9-1-1 St. Fabian kids learn cell phone skills. C5



### Red-hot interiors

Just in time for Valentine's Day, Studio Jewell presents Love is in the Air, an explo-ration of feng shul rech-niques that enhance comance and sensuality in the master bedroom. Scheduled 7-9 pm. Monday, Feb. 10, at Studio Jewell, 501 S. Washington in downtown Royal Oak, with feng shul specialist Catherine Hilker, the class is priced at \$25. For more inforpriced at \$25. For more information or to register, call (248) 414-6114.

### RE Cabin fever

Ooes that quintessentially American in the woods took give you fever in a good way? If you live in a log cabin, lodge-style home or cabin, todge-style home or "Bip Sky Country abode, maybe we could stop by for a wist and cup of cocoa. We'd like to share the beauty and warmth of these homes – and all their frainings – with readers in an upcoming issue. Contact Nicole Salford. At Home writer, by phone at (249) 901-250 r or email at natalford a ce homescomm net.

### **Mandy** help

Handy help
The Installers Inc, headquartered in Ponilac, helps
install residential home
improvement products.
Its motto, "You Buy II, We
Install II," means that the
company does all the hard
work, it offers installation
professionals for

simple projects and focuses on working with homeowners and home improvement product retailers. People are always interested in improving the quality of their homes but may not have the expertise or resources to complete a home improvement project on their own," said tric. Sherrell, president and co-founder, Call the hand co-founder, Call the hand co-founder, Call the hand co-founder. Call the hand co-founder. Call the hand co-founder. Call the land co-founder. Call the hand co-foun

## 🗷 Star designer

Mark Morganroth, profes-sional member of the American Society of Interior Cesigners and head designer and CEO of Sherwood Studios of West Bloomfield, designed NBA star Derrick Coleman's

The bedroom is featured in Celebrity Bedroom Retreats: Professional Designer Secrets for 40 Star Bedrooms, published in September.

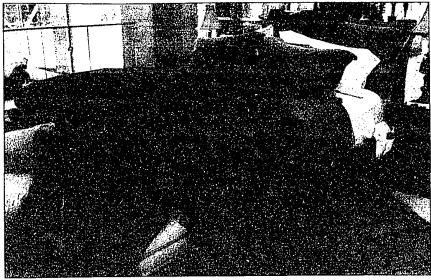
Author Joanna Lee is an Interior designer and writer living in New York City. She calls the book a picture showcase for some of the world's most prominent modern designer and college of the world's most prominent house more in proportion to the Philadelphia Feer's forward, who is nearly 7 feet tall. Coleman's contemporary bedroom features while wall units, white carpet and "framed" primary color highlights.

A targe entertainment cert coasts a 7D-inch television and surroundsound music system.

Sherwood Studios is at 664 Orchand take Road. Author Joanna Lee is an

Sherwood Studios is at 6644 Orchard Lake Road, south of Maple, Call (248) 855-1600.





# Ownright decision

Finding the right down comforter depends on your needs

BY NICOLE STAFFORD STAFF WRITER

If you don't have a down comforter but want one, it's probably obvious now is an ideal time.

Perhaps you've been putting off the purchase.

That's understandable because buying a down comforter is no investment both in terms of money and time.

Cost aside, there's a plethora of factors to weigh before making a purchase. And, you should consider such particulars as the type of goose down used and the comforter's outer shell, if you want to go home with a comforter that meets your needs. ets your needs.

Among the many factors that affect the quality and price of a down comforter is the cover

Before delving into the technical side of down comforters, first assess your personal sleeping habits.

### SLEEPY TIME

"When people come in looking for comforters, we ask them a series of ques-tions about how they sleep," said Michelle Albrecht, store manager at Scandia Down at the Somerset Collection in Trox.

Somerser control.
Troy.
These questions are your starting point, and the naswers will guide you to the right comforter, she

Most are aimed at deter-

Most are aimed at deter-mining your sleeping tem-perature.

Do you get cold or hot during sleep? Is your home cooler at night because you

lower the thermostat or like to steep with open windows? Are you going through menopause? Do you plan to use your comforter only in the winter or all year long? If you don't sleep alone, what is your partner's body temperature during sleep and how does it affect yours? "The problem with couples, you usually have one that's warm and one that's cold, said Albrecht. If that's the case, there's a solution. Yes, believe it or not, a single question has directed you to the appropriate product; a couple's conforter. Scandia Down's version has two side-by-aide boxed compartments for custom filling with Hungarian white goose down of 600 to 700 fill power.

## WAIT, WHAT'S FILL POWER?

If you've forayed into the world of down before, you've encountered the phrase "fill power," and, yes, we've stumbled into the technical side of down

the technical side of down shopping.
Fill power, which is a standardized rating of the quality of down, and ultimately its ability to insulate and keep you warm, is what's important to understand when shopping for a comforter.
The difference between down of higher and lower fill powers is the density and size, maybe even fluffi-



Above left, the loft of down products brings a cozy, plush feeling to Above left, the loft of down products orings a cuer, public remises the bedroom, as with this grouping of down pillows, comforter, sheets, shems and duvet cover by Scandia Down. Above, the type of goose down feathers in a down product affects quality. Sought-after Siberian goose down, for instance, is denser in the center.

ness, of individual down

clusters. But don't confuse fill

But don't confuse fill power with veight. In fact, the relationship between fill power and weight are typically inverse.

What can be very confusing in the marketplace is fill power versus fill weight, said Teresa Matz, quality memager for Eddie Bauer Home, which has retail locations at Briarwood Mall in Ann Arbor, the Village of Rochester Hills and the Somerset Collection in Troy.

Somerset Collection in Troy.
With down, heavier ian't necessarily warmer.
Sought-after Siberian white gross down, for instance, is more dense at the core and, thus, keeps you warmer than goose down from China, which iess dense. In other words, you need less down from Siberian than Chinese gees to obtain a relative level of insulation from a product.

If the concept gets fuzzy think about how fluffy the

If the concept gets fuzzy, think about how fluffy the down must be on those grees that inhabit Siberia. Matz has a good catch phrase, too: The better the down, the better the the think of the sense with the think of the sense with the think of the thin

### WHY DOWN, ANYWAY?

"It traps you own body heat, so that's why it keeps you at a more even temper-ature," said Albrecht at Seandia Down. At the same time, it pulls

MEASE SEE DOWN, CZ

## Home tour shows style, school spirit

School spirit as well as beautiful houses and furnishings will be shown on the Groves High School Parent Senior Committees first Heart of the Home House Tour. The tour, featuring six attractive residences in the Groves attractive residences in the Groves attractive residences in the Groves attraction and Beverly Hills, will take place Sunday, Peb. 2 (see related article). It will raise money for the senior party for the class of 2003,

which gives students a safe place to celebrate the night of gradua-tion.

to Cercinate mir. may to gastant Organizera describe the event as "a high-quality tour that will pro-vide enjoyment to the nost dis-cerning home bull." Most of the houses have bull. The state of the houses have bull. The proper of the "Work every excited about it," said Deb Martin, who, with Toni Grinnan, chairs the committee. "We ave a wide variety (of hous-ells awa a wide variety (of hous-

es)." Martin and Grinnan have been

on the fund-raising committee for the graduation party. Grinnan has also organized garden tours for the Franklin Garden Club, of

the Franklin Garden Club, of which she is a member. "I kept thinking we could do a house tour," Grinnan said. The tour promises a treat for the ears as well as the eyes, so Groves students will be playing musical instruments in some of the house. One of the featured residences is a Victorian farmhouse that was



Love and marriage...
go together like a horse and carriage



So the song goes. Weddings don't up highlither at all without is lot of high planning. Lock for our 2003 Wedding Talada (in Surisliy, Pebrikary 18 ar discover Ideas, advice and interesting Televisies to absolut 1988, your wes