

## MEDICAL DATEBOOK

## JUNE

**CANCER SUPPORT**  
Cancer Networking Group for persons with leukemia, lymphoma or multiple myeloma will meet the first and third Tuesday of every month (June 3 and 17) from 11 a.m. to 12:30 p.m. at the Weisberg Cancer Center, 31995 Northwestern Hwy., Farmington Hills. RSVP (248) 638-6507

**LONG-TERM CARE**  
Beaumont Hospital's Older Adult Services will offer "Be Smart About Diets" 7 p.m. Tuesday, June 4, at the Evergreen Health & Living Center, 19933 W. 13 Mile, Southfield. Call (800) 633-7377 for more information.

**LONG-TERM CARE**  
Beaumont Hospital will offer "Considering Long-Term Care Options," 7 p.m. Wednesday, June 5, in the hospital's Administration Building, first floor Auditorium, 3601 W. 13 Mile Road, Royal Oak. The class, taught by an attorney, will address housing, tax guidelines, Medicare, Medicaid and other related legal issues. Call (800) 633-7377.

**MULTIPLE SCLEROSIS**  
Dr. William Boudouris of the Michigan Institute for Neurological Disorders and Botsford General Hospital will offer a free workshop on multiple sclerosis beginning 8:30 a.m. Saturday, June 8, at the AMC Livonia 20 Theater, 19500 Haggerty Road, Livonia. Call (800) 622-5185.

**FAMILY FUN**  
Oakwood Healthcare Center, 29150 Ford Road (east of Middlebelt), Garden City, will sponsor a Family Fun Day 9 a.m. to 1 p.m. Saturday, June 8. Free games, refreshments, activities, face-painting, safety programs and a miniature golf tournament. For adults, the center is offering blood pressure and diabetes screening.

**CANCER SURVIVORS**  
The Saint Joseph Mercy McAuley Cancer Care Center and the U-M Comprehensive Cancer Center announce "Cancer Survivors Day 2002" 1-4 p.m. Sunday, June 9, at Washtenaw Community College, Morris Lawrence Building, 4800 East Huron River Drive, Ann Arbor. The theme is "Celebrating the Rhythms of Life." The event will feature music, a drum and dance troupe, information on survivorship issues, door prizes and refreshments. Call (800) 742-2300, category 6275 or visit [www.cancer.medic.umich.edu/shar/survivorsday.htm](http://www.cancer.medic.umich.edu/shar/survivorsday.htm)

**BRAIN TUMOR CONFERENCE**  
The 3rd Annual Hermelin Brain Tumor Center Symposium for patients and families will take Sunday, June 9, at the Westin Hotel in Southfield. The day-long session begins at 7 a.m. with breakfast and registration. Cost is \$35 per person. Sponsored by the Henry Ford Health System. Call (313) 916-8364.

**THYROID**  
The Michigan Thyroid Support Group will meet 6:30 p.m. Monday, June 10, at the Plymouth Library, 223 S. Main Street, Plymouth. Dr. Richard Ng of the Center for Holistic Medicine in W. Bloomfield will discuss essential fatty acids. Contact Tracy Green 734-453-7945 or e-mail [mthyroid@comcast.net](mailto:mthyroid@comcast.net). Visit [www.mhometown.com/oc/CFS-Fibromyalgia](http://www.mhometown.com/oc/CFS-Fibromyalgia)

the Web site at <http://mhometown.com/oc/thyroid>.

**DIGESTIVE DISORDERS**  
"Alternative Solutions to Digestive Disorders" will be held 7-8:15 p.m. Tuesday, June 11, at the Canton Center Chiropractic Clinic, 6231 N. Canton Center Road, Suite #109, Canton. Call (734) 455-6767.

**ALZHEIMER'S SEMINAR**  
Adult Courts of Livonia will offer a free Alzheimer's caregiving seminar, "Making Sense of Difficult Behaviors and Medications to Treat Alzheimer's Disease," 4-6 p.m. Thursday, June 13, at Arden Courts, 32500 W. Seven Mile, Livonia. Dr. Stephen Aronson, chairman of the Alzheimer's Association Detroit Chapter Medical Board and faculty member of Wayne State University and the University of Michigan medical schools, will be the presenter. Seating is limited. Call Vera at (248) 426-7055, Ext. 205 by June 10.

**OSTEOPOROSIS SCREENING**  
A five-minute radiation test for osteoporosis using ultrasound is available 10 a.m. to 2 p.m. Thursday, June 13, at the Canton Center Chiropractic Clinic, 6231 N. Canton Center Road, Suite #109, Canton. \$10, cash or check. Call (734) 455-6767.

**FIBROMYALGIA**  
The CFS/Fibromyalgia Support Group will meet 7 p.m. Thursday, June 13, at the Livonia Civic Center Library, 32777 Five Mile, Livonia. The group meets the second Thursday of each month. Call (248) 346-3164 or visit [www.mhometown.com/oc/CFS-Fibromyalgia](http://www.mhometown.com/oc/CFS-Fibromyalgia)

**HEART PROBLEMS**  
Learn about irregular heart rhythms 10:30-11:30 a.m. Thursday, June 13, at the Saint Joseph Mercy Canton Health Center, 1600 S. Canton Center Road, Canton. Call (734) 712-3548 for more information or to register.

**YOGA LECTURE**  
Sadhguru Jaggi Vasudev will present an introductory lecture on Sahaja Sthiti yoga, a dynamic combination of breathing techniques and meditation, 2-4 p.m. Saturday, June 15, at the Finnish Cultural Center, 35200 W. Eight Mile, Farmington Hills. A seven-day Sahaja Sthiti yoga program will be offered 6-9:15 p.m. weekdays and 8 a.m. to 5 p.m. Saturday and Sunday, June 26 to July 2. A donation of \$200 is requested for the week-long course. Contact Dr. Dorrie Rosenblatt at [Drosenbl@umich.edu](mailto:Drosenbl@umich.edu) or (734) 665-4186.

**APHASIA**  
Beaumont Hospital's Speech and Language Pathology Department, Center for Adult Communication Disorders, will sponsor "Beyond Rehabilitation," a patient and family workshop on treatment opportunities and communication simulations for people with aphasia and other communication disorders. Held 6-7:30 p.m. Monday, June 17, at the Beaumont Rehabilitation and Health Center, 746 Purdy (at Frank Street), Birmingham. Call (248) 258-1090.

**STOP SMOKING**  
Providence Hospital and Medical Centers will hold the Wellness Seminar for smoking cessation at the following times and locations: 6:30-8:30 p.m. Tuesday, June 18, Providence Medical Center - Livonia; Mission Health Medical Center, 37695 Seven Mile, Livonia; 10 a.m. to noon Saturday, June 15, Providence Hospital, 22250 Providence Drive, Medical Bldg., Southfield; and 10 a.m. to noon Saturday, June 22, Providence Medical Center - Providence Park, 47601 Grand River (Beck Road), Novi. Call (877) 345-5500.

**DIVORCE SUPPORT**  
Space for Changing Families, a nonsectarian community service of the National Council of Jewish Women/Greater Detroit Section will offer "Rainbows for all Children," a 10-week divorce support group for children aged 5-15 and their custodial parent 6-7:30 p.m. Monday, June 17 to Aug. 19. The group will meet in the SPACE/NCJW office, Homestead USA Building, 26400 Lahar, Suite 100, Southfield. Call (248) 355-9936.

**WEIGHT REDUCTION**  
Providence Hospital and Medical Centers will hold the Wellness Seminar for weight reduction at the following times and locations: 3-5 p.m. and 6:30-8:30 p.m. Wednesday, June 19, Mission Health Medical Center, 37695 Seven Mile (at Newburgh), Livonia; 1-3 p.m. Saturday, June 22, at Providence Park, 47601 Grand River (Beck Road entrance), Novi. Call (877) 345-5500.

**BREAST CANCER DETECTION**  
Beaumont Hospital's Sharing & Caring program will present "Mammograms vs. Ultrasounds: A Guide to Diagnostic Tools" 7-9 p.m. Thursday, June 20, in the hospital's 1st Floor Conference Room, Beaumont Cancer Center, 3577 W. 13 Mile Road, Royal Oak. Call (248) 651-8585.

**DEPRESSION**  
The University of Michigan Depression Center offers a "Family Education Workshop" 6-8 p.m. Monday, June 24, at the East Ann Arbor Health Center. Learn about depression's risk factors and treatments. Open discussion will be facilitated at the end of the session. \$25 per person; \$30 per family. Preregister by calling (734) 764-0267 or visiting [www.med.umich.edu/depression](http://www.med.umich.edu/depression).

**HEALTH FAIR**  
Hearland Health Care Center-Dorvin will offer a free health fair 2-4 p.m. Wednesday, June 26, at 29270 Morlock (south of Eight Mile and west of Middlebelt), Livonia. Attendees can have blood pressure screenings and meet with representatives from home health care, rehabilitation, general medical, and Alzheimer's care. Refreshments and door prizes. Call (248) 476-0555.

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## Virus from page C6

drain standing water from bird baths, gutters, flower pots, bird covers and other containers, said Grimes. "In terms of people policing their yards, I think that's an important part of it."

## Dead birds

While there is no evidence West Nile virus can be transmitted from bird to person, residents should approach dead birds with caution.

Use gloves and carefully place birds in double plastic bags for disposal.

Residents can report dead birds - as well as areas of high mosquito activity - to respective county health departments.

Since the virus has been identified in Oakland and Wayne

counties, local health departments are no longer recovering and testing dead birds.

However, both county agencies encourage residents to report findings to them.

Residents can also report dead birds to the state health department by calling its toll-free Michigan West Nile Virus Hotline.

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