

Palm reading reveals inner truth

BY SUE BUCK
STAFF WRITER

I have until my birthday Dec. 22 to ask for what I want because I'm laying the foundation for the next nine years. Darlene Denning told me so. She should know, she's an experienced palm reader.

"Next year you will really need to speak up," said Denning, who reads palms at Spiritual Reflections in the back of the Village Mall, located at Grand River and Farmington Roads.

"Keep putting out your requests: I want to be editor, whether you want to or not. I want a condo. I want a man, whether you are married or not."

I love being a reporter, and I've been married for almost three decades on those points.

Denning's wide-open thinking amused, fascinated and intimidated me a bit to think the world is truly at my fingertips.

Denning, a Farmington resident, also invited me to an open house and grand opening noon-6 p.m. on Oct. 12 at Spiritual Reflections. More than a dozen small businesses will display their wares and expertise.

Denning, a clairsentient, is a guest lecturer and teacher at 35 community education sites in metropolitan Detroit. That includes Clarenceville, Westland, Troy and Plymouth Canton. She's also at White Owl, a store in Garden City.

As a clairsentient, she could tell how I felt just by touch. She used numerology based on my birthday, astrology and my two palms to help me better understand my life, where I am in the life cycle and new beginnings.

The left hand shows what you are born with; the right hand is what you've done with

your talents, she said.

Denning likes to tell the story about a job interview she had on Oct. 10, 1989 with a vice-president of sales, also a palm reader. Reading her left hand, he would hire her. But, if he went by her right hand, he would not.

"I'll hire you for 90 days," he said.

She spent years upper management and traveled to 89 countries. "Then I realized my boys were getting older," Denning said. Though she thrived on work, it deprived others of spending more time with her.

"Do you know anybody who, on their death bed says, 'Hey God, hold on a second. I need to finish this project at work.'"

I laughed. Funny she should say that. My plan is to say, "I'm not done yet. Please send me back." I can't believe it all ends at death.

During our session, she also consulted a book called "The Secret Language of Destiny." I'm supposed to be on the same karma path as actor John Travolta, Frederick the Great and Walter Cronkite.

I like being on the same path with Walter.

"Deja vu, there are no coincidences," Denning said.

"Everything happens for a reason. Before we came here we picked our parents. We picked our sisters and brothers to learn lessons."

Diligent, persistent, persuasive are my gifts, she said. My pit falls are wanting to be solitary, a need to be alone.

"You get what you are given," she said. "You've got to get rid of this, your tendency to be a workaholic. But, you are a Capricorn."

She's also a Capricorn and can understand.

"Work can be fun," she acknowledged. "The suggestion



PHOTOS BY PUL BRESLER/OBSERVER

As a clairsentient, Darlene Denning can tell a lot about a person just by touching them.

is to be kinder to yourself by occasionally, lowering your standards," she said. "Remember to indulge in fantasy and to cultivate your imagination once in a while. Balance. All work and no play doesn't allow you to be in the moment of enjoying people."

"It's your time to be selfish," she said. "If you don't ask for things, shame on you. I believe the universe opens up."

STARTING POINT

She showed me when skin breaks on the palm it releases energy and spotted the fact that I have sinus trouble.

"You are a very honest and straightforward woman," Denning said. "When you lead you are bending over backwards to please a lot of people. You're not bossy."

I'm destined to three love relationships in this lifetime, she said, but I've been married to John for 27 years. Our relationship is status quo.

"His whole world will be

work, work, work," she said. Denning commented on my life line which wraps around the thumb. "When you get this far I'd say you are older than dirt."

Time of retirement will be my choice. Money is coming down the pike and will be a cushion, she added.

Family's important to me. A strong line showed daughter Anni, 21. The lighter line was John, 25. "Your kids make you happy but there's times they get on your nerves."

An only child, I'm constantly concerned about my elderly parents.

"Mom is all around you," Denning said. "You are a little clone of her."

She suggested I make an appointment to meditate. "Make time for you."

Palm readings cost \$45 for 20 minutes, and Denning also does parties. The hostess is free, the guests have to pay.

For more information, call Denning at (248) 477-0760. sbuck@homecomm.net | (248) 477-5450

Spiritual Reflections is geared toward the community

BY SUE BUCK
STAFF WRITER

Deborah Janicki, owner of Spiritual Reflections, sees her business as a place for the community.

Located at the rear of Village Mall at Grand River and Farmington Roads, she plans a grand opening from noon-6 p.m. Oct. 12.

"It adds a unique twist to the market place," Janicki said. "The majority of the items sold in the store are handcrafted items made by some of the local community residents."

Patty Russo, Janicki's friend, helps to manage Spiritual Reflections. She's director of Enlightened Touch Healing Center located next door. Russo, a Farmington resident, is a healer practitioner and massage therapist.

"I had a dream one night and I started looking into it," Russo said. "I needed some assistance and I called Debbie."

Janicki also works as a quality specialist and troubleshooter for the U.S. Postal Service in downtown Birmingham. She moved up the ladder from a postal carrier position.

"We all have our own company, but she gave us a place," said Darlene Denning, a palm reader.

"We become one together. We are definitely a family. It was Patty's original dream. Now we have tied all our dreams together. We're trying to get Farmington moving again."

Also participating in the grand opening are:

■ Joyce Goodman of "Chakra Reflections" who just completed a CD called "A Journey into the Chakras" which was produced by local Studio 7 productions, also located in the Village Mall.

Goodman makes custom Chakra gemstone jewelry with paintings and "divinely-guided poetry." She teaches Chakra and crystal classes at Spiritual Reflections.

■ Walt Kozikowski, owner of Beacon Photographic, whose work is displayed at Spiritual Reflections. He is the creator of a "Gift from God" program where he gives a portrait of you and your loved ones as a living reminder of the beauty and gifts you now have in your life. His objective is to bring

healing to the world and make it a better place to live in, one gift at a time.

■ Judy A. Laslie of "Nine Chances to Feel Good About Yourself" will sign her book. Using positive, self-talk, she talks about spreading good feelings like ripples in a pond.

■ Shirley Cunningham is a counselor, spiritual director and author of "Chasing God." She gives workshops and retreats around the country and has been on the Oprah Winfrey Show, according to Denning. Her first book grew out of 30 years of journaling.

■ Michelle Dixon, designer of "Sacred Feathers" and creator of the window displays for Enlightened Touch Healing Center and Spiritual Reflections. She created "Touching Hearts, Inc.," which focuses on the poor country of Malawi, Africa.

■ Joan Wysocki, herbalist and founder of the "HerbEase" company, which produces a homemade salve to use for skin tone maintenance after radiation treatments, surgical scars, sunburn relief, painful and tingling nerves, psoriasis and eczema, scalding, herpes, chicken pox, shingles, hemorrhoids, insect bites, scratches and minor wounds, including diaper rash, backaches and sore muscles. Samples of the salve are available at Spiritual Reflections.

■ Shelly Perelman, collector of unique handcrafted glassware bowls and candle holders enmeshed with metals discovered on his many trips to Israel. He is author of "A Nail in the Road," a book of channeled words from God to all his children.

■ Julie McDonough, artist and founder of JMB Studios, who creates arts. Copper and stained glass garden art are available at Spiritual Reflections.

■ Paul Luoma, a local teen singer who recently created his CD, "FCL" with the help of Studio 7 Productions. "FCL" is available at Spiritual Reflections.

■ Mary Rezmarski, designer of uniquely handcrafted journals which she attributes to Divine energy.

For more information, call (248) 477-7026.

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