

ALL-AREA  
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and four more received honorable mention. Clarkson's Jamie LaBrosse, was named Coach of the Year.

Lutheran Northwest's Roll leads what might be a youth movement on this year's team, as six of the first-team runners are sophomores or freshmen.

**ALL-AREA FIRST TEAM**

Shannon Stanley, senior, Rochester Adams: Stanley finished second at 17:56 in the state finals to Nicole Bohnsack at Rockford. Stanley also finished first in her regional at Storey Creek Metropark, second in the Oakland Activities Association Division I league championships and third in the Oakland County championships at Kensington Metropark.

"She's a diamond in the rough," said coach Budd Cicciarelli. "She's very efficient in her running form, and doesn't waste energy. She's fluid light on her feet and very strong in her stride. She's a very strong girl. I think a lot of things will happen for her when she's 19 and 20."

Stanley is considering attending the University of Iowa.

Laura Roll, sophomore, Lutheran Northwest: Roll won the Division 4 championship with her time of 18:15. Roll's time was the sixth best among runners in all four divisions. Roll also finished first in the Oakland County championships and first in the Division 4 regional at Metro Beach.

Coach Karl Weber describes Roll's season as "phenomenal."

"She's an extremely talented young girl," said Weber. "She uses her lateral young girl's given her to her fullest. She works very hard in practice, and if she feels the hard to run hard enough, she'll go home and run at home." Her parents are supportive of her

Megan Young  
Country DayJennifer Waters  
MarionTheresa Martin  
Troy AthensCaitlin Clifford  
LahserLaura Roll  
Lutheran NWShannon Stanley  
AdamsMo Kuhl  
ClarkstonLyndsay Smith  
Clarkston

efforts and her father, Jim Roll, was also a runner. Weber said.

Weber said much of Roll's season was dedicated to finishing the race at the state final, where she collapsed last season short of the finish line. "That was inspirational for her," Weber said. "She just wanted to go back and finish the race."

Liz Mengyan, sophomore, Clarkson: Mengyan finished fifth in the state at 18:32, and broke the school record this season with her winning time of 18:29 at the league meet at Bloomer Park. She placed first in that race and won the Division I regional at Springfield Oaks with a time of 19:22.

"The big difference for her this season is her consistency," said coach Jamie LaBrosse. "It was tough for her as a freshman (in 2001) to fall into a lead runner's role, because she was just learning to race. But she's learned to pace herself this season for the most important races and she's learned how to take that leadership role on the team."

Caitlin Clifford, freshman, Lahser: Clifford ran an 18:37 at the state finals to place fourth in the Division 2 race. Clifford won the Division 2 regional race at Metro Beach and won her league race. Clifford placed fourth at the Oakland County meet, second at the Brother Rice Invitational and first in the 5th and 10th grade invitational at Royal Oak Kimball.

Clifford also broke the school record of 18:53 by Holly Spohn at the regional with a time of 18:25.

"She just works really hard," said coach Nick Stratton. "She's going 100 percent at every practice. I have to make sure she takes some 'easy' days."

"She's really comfortable going after the others. She's a great competitor and has tremendous poise. She can handle tough situations and she has fun doing it."

Mo Kuhl, junior, Clarkson: Kuhl finished seventh at the Division I state finals and second at the regionals. Kuhl placed fifth at the

## O&amp;E GIRLS CROSS COUNTRY TEAM

## FIRST TEAM

Caitlin Clifford, freshman, Lahser

Mo Kuhl, junior, Clarkson

Theresa Martin, junior, Troy Athens

Liz Mengyan, sophomore, Clarkson

Anne Oltman, sophomore, Clarkson

Laura Roll, sophomore, Lutheran Northwest

Lyndsay Smith, freshman, Clarkson

Shannon Stanley, senior, Rochester Adams

Jennifer Waters, senior, Birmingham Marion

Megan Young, sophomore, Country Day

Coach of the Year

Jamie LaBrosse, third season, Clarkson

## SECOND TEAM

Val Allen, freshman, Southfield Christian

Ashley Anderson, senior, Rochester Adams

Sara Barnes, senior, North Farmington

Rachel Burton, junior, Farmington

Kelly Berne, senior, Rochester Adams

Ashley Ferri, freshman, Troy Athens

Beth Hill, sophomore, Troy

Shannon Lafant, sophomore, F.A. Werry

Hail Wetta, sophomore, Birmingham Seaborn

Gwen Hodgson, sophomore, Clarkson

Macey O'Neil, senior, Birmingham Groves

Allison Smith, senior, Birmingham Groves

Ashley Wharton, senior, Lake Orion

Lauren Hill, junior, Clarkson

## COACH OF THE YEAR

Bud Cicciarelli, third season, Rochester Adams

## HONORABLE MENTION

Aronson: Stephanie Dunsen, sr.; Anna Ruiz, Jr.; Susan Saunders, soph.; Jessica Sauter, sr.; Kaylin Strope, Jr.; Courtney Day; Kelly Goss, Jr.; Diamond Moore, sr.; Sara Connelly, sr.; Groves: Emily

Rogers, sr.; Nadine Roberts, soph.; Marion: Kelly Mennin, Jr.; Kathryn McDermott, soph.;

Stanton: Lauren Began, Jr.; Casey Strickland, Jr.;

Katie Keane, sr.; Valerie McDermott, sr.; Lindsey

Moshier, sr.; Claire Parkinson, Jr.; Anderson: Laura

Campbell, soph.; Blair Neeson, sr.; Emily Weintraub,

Jr.; Lauren Neale, Ritz, Betty van Deyn, sr.;

Clarkson: Anna Kent, soph.; Beth Hiestema, Jr.;

Elizabeth Cox, soph.; Carley Gray, Jr.; Farmington:

Claire Capaldi, sr.; Jenna Capaldi, Jr.; Amy Kider,

sr.; Harrison: Shannon Bailey, soph.; Vira

Kalevskaya, sr.; Mercy Elizabeth Williams, soph.;

Lake Orion: Lindsey Gaudin, soph.; Katie Reddy,

soph.; Kaitlyn Wrightman, soph.; North Farmington:

Katie Kian, Jr.; Amy Kider, sr.; Jackie Marrenich,

soph.; Oxford: Davis Galvin, soph.; Rochester:

Jessica Combs, sr.; Cory Garcia, Jr.; Stephanie

Menden, sr.; Betty Miller, sr.; Walcott: Sarah, Jr.;

Adams: Mary Bunnell, sr.; Elston: Gibson, soph.;

Christina Tristram, soph.; Lutheran Northwest:

Lindsay Lucker, soph.; Slony Creek: Rachael

O'Brien, Jr.; Southfield Christian: Kate Penell, sr.;

Carleton: Terrell, sr.; Troy: Laura Dally, sr.; Katie

Dakota, soph.; Jenki Friday, soph.; Valley

Oakland: Jr.; Audrey Goss, Jr.; Kilmory: Amy

Cathcart, Jr.; Lauren Dytala, Jr.; Rachel Griffin,

soph.; Annand: Stephanie, soph.; West Bloomfield:

Sarah Muffett, soph.

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finished 20th at 18:50 at the state finals. 18th at regionals, sixth at the OAA I championships and 22nd at the Oakland County championships.

"She was a big surprise," LaBrosse said. "I knew she ran in middle school, and then she came out for the team this year. But after her first race, I knew she'd be something special."

"She learned how to train this season, and when she had to step up to the plate at the state finals, she hit a home run. She's very competitive and extremely talented."

Theresa Martin, junior, Troy Athens: Martin finished first at the Division I regional at Royal Oak Kimball. Third at the OAA I meet, fifth in the Oakland County championships and 26th in the Division I state finals at 19:01.

Athens: Coach Mike Stalimovich praised his team's top runner. "She's extremely talented and made a nice comeback from a broken ankle last year in soccer to train to be one of the top runners in the state," Stalimovich said. "She's an extremely hard worker and put her hard work to good use in her running game."

Megan Young, sophomore, Country Day: Young finished second at regionals and sixth in Division 3 at the state finals with a time of 19:05. Young won invitational at Holly, Oxford and Carman-Albion.

"She started to really like running this year," said coach John Winter. "It was second to soccer last year, but she really enjoyed running and brought the team up with her work ethic. She did a lot of work this summer, as we helped her with her racing tactics and confidence."

Jennifer Waters, senior, Marion: Waters ran a 19:06 in the state finals to finish 13th in Division 2. Waters ran all-state as a sophomore, junior and senior and finished second in the regional three years in a row, said coach John Dunn.

"She is the most successful runner we've had in the history of the program," said Dunn, who has coached at Marion since 1979. "She does it all on natural ability."

Lyndsay Smith, freshman, Clarkson: Smith

"She trained well and got faster and faster as the year went on," LaBrosse said. "I don't think she had a bad race all year. I think we'll see some big things from her in track. We'll see if she can race with Liz next year."

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## THE WEEK AHEAD

## PREP FOOTBALL

Friday, Nov. 29

(Division 2 state championship)

Brother Rice vs. Lowell

at Pontiac Silverdome, 1 p.m.

Saturday, Nov. 30

(Division 1 state championship)

Redford CC vs. East Farmwood

at Pontiac Silverdome, 1 p.m.

## PREP HOCKEY

Friday, Nov. 29

Charford at W.L. Western (Lakeview), 8:20 p.m.

Saturday, Nov. 30

Stevenson at Farmwood (at W.L. Arena), 8 p.m.

## MCC'S COLLEGE BASKETBALL

Saturday, Nov. 30

Kellogg CC at Schoharie, 7 p.m.

## WOMEN'S COLLEGE BASKETBALL

Friday, Nov. 29

(Owens Tech Tournament)

Schoharie vs. Columbus St., 5 p.m.

Saturday, Nov. 30

Schoharie vs. Edison St. at Owens, 2 p.m.

St. Francis (Ind.) at Madonna, 3 p.m.

## ONTARIO HOCKEY LEAGUE

Friday, Nov. 29

Whalers vs. Saginaw (at Commerce), 7:30 p.m.

Saturday, Nov. 30

Whalers vs. London (at Commerce), 7:30 p.m.

## HOCKEY

FROM PAGE D1

a shot from the left point. Mike Hand scored from Victor Calagias at 13:55, and Singer got his second of the game from Matt Kjolhede at 1:04.

Aaron Allor was in goal for the Flyers the entire game to earn sole credit for the shutout. "In the second period, they pressured us, but Aaron made the saves and we cleared the rebound," Vellucci said.

The defense played well in front of Allor, but Farmington lost defenseman Victor Calagias and Noble by minor

## injuries.

Overall, the Flyers outshot the Wildcats, who defeated Livonia Churchill, 4-1, in the other tournament semifinal Friday, 37-16.

Farmington is idle until Saturday night when it plays host to Livonia Stevenson at the Farmington Hills Ice Arena. "We played them in the fall league, and they gave us a really good game," Vellucci said.

"In the second period, they pressured us, but Aaron made the saves and we cleared the rebound," Vellucci said.

"We want to get everybody back healthy. We'll try to get out of this game without any more injuries."

**REDFORD CC 5, UD-JESUIT 0:** Catholic Central jumped out to a quick start and just kept going on Saturday night as the Shamrocks shut out University of Detroit-Jesuit. "It was a good way to start," CC co-coach Todd Johnson said.

"U-D has a good team and played really hard. But we did a nice job executing on our power play. I'm happy to start our season with a game like that."

Special teams accounted for three of the five goals. Brandon Naurato opened the scoring in the first period with a power-play goal, with Eric Glosa and Harrison Niemann getting the assists.

CC made it 3-0 in second with Drew Kahle (Billy Burns and Billy Makela) scoring one and Eric Reinhardt (from Burns and Mike Monterrey) getting another power-play goal.

The Shamrocks (1-0) scored two more in the third with Reinhardt (from Monterrey) getting a short-handed goal and Naurato (from Glosa and Niemann) closing out the scoring.

Jimmy Blanchard made 14 saves in goal for CC, while the Shamrocks had 32 shots on goal.

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S vs. MICHIGAN STATE vs. BOSTON UNIVERSITY

4:00 p.m.

M vs. MICHIGAN vs. MICHIGAN TECH

7:30 p.m.

SUNDAY, DECEMBER 29, 2002

Third Place Game - 1:30 p.m.

Championship Game - 5:00 p.m.

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