

Community band plans event-filled season

The Farmington Community Band begins its 37th season of providing musical enjoyment for Farmington and surrounding communities.

This year's band roster boasts more than 60 members from 20 communities in the area. Some are professional musicians, many are not. All interested adults are welcome to join the band, and high school students are admitted by audition.

The only basic requirements are a little talent and a love of music.

Six performances have been scheduled between September and May, including a Valentine Dinner Dance featuring the 20-piece jazz band, plus four summer concerts and two outreach concerts at area nursing homes.

All concerts this year will

continue to be without charge, with a goodwill offering accepted to continue the support of the community band. Highlights of the upcoming season will include the following:

Spooktacular XVII, 3 p.m. Saturday, October 26
William Costick Activities Center - Farmington Hills

The FCB hosts its 17th annual Halloween Concert for kids of all ages. Everyone, including the band, comes dressed in costume for tunes and treats. Hear about trick or treat safety from Farmington Hills Police Officer McGruff and join in the costume parade. The event is sponsored by the Target store at 30020 Grand River in Farmington Hills, in cooperation with the

Farmington Hills Police Department.

International Classics, 3 p.m. Sunday, December 8
Harrison High School Auditorium - Farmington Hills

The Farmington Community Band provides a great way to ease into the winter season and the holiday spirit with a musical world tour of the classics. The school is located on 12 Mile Road, east of Orchard Lake in Farmington Hills.

Two For One!, 3 p.m. Sunday, January 19, 2003
Harrison High School Auditorium - Farmington Hills

Join the Farmington Community Band for the 4th annual combined concert with the Birmingham Concert Band

featuring their special guest conductor, John Williamson, Director of Bands at Central Michigan University. The FCB, with Paul Barber and the Birmingham Concert Band, with Grant Hoemke, will perform individually before joining together under the direction of Mr. Williamson.

Valentine Dinner Dance, Cocktails 6:30 p.m. Dinner at 7:30 p.m. Friday, February 14, 2003
Glen Oaks Country Club Farmington Hills

Enjoy a special evening of dining and dancing at the elegant Glen Oaks Country Club. The evening begins with a cash bar cocktail hour followed by a lavish buffet dinner. After dinner, the 20-piece FCB Jazz/Dance Band will play

until midnight. Tickets available by reservation only, individually or in tables of eight. Call 734-261-2202 for details.

Marching into Spring!, 3 p.m. Sunday, March 23, 2003
Harrison High School Auditorium - Farmington Hills

The Farmington Community Band re-discovers the spirit of Spring with an afternoon of musical grandeur in the comfort of the Harrison High School Auditorium.

Those Were The Days..., 3 p.m. Sunday, May 4, 2003
William Costick Activities Center - Farmington Hills

Farmington's handicapped and senior citizens will be the special guests of The Farmington Community Band

for an afternoon of familiar music and homemade refreshments.

The band provides transportation to and from this musical event for those who are residents of area nursing homes as part of its "Outreach" program. This event also concludes the week long Festival of the Arts sponsored by the Farmington Community Arts Council.

The concert is funded in part by the Farmington Area Arts Commission in cooperation with the Farmington Public Schools, and in conjunction with National Music Week, sponsored locally by the Farmington Musicale.

For more information or to receive the 2002-2003 concert schedule, call 734-261-2202 or 248-489-3412 or visit the Web site at www.fcbmusic.org.

CHATROOM

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enough reliability to be considered conclusive. The diagnosis is often made by schoolteachers and parents relying on behavioral observation and checklist ratings of ADHD symptoms. Some get formal psychological testing which has components to measure attention and concentration.

However, these test scores can be degraded for reasons other than ADHD. Some get referral to pediatric neurologists and family practitioners whom, after relying on the teachers' and parents' reports and checklists, make the medical diagnosis and prescribe the medical treatment.

TREATMENTS

The major treatment in the United States for children with ADHD is psychostimulant medication. Ritalin is, by far, the first line drug of choice followed by Ritalin-like stimulant medications. Ritalin is a Class 2 controlled substance in the same category as cocaine. Some parents have been told they cannot return their children to schools unless the school is allowed to dispense physician prescribed Ritalin, Dexedrine, or other stimulant-like medication. This makes the whole disorder and business of ADHD a controversial issue.

A further issue, and perhaps controversy about this difficult diagnosis is the effect it has on the child's self image. Although when properly, parentally handled, this may not be such a problem. Usually children's attitudes about illness and medicines will be a direct reflection of the parents' attitudes.

OTHER CONSIDERATIONS

It is likely that children without ADHD can appear with some or all of the ADHD symptoms for other reasons than having the disorder. Children with worries on their minds have trouble paying attention. Children with thoughts and feelings they are conflicted over and struggling with will have trouble sustaining attention and concentrating.

Many who are nervous and bored can appear overactive and restless and far from calm. Children who have not had good role models with which to identify with miss out on development of inner resources to inhibit themselves and delay gratification when necessary. These kids can resemble the impulsive ridden ADHD child.

Some, by receiving medication and being identified as "ADHD," may be responding to the increased personal and inner personal and social attention they are getting concerning the disorder and the dispensing of the drug rather than the medication effect itself.

NON-MEDICAL INTERVENTIONS

Interventions that show promise, with or without psychostimulant medications, include training of parents in more effective child management skills, modifying classroom behavior management methods, adjusting classroom settings to reduce structure and fewer distractions, and social skill training, training in self control methods, and exploratory family and child therapy are worth considering.

Since there is no cure for ADHD, medication treatment and some of the non-medical interventions can only hope to mitigate the symptoms of hyperactivity, inattention and impulsivity. For many, this is doing a great deal of good.

However, for the misclassified ADHD-like youngsters, non-medical interventions may provide a chance for uncovering personal conflicts in development and inter-relationship problems in families which can be altered more permanently.

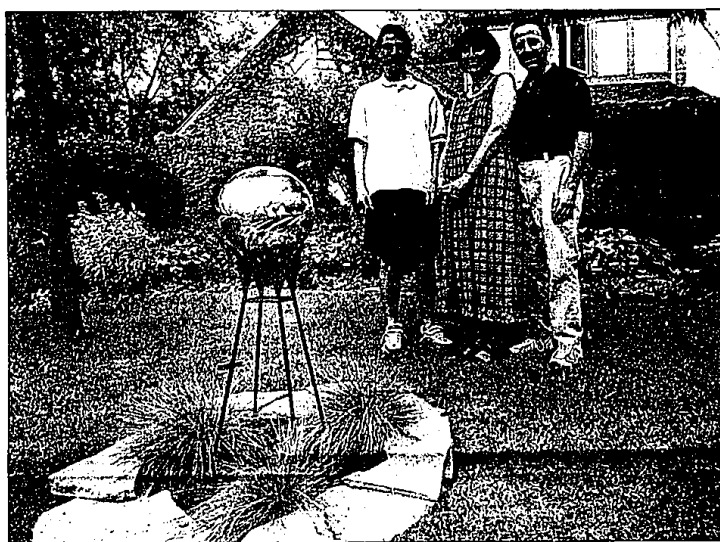
In any event, the controversy of ADHD will continue. The treatment of ADHD and ADHD-like issues might best be addressed through a comprehensive, psychological, behavioral, family, educational and medical/psychiatric team approach. Treatments, which includes the assistance of mental health, educational, and medical professions, are likely, in the long run, to be in the best interest of the child.

RESOURCES

There are a vast number of websites on the Internet, which can be accessed by entering Attention Deficit Disorder, general information. Locally, help might be sought through the Childhood Division of the Michigan Psychoanalytic Institute in Farmington Hills (248) 851-3380.

Children's Hospital of Detroit maintains an ADHD Clinic for evaluations.

Leonard J. McCulloch is a Diplomat of the American Psychotherapy Association, a Certified Brain Injury Specialist, and is Board Certified in Traumatic Stress. McCulloch is also Director of Psychological Services at Broe Rehabilitation Services, Inc. and can be reached at (248) 474-2763.



Peggy Luciw-Maggid and her garden helpers, son Ryan Maggid and husband Roger Maggid.

BOB BRADLER/OBSERVER

Farmington Garden Club honors Maggid family

The Farmington Garden Club recently awarded Peggy Luciw-Maggid first place in its 17th annual Good Neighbor Garden Contest.

Her outstanding use of garden design, originality, and maintenance at her Farmington Hills home won her the award. Shirley George earned second place for her neatly main-

tained front yard, exceptional plant selection and composition of the gardens in the rear of her home.

Third place was awarded to Mr. and Mrs. Lee Sanders in recognition of exquisitely tasteful placement of annuals and shrubbery in a small environment.

MOMS Club publishes fund-raising recipe book

The MOMS Club of Farmington Hills has collected 150 fabulous recipes from group members, family, and friends and compiled them into an attractive keepsake cookbook.

On Saturday Oct. 12, members of the group will be selling their one-of-a-kind cookbooks at the following locations: Busch's Market at Drake and Grand River, Farmer Jack at Farmington and 12 Mile, and

Kroger at Halsted and 12 Mile. The books may also be purchased at the Farmington Community School.

All proceeds will go to Neighborhood House of Farmington Hills. For more information on the cookbook contact jmcaldron00@ameritech.net or find out how to become a part of the MOMS Club of Farmington Hills, contact LeeandMare@juno.com.



27th Annual Calico Arts and Crafts

Over 140 Fabulous Exhibitors
Friday, Oct. 4, 9:30 a.m.-5:00 p.m.
Saturday, Oct. 5, 9:30 a.m.-4:00 p.m.

Calico Cafe open for meals & snacks both days

Admission: \$5 per person

Marian High School

Location: Lahser at 14 1/2 Mile Rd., Bloomfield Hills

Free Parking & Shuttle Service!

Please, no strollers Friday

CITY OF BIRMINGHAM DOWNTOWN BIRMINGHAM PSD SEALED PROPOSALS REQUESTED

The City of Birmingham, Michigan is accepting sealed bid proposals from private firms to handle storefront snow removal in the Principal Shopping District (PSD). Sealed proposals endorsed "Downtown Birmingham Storefront Snow Removal" will be received at the Downtown Birmingham PSD Office, 798 North Old Woodward, Birmingham, 48009, until 2:00 p.m. on Monday, October 28, 2002, after which time bids will be publicly opened and read. Specifications may be obtained by calling Downtown Birmingham PSD at 248-433-3550. The successful bidder will be required to comply with the City Charter with respect to contracts. The acceptance of any proposal made pursuant to this invitation shall not be binding upon the city until a contract has been presented to a successful bidder.

JOHN HEINEY, PSD Director

Published October 3, 2002

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