

Farmington artists open gallery at Costick

BY PAUL R. PACE
STAFF WRITER

Leaders of the Farmington Artists Club have dreamed for years of setting up a permanent display of club members' artwork.

That dream came true this week as the new Farmington Artists Club Gallery debuted Friday at the Costick Center in Farmington Hills. The gallery is in the center's Hallway C and will be open during all center hours, including weekends.

The new gallery is the result of a cooperative effort by the Farmington Artists Club, one of the largest in the state, and the city of Farmington Hills Special Services Cultural Arts Division, which produces cultural programs as well as support for local art organizations.

"The artists have envisioned having a gallery there for years," said Nancy Cournoudorous, cultural arts coordinator for Farmington Hills and Farmington. "The back hallway (Hallway C) was just redone and recarpeted, so the timing was right."



DELL WALSH/STAFF PHOTOGRAPHER

Volunteers from the Farmington Artists Club spent some time last week hanging works on the walls of their new gallery.

Display equipment was bought with the assistance of the Farmington Area Arts Commission; gallery preparation was completed by the Costick Center staff.

The inaugural exhibit features works by 13 area artists in different media and is entitled "Landscapes, Cityscapes and Seascapes." It runs through March.

Most of the pieces included in the gallery will be available for sale, with price lists available at the center's desk.

Gallery exhibits will change quarterly, with each exhibit offering a different theme. Works will be juried by the Farmington Artists Club gallery committee. The club was founded in 1965 by five female artists. It has grown to 135 members, including professional as well as hobby artists. Over the years, the club has exhibited at Farmington area sites such as the Masonic Temple, Farmington Library, Nardin Park Church, the Farmington Area Festival of the Arts, and Art on the Grand.

The organization hosts monthly meetings at the Costick Center, presenting speakers. The meetings are open to the public. The Gallery Committee chairman is Jim Patterson, longtime Artists Club member and past president.

For more information about the FAC Gallery exhibit, call the city of Farmington Hills Cultural Arts Division at (248) 473-1555.

CHURCH

FROM PAGE C5

the village were malnourished so a bakery was built adjacent to the school to provide bread

and sugi for the children. This presentation is the kickoff program for the Lifelong Learning Forum, a seven-week series which explores a variety of topics. Programs range from quantum mechanics and world

reflections to teen issues and family mediation.

For a complete program description, go to www.uuframington.org/uucf/r e.html.

The program is free, open to the public and adults and teenagers are invited to attend. No reservations are required.

Refreshments are served at 7 p.m.

Child care is available for \$5 a family and must be reserved ahead of time by calling (248) 479-7272.

The Universalist Unitarian Church of Farmington is at 25301 Halsted and is located between Grand River and 11 Mile in Farmington Hills.

MELROSE

FROM PAGE C5

ships. This practice helps everyone to relate more honestly and to realize greater opportunities in terms of what life has to offer.

The third step is to practice these new behaviors around the family from which they became.

When you can become non-reactive to comments, stresses and behaviors which evoke destructive thoughts, feelings or behaviors in you then you are becoming a differentiated person, one who can calmly be himself/herself regardless of what is going on; you are able to withstand the subtle pressure to engage in old behaviors.

This change is hard to do; it is hard to be disloyal to these old behaviors.

If you do not confront these behaviors in the ways described above then you continue the old patterns.

NOT EASY

Olsen says that change comes from exposing yourself to greater levels of anxiety, learning to hold on to who you are and nonreactively forming

individual relationships with family members. A coach, or therapist, may be necessary if the going gets really rough. The hopeful legacy, as well as the new year's resolution about change which you can give yourself, is to learn where you came from and gain insight into what is helpful and unhelpful; when you learn this you can go home again.

For the New Year, Olsen suggests, do three things: 1. Focus on changing yourself, rather than your partners. For example if you normally withdraw emotionally in the relationship, try to state your feelings more often. 2. If you need some assistance, look for classes or courses, which are occasionally taught at the Samaritan Counseling Center of 315 Michigan, that will help. Maybe engaging a therapist will be useful. 3. Look for a parenting workshop to attend, to enable you to become the best possible parent you can be for your kids.

Whatever gift you give yourself in these areas which will also be a gift for those whom you love.

Dr. Paul Melrose is clinical director of the Samaritan Counseling Center of 315 Michigan. He can be reached through www.paulmelrose.com, or through (248) 474-4701.

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FUNDING

FROM PAGE C5

"As most nonprofits, we're struggling, too," Compton said.

Also, most of the clients have been in the program for 20 years, and their parents have reached retirement age.

That limits their personal budgets and ability to donate money to the program, the director said.

The Farmington administrative office has six paid staff and about four volunteers.

"The families of our residents are very involved," Compton said. They give of their time, host fund-raisers and run the program's resale shop, Reunus II, at the Old

Winery on Grand River. She noted the Farmington Area Goodfellows are devoted supporters of the program.

Because of budget cuts, one foster house will be closing soon, Compton said. Another house will be expanding to accommodate the displaced residents, she said.

One of the CLC's largest fund-raisers happens March 28, when famous local chefs cook up six-course meals at the Detroit Athletic Club. Ticket price is \$125 per person.

Money from fund-raisers pays to keep the group homes in shape, the director said.

"One of my goals is to expand the funding base," she said.

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Do you know a Farmington school student who has turned his or her life around?

Students in grades 7 - 12, who have made positive changes in their lives will be honored at a luncheon in Farmington Hills Manor on March 11, 2003.

Students will be judged on the basis of significant improvements in a broad range of areas—from behavior to school work to community service.

The program is sponsored by Farmington Public Schools, Farmington Observer, Farmington Public Safety Department and the Farmington Hills Police Department.

If your company would like to sponsor or donate gifts for this new program of encouragement, call Cathy Young,

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