# Grab a sandwich or luscious dessert at Sweet Spot Cafe

The Sweet Spot Café is tucked in the Village Five shopping center at Five Mile and Newburgh, where for the past two years owners, Julic and Charles Bou-Maroun have served fresh pita twists,

years owners, Julie and Charles BouMaroun have served fresh pits twists,
specially coffee and teas and a delightful
assortment of salands, soups, cheescades,
and ice cream cakes at the shop.
The couple talked about owning their
own restaurant for a long time before
settling on a location and actually starting the cafe. They live in the area, and
remember wishing there was somewhere to stop for an ice cream while out
for bike rides with their children.
There was no place to stop, sit down,
have a cup of coffee, and just relax for a
little bit; remembers Julie, a litetime
Livonia resident. Now, there is a place,
but the Bou-Marouns are not on their

but the Bou-Marouns are not on the bikes anymore—they're running the ice

but the Bou-Marouns are not on their bikes anymore—they're running the ice cream shop.
Charles had previous experience in the resturant business when he co-owned a Ramis Horn with his brother. Without a national chain like Ramis Horn promoting the business, the Bou-Marouns found, they've had to work twice as hard getting established.
'When people see a national chain name, they know what to expect, but when you see our name, it's a variety of things,' said Charles. But, things have grown at a steady pace, and today they enjoy serving many patrons who have become regulars.
'It's kinda funny,' said Charles about the cafe's regular customers, you might forget someone's name, but you remember what they can. We've tried to make this a place where local people can hang out and feel comfortable, he added. The cafe' is clean as a whistle, with a festive atmosphere. The Bou-Marouns decorated the restaurant themselves. In spite of its size, the cafe feels roomy and inviting inside. Fabric draped under well-placed lighting resembles kites, making the atmosphere cheep. There are a few deli-style tables, including one outside the shop, where diners can grab a quick bite. However, most Sweet Shop cafe. Monkey King Jasmine tea is a delicate variance from traditional tea, with an exotic, yet not over-powering taste.

Bulk candies are available, as well as a recondered to the server available, as well as a recondered to the server available, as well as a recondered to the server available, as well as a recondered to the server available, as well as a recondered as a server available, as well as a recondered and the server available, as well as a recondered and the server available, as well as a recondered and the server available, as well as a recondered and the server available, as well as a recondered and the server available, as well as a recondered and the server available, as well as a recondered and the server available, as well as a recondered and the server available, as well as a recondered and a server available, as w

Bulk candies are available, as well as pre-made gift baskets. Giant jaw breakers are in constant demand.



Julie Bou: Maroun with some of the many sweet treats available at the Sweet Spot. On the trays, from left, caramel; apple cheese cake, raspberry rumple cheesecake, cannoli and chocolate frosted brownles.

rumple cheesecake, cannoil and chocolate frosted
Sweet Spot also has a thriving catering business. "Our catering went from
dessert trays to people asking for cheese
trays, or fruit trays, said charles.
"Then, we had customer's say, 'OK,
you've gotta start with appetizers, and
have everything to desserts."
They happily compiled. Photos of
past catering trays are available for customers to look through for ideas.
Even treats like Smoothies can be
entered by Sweet Shop, as they were at a
homecoming celebration at Ladywood
High School. "One girl came over to me
and said how she just hates everything;
remembered Julie. "She said she was a
really a pieky enter, but she drank our
smoothie, and just boved it." The
smiled.
If you've been looking for Guernsey

smiled.

If you've been looking for Guernsey
Ice Cream and Sander's Hot Fudge topping, this is your place. The BouMarouns hand select menu items, like
Lavaza coffee (Italy's most popular
brand), Ghiradelli chocolate for their
hot chocolate, and Sander's Hot Fudge.

They also feature specialty cheesecakes they have delivered from Chicago. Guernsey ice cream is featured in their desserts, including their ice-cream cakes which Julie makes herself. The menu includes soups, salads and pita twists. The attractive dessert menu includes soupmet cakes, cheesecakes, pies, and ice cream cakes made by Bou-Maroun with Guernsey Ice Cream. A full range of ice cream specialities is also available. Soft serve yogurt and yogurt specialities finish off the dessert selections. Soup served in celible bread bowls will be featured soon.

Sandwiches average \$3.75. Salads are priced from \$2-\$5.30. Desserts begin around \$3 if or a Kiddle Soop ice cream cone to \$4.25 for a Kiddle Soop ice cream cone to \$4.25 for a Banana Split. Cheesecakes are \$2.75 per a lice, or \$25.95 for the whole cake. Ice cream cakes begin at \$15.25, for sit to eight

s26.95 for the whole cake. The Gram. cakes begin at \$15.95, for six to eight servings and go up to \$23.95 for 12 to 16 servings. A six-serving ice cream pie

#### SWEET SPOT CAFE

Where: 37575 Five Mile in the Village Five Shopping Center, Livonia

Hours: 9 a.m. to 8 p.m. Monday-Friday; 11 a.m. to 8 p.m. Saturday; closed Sunday

Menu: Sandwiches, soup, salads, desserts Cost: Lunch of sandwich

with salad or soup averages just under \$5; desserts average \$3 Credit cards: All major accepted Carryout orders: Phone (734) 464-4200; fax (734) 464-9080 Catering: Available

#### **DINING BRIEFS**

#### HOLIDAY BUFFET

Students at the Oakland
Schools Technical Campus
Southwest will serve a holiday
buffet 11 a.m. 1 p.m. Tuesday
Dec. 10, 5-7 p.m. Wednesday,
Dec. 11 and 11 a.m. 1 p.m.
Thursday, Dec. 12, at the campus, 1000 Beck, Wistom.
The menu will include soup,
salad, bread and rolls and
dessert. Three entrees will be
served: Roasted chicken stuffed
with mushrooms, bacon,

served: Roasted chicken stuffed with mushrooms, bacon, onlons, garlic and shallots and served with a sauce, sour cream and chive mashed potatocs; roast prime rib au jus with horseradish sauces; and pistachio-crusted salmon with rice, crusherry relish and honey butter sauce.

The meal costs \$12 for adults and \$7 for children. For more information call the student restaurant at (248) 960-5429.

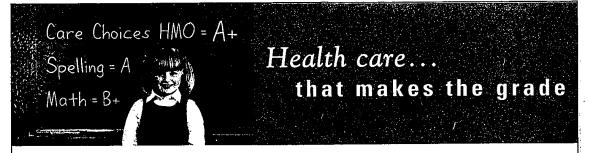
#### SANTA AT SHIELD'S

SANTA AT SHELD'S

A few spots still remain open for Cookies with Santa at Shield's Restaurant and Pirzeria, 9:30 nm.-noon, Saturday, Dec. 7, at the Troy restaurant, located at Maple and Crook's roads.
Children will decorate one dozen cookies during the event and meet Santa Claus.
Shield's will provide prebaked cookies and trimmings. The cost is \$7, which includes a beverage. Sessions run from 9:30 -10:30 a.m. and 11 a.m.-noon.
Parents can sign up and pay in advance by calling Shields at (248) 637-3131. Walk-ins will be allowed, but preference given to those who sign up in advance.

#### HOLIDAY DINNER

Cafe Cortina will serve a special holiday dinner, 6:30 p.m. Tuesday, Dec. 24. Strolling musicians will entertain during musicians will entertain during at 5 p.m. 7 p.m. and 9:30 p.m. on Tuesday, Dec. 31. Visit the restaurant, 30715 W. 10 Mile, Farmington Hills, online at www.cafecortinn.com or call (248) 474-3033.



### Not all health care plans are alike.

Care Choices HMO is committed to providing members with access to top-quality health care and service. Our drive for quality is clearly demonstrated by the high marks we earned in the latest national ratings of health care plans.

## #1 in Southeast Michigan.

At Care Choices, we know that member satisfaction is the highest measure of Accarding to the latest national consumer satisfaction survey. Caro Choicos HMO members rated their experience of care ahead of all southeast Michigan health plans in 9 out of 10 measures: "It's no surprise, then, that Care Choice is among the top 10% of health plans in the nation, and #1 in the state, when it comes to how quickly members get care.

#### Rated "Excellent" by NCQA.

Accreditation by the National Committee for Quality Assurance (NCQA) is an important measure of quality. Care Choices HMO received NCQA's highest rating of "Excellent."

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#### How NCOA rates Care Choices HMD

Aren of Focus	NCOA Rating
Overall health plan performance	"Excellent"
Getting better	****outof4
Living with illness	*** out of 4
Qualified providers	****out of 4
Staying healthy	★★★ out of 4
Accore & conico	******



# Top 10% in the nation.

Care Choices ranks among the top 10% of health plans in the nation on six key measures of clinical quality. In fact, Care Choices was recognized as "Best in ... Class" on four of these measures. This designation means that Care Choices performance represents a benchmark for other health plans.

Women's Health	
Breast cencer screening	Top 10% of health plans nationally
Cervical cancer screening	#5 in the nation, "Best in Class"
Menopause management	#9 in the nation
Chromic Illness Care	
Astrima core	Top 10% of health plans nationally
Diabetes care Lipid control Poor HbA1c control	#6 in the nation, "Best in Class" #10 in the nation, "Best in Class"
Cholesterol management after a heart attack	Top 10% of health plans nationally
Mental Health	
Follow-up after hospitalization for mental illness	Top 10% of health plans nationally, "Best in Class"
Management of artidepressant medication during acute treatment	Top 10% of health plans nationally
Preventive Bealth	
Advising smokers to quit	#5 in the nation**

When you study your options there's only one smart choice.

Key Messures of Clinical Quality

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