
Karin Kuzynski (Livonia) 4-10		Tonia White (John Glenn) 12.7	Nicole Renberg (Churchill) 12:14.3
Ashley Hapke (Mercy) 4-10		Alysa White (Churchill) 12.8	Sara Pison (Livonia) 12:17.4
Karin Kuzynski (Livonia) 4-10		Erin Branch (Mercy) 12.9	Shannon LaFave (Mercy) 12:17.7
Courtney Koen (Churchill) 4-10		Amber Lee (Canton) 12.9	400-METER RELAY
Lynden Gault (Salem) 4-10		Cathy Carey (Livonia) 12.9	Plymouth Salem 51.1
Katie Wade (Wayne) 4-10		200-METER DASH	Livonia Stevenson 51.9
LONG JUMP		Alexandra Marshall (Mercy) 24.8	Plymouth Canton 52.1
Alexis Noel (Livonia) 19-0		Jessica Shamberger (Salem) 26.3	Redford Thurston 52.2
Lana Wardo (Churchill) 17-1		Linda Montgomery (Livonia) 26.7	800-METER RELAY
Elizabeth Easter (John Glenn) 16-10 1/2		Kystal Wade (Livonia) 26.8	Plymouth Salem 1:47.5
Stephanie Dean (Churchill) 16-8		Whitney Johnson (Mercy) 26.9	Westland John Glenn 1:49.4
Leslie Wasio (Livonia) 16-4 1/2		Kristy Sobran (Livonia) 26.9	Farmington Harrison 1:49.9
Tonia White (John Glenn) 16-4		Tiffany James (Wayne) 27.1	Farmington Hills Mercy 1:50.4
Kristen Bartlett (Canton) 16-2		Jocelyn Flowers (Livonia) 27.2	Plymouth Canton 1:50.6
April Aquino (Salem) 16-2		Rachel Lindeman (Canton) 27.9	1,600-METER RELAY
Katie Bouschet (Farmington) 16-2		Betty Wade (Livonia) 27.3	Farmington Hills Mercy 4:14.1
Aria Dooley (Livonia) 15-11 1/2		400-METER DASH	Livonia Stevenson 4:15.1
POLE VAULT		Linda Montgomery (Livonia) 59.4	Livonia Stevenson 4:15.5
Laura Borovsky (Churchill) 9-6		Rachel Lindeman (Canton) 59.6	Plymouth Canton 4:17.4
Julia Larina (Livonia) 9-6		Betty Wade (Livonia) 59.6	Livonia Stevenson 4:20.1
Angela Adams (John Glenn) 9-0		Alexandra Marshall (Mercy) 1:00.3	3,200-METER RELAY
Yukiko Suda (Livonia) 8-8		Lynden Gault (Salem) 1:00.4	Livonia Stevenson 9:56.1
Jenny Jeddick (Salem) 8-6		Laura Lynn (Livonia) 1:01.5	Plymouth Canton 9:57.1
Brittini Pollack (Salem) 8-6		Laura Mulcahy (Livonia) 1:01.9	Plymouth Salem 9:57.8
Angie Matthews (Livonia) 8-6		Michelle Phillips (Churchill) 1:02.5	Livonia Stevenson 10:02.4
J.Q. Williams (Canton) 8-6		Jasmine Cranford (Livonia) 1:03.1	Livonia Stevenson 10:13.7

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