Don't keep leftovers longer than 4 days

t is now a week after
Thanksgiving Day, and I
hope everyone had a nice
celebration and a few days off.
We all know how good the
leftowers can taste when we
prepare a little snack to nunch
on, but we
must realize
that they have
been in the
refrigerator
long enough.
Food that
was removed

was removed from the din-Appliance ing room table on Turkey Day

been frozen or eaten by now; otherwise it should be Gagnon

down the garbage disposer.

I know, I know: You have always thought that seven days was the correct amount of time that kept food safe from spoilage. But that has changed dramatically.

That's what it used to be, but

t is now four days because the refrigerator temperatures in the average refrigerator don't get as cold as they used to.

NOT COLD ENOUGH

In a previous column I informed you that the U.S. Health Department is very concerned with the increasing amount of food poisoning suffered by millions of Americans. Last year it reported for the first time that more people suffer foodborne illness from home cooking than they contract from restaurant cooking. The Washington-based Health Department Is working closely with manufacturers to try to get them to produce refrigerators that give home-owners temperatures below 40

owners temperatures below 40

owners temperatures below 40 degrees.

As we all know, the Earth's atmosphere has been warming up, and at the same time so has the inside thermometer shown an increase in most refrigera-

tors.

Walk into an appliance retailer's today and take a look at refrigerators, and by golly you want to give the big guy a

huge hug.

They are absolutely beautiful nuge nug.
They are absolutely beautiful compared to what you would buy in the years past. Look at the configuration of the interior shelves and how you can easily adjust them, and the shelving on the inside of the doors can now hold large gallon jugs of milk.
Compare today's refrigerator against one built in 1972, and that old one wouldn't look too good in your modern kitchen, I think you'll agree.
Let's give the manufacturers credit for building a beautiful product, but they can certainly be faulted for not providing cold enough temperatures.

SIMPLE TECHNOLOGY

There was a time when a

There was a time when a refrigerator was just a big metal box with very little myserious technology as compared to some of them today. Coming off the assembly line today is a product stuffed with computer chips, low-voltage components, built-in message boards and mdios and who knows what else is coming up in the future.

All of this is all well and good, but what about giving us a refrigerator that keeps the refrigerator than keeps the refrigerator themperature at

refrigerator temperature at around 36 degrees instead of

what happened to that simple technology? That's the question being asked by the U.S. Health Department. Do you know that an old General Electric refrigerator with the compressor mounted on the top of the box is sought after by some homeowners? They are paying thousands of dollars for these old products and putting them in their modern-day kitchens.

These old products will keep temperatures at 33 to 34 degrees, and that's plenty cold enough to store your leftovers for seven days.

How much better milk would taste for youngsters, and how many less cases of food poisoning would be suffered by consumers.

There was a time when you went to England you wouldn't drink a beer because they served it was meable of the old product of t

refrigerator I have in my garage because the beer is 34 degrees. My brother Larry asked me the other day what I would do if that old thing ever broke down and couldn't be fixed. I don't know.

REMEMBER: FOUR DAYS

Until the health department and the manufacturers work out this problem, I hope this column helps you better under-stand why the leftovers can cause problems with your stomach.

stomach.
We are now into the swing of
things and the holiday spirit.
We are is on us and more dinners than ever are served in the
kitchen with company coming
over and such.
That plate of turkey and
dressing wronned with Saran

That plate of turkey and dressing wrapped with Saran Wrap sitting on the shelf should go you know where. Always keep the thought of four days for safe storage of leftowers. It could keep you in holiday spirit for quite a long time. Stay tuned.

Joe Gagnon can now be heard on WWJ-950 and WXYT-1270. He is a member and past president of the Society of Consumer Affairs Professionals, His phone number is (248) 455-7281.



Reap smiles with gardening-related gift

he holidays are almost here again.
Sometimes it's hard to choose a gift for some people, so I thought fid mention just a few ideas that are upscale products. Leather gardening gloves for women are often on a woman's mind, but sometimes the expense makes them unavailable.

What better time than at the holidays to give them to that special someone? Theyre flexible, made of washable leathers, thorr resistant, and tough.

WMANSWORK

WOMANSWORK



wOMANSWORK
gloves are sized for a perfect fit because they are
designed for a woman's
hands; they're not downsized men's gloves. But the
company also sells gloves
for inen, Christmae baskets and other gardening

gear.
For a free catalog, call (800) 639-2709
rvisit www.womanswork.com.

Extra-sturdy Cuteo garden tools are made of stainless steel to resist rust and retain their edges year after year. The soft Santoprene handles make them very comfortable and easy to use, and the steel extends 4 inches into the handles for extra strength and balance. You can choose a three- or four-piece set or buy them separately.

Tretely.

The company also offers a ratchet pruner, a kitchen scissors and even a hunting knife. The guarantee on these tools is most generous; the products are pricey but last almost forever. We've had our set of Cutoo kitchen knives for 40-plus years. The local representative is Steven Banaszak, 27286 Roan, Warren MI 48093. Reath him at home, (586) 759-3702, or by e-mail, bananaszak@anl.com. The excellent ax in the accompanying phato is a pms thandy tool for gardeners

The excellent ax in the accompanying photo is a most handy tool for gardeners and handymen. It represents all the wonderful products that Fiskars makes, including loppers, hedge shears, hand tools and pruning saws.

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Well-chosen holiday gifts are sure to please.

strain on the hands and wrist. Check the

strain on the hands and wrist. Check the sizes to find products for small hands. Find the items in your local nurseries and garden stores. Fiskars 'representative, Suzanne Duccker, can be reached at (608) 294-4577 or by e-mail, sduccker@fiskars.com.

There is much from which to choose. Here's something that will fit and won't have to be fed (by the recipient), and the color is perfect. For \$8.95, the Gift of a Tree program will plant a mahogany, cedar or white pine in honor of your recipient in a protected area in El Sulvador to beautify the lives of the control of the contr the local population. Recipients receive an attractive card announcing the gift. For more information, call (800) 992-

4769 or e-mail www.YourTrueNature.com. On that same note, a gift certificate for the tree of their choice will be something that will give pleasure in the recipients'

own landscape.

Take books to the recipients' home and ponder with them during the cold weather to decide just the right tree for the chosen placement in the landscape. When spring

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comes, take them to the store to help make the selection. It might be necessary to order a tree, and the sooner you get your order placed, the better. You could put layers of boxes, each wrapped, together. Put a "promise" for the spring in the smallest ones. Offer a new outdoor patio, lighting or a pond – let your imagination soar!

TREE TIME

Now that the shopping is done, it's time to think about a tre

to tunin about a tree.

When shopping for a tree, to be sure it's
fresh, take a needle from a branch and
hold it between your index finger and
thumb. Slowly press your fingers together
and watch the needle – if it bends, it's
fresh.

and watch the needle - if it bends, its fresh.
Pick the tree up a little and 'stamp' it on the ground; if many needles from the out-side of the tree fall off, skip it. Needles on the inside will naturally fall off as it prunes itself. That's OK.

Until you decorate your find, keep it outside, in a place sheltered from wind

Make a straight cut across the trunk about an inch from the base so it will absorb water through the fresh cut. Place the tree in fresh water immediately; watch so the water level stays above the trunk

so the water level stays above the trunk cut.

If possible, take the tree into a cool part of the house to accilimate it to the new surroundings.

If you need to trim branches from the bottom, look at the tree carefully to see if you can wire one to conceal a bare spot. Or use the cut greens on the mantel, on a table or in a container with flowers. Look in the holder daily to be sure there is enough water to keep the tree fresh. After the holder and with the surrounding water to keep the tree fresh white the container with flowers and decorate it with edible things for the birds (the children will love it).

Use the branches as mulch soon after the ground is forcen. Use the needles and branch tips; add them to other ingredients to make a winter potpourri.

Marty Figley is an advanced master gardener based in Birmingham. You can leave her a messa; by dialing (734) 953-2047 on a touch-tone phone. Her fax number is (248) 644-1314.

GARDEN CALENDAR

Fall Sale!

Troy Garden Club
The Troy Garden Club will meet noon
to 3 p.m. Wednesday, Dec. 11, at Big
Beaver United Methodist Church, 3753

John R. just south of Wattles Road in Troy. A representative from Canterbury Glass will demonstrate the making of a mosaic ornament. Refreshments will be served at noon. Guest donation \$3. Reservations aren't required. For more information, call Barb at (248) 952-5938.

and Ornament Signing Fri, December 13th 1-5 pm Dawntown Ann Arbor 601-607 E. Liberty

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