## Raiders hope to remain successful in boys track & field

The North Farmington Raiders would like to continue the success they had in boys track and field as a member of the Western Lakes Activities

Association.

But they will have to contend with stiff competition as a new-comer to the Oakland Activities

Association this year.
Association this year.
North, which won the WLAA
Lakes Division championship
with a 5-0 record for the second time in three years, will compete against Mott, Lahser, Groves, Seaholm, Athens, Southfield and Avondale in the

Southfield and Avondale in the OAAS Division II.

"The interesting thing about the OAA is every meet is going to be competitive," North coach Jeff Simpson said. "That's what 'I've found to be the case in just about every other sport this verr.

about every other a post and year.

"You're put in a division that's pretty comparable for the most part. There's the possibility to win and the possibility to lose.

"Our focus is always to win the division but, with as many graduation losses as we had, a. 500 record would be a good accomplishment for us.

The throwing and distance

events shape up as the best ones for the Raiders, who were 5-1 overall in dual meets last year.
Seniors Will Hathaway and Chris Cyrus return to throw the shot put and discus. Junior Kyle Goldman will concentrate on the shot, junior Safet Cumulaj and senior Steve Kahn the discus.
"They may not be hig throw-

Cunmulaj and senior Steve Kahn the discue.

They may not be hig throwers, but they're consistent throwers, Simpson said.

Senior Rugene Furmin was a state qualifier in the 800; junior Samit Patrawala and sophomore Selwan Barbat provide depth in that event.

Furman and Patrawala also can run the 1,600. North has experienced distance runners in seniors Jeff Mataya, Ben Gannon and Dave Mayeles, and sophomores Steve Gannon and James Liadis will help.

Senior Drew Roberts went to state in the high jump and is the team's top long jumper, too. Senior sprinters Marcus Thornton and Demetrious Milhouse will try the long jump, and sophomore Joe Coleman shows promise, according to Simpson.

The high jump should be a good event with senior Ashwin Raghu and sophomore Matt

'Overall', I think we'll be fine in the field events, it should be a decent scoring area for us."

Jeff Simpson coach, North Farmington track team

Leach supporting Roberts.
Though the OAA doesn't include the pole vault as an event. North has three vaulters in seniors Doug Anderson and Morad Lecal and Coleman.
"Overall, I think we'll be fine in the field events," Simpson said. "It should be a decent scoring area for us. The kids usually put in the time in those events."
North lost four good have

North lost four good hurdlers

North lost four good hurdlers in Mike Leach, Andy Zak, Brian Sinar and Brian Johns – a foursome that has the school's shutch hurdler relay record. Anderson, Leach, junior Matt McManus, Raghu and Roberts will attempt to pick up the slack. "The hurdles are an area we need to focus some of our attention," Simpson said, "After four years of having good hurdlers, we take it for granted, so it's an area we need to improve as the year goes on."

in addition to munduse and Thornton, the sprint group includes junior Ken Uy and sophomores Jason Zeldes and Anthony Gatling, Senior Yangzhi Zhao will help in relave.

relays.
Senior Garreth will focus on the 400 dash along with juniors David and Carl Nance. Furman might run the quarter, too.

Farmington Falcons

Coach Chip Bridges Is confi-dent the Falcons will be improved and have the poten-tial to do well in Division III of the Oakland Activities

than to do wen the control to the Oaldand Activities Association.

Parmington, which won one dual meet last year, sent a contingent of athletes to the Huron Relays in Ypsilanti Saturday and will compete next in the Andover Relays April 5.

"We are a much improved team from top to bottom," Bridges said. 'As coaches we're very excited about getting into some meets and seeing how good we are and what we need to work on.

"We have events we need improvement, but we have a much bigger group than we'e had as far a snumbers. We have a lot of new talent.

"Now we have to get every-body in shape and in the right vents. If we can do that, I think we'll have a chance to compete in our division." An area of strength for the Falcons will be the sprints. Junior Joe Green, who was sith in the 100 dash in the WIAA, and seniors Eric Gaughan and Danny Preston are the veterans in the group. "Eric does a great job on our

are the veterans in the group. Firic does a great job on our relays. Bridges and. "He's very good out of the blocks and in his technique.

"Joe Green really finished strong, He improved leaps and bounds to the end of the year. Freshmar Philip Champion, the Oakland County middle school champion in the 100 and 200, could have an immediate impact.

"He could be the best freshman sprinter Farmington has

"He could be the best fresh-man sprinter Farmington has ever had," Bridges said. "He can get better technique-wise, but you can't deny he's going to be a fantastic runner as long as he keeps practicing and doing the things he's been doing."

doing."

Junior Chris Clark is the leading returnee in the 400 and will run the 800, too.

Farmington will depend on senior Andrew Amis, junior

Dan Clay, sophomore Patrick Whinnery and senior Drew Martin in the distance events. Junior Sherman Taylor and senior Kyle Washer are the team's leading throwers in the shot put and discus, and Bridges is optimistic about several newcomers.

Sophomore Matt O'Brien is the lone holdover in the high jump and also will help in the sprints. Gaughan, Green and junior John Kopicko are the topreturning long jumpers.

We have a bunch of kids working on (the long jump). Bridges said. It should turn into an event of strength for us. We have the kids with the right skills for the event.

Sophomores Kyle Mason and Chris Tague cleared 10 feet in the pole vault and finished on the county freshman meet.

Sophomore Eric Bawulski

meet.
Sophomore Eric Bawulski
also had a good rookie year and
had the team's fastest times in
the hurdles. Senior Jeff Durow
is another returning hurdler.
(Bawulski) worked a lot over
the summer, Bridges said. "We
gave him a hurdle to take
home, and it's very evident it
didn't just sit in his backyard."

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## THE WEEK AHEAD

PREP BASEBALL

PREP BASTEMLI
Triday, April 4
Seaholm at Harrison, 4 p.m.
Farmington at Rochester, 4:30 p.m.
N. Earmington at N. Bloomfield, 4 p.m.
Redfors CG at A. Ploneer, i p.m.
Satursley, April 5
Harrison at Farmington, 11 a.m.

GERLS SOFTBALL Lake Orion at H. Farmington, 4:30 p.m. R.O. Dondero at Harrison, 4:30 p.m.

Farmington at Avondale, 4.30 p.m. FH. Mercy at Richmond, IO a.m.

COST S SOCCES Thursday, April 3 R.O. Dondero at Farmington, 7 p.m.

toney Creek at N. Farmington, 7 p.m. F Ricomfield at Harrison, 7 p.m. W. Bloomleid at Harrison, 7 p.m. F.H. Mercy at Bishop Foley, 7 p.m. Satharday, April 5 Farmington at Harrison, 12:30 p.m. H. Farm, at W. Bioomfield, 12:30 p.m. Trenton at F.H. Mercy, 1 p.m.

BOYS TELEVIS Friday, April 4 Troy at 91. Farmington, 4 p.m. Seaholm at Farmington, 4 p.m. R.D. Kimball at Harrison, 4:30 p.m. Saturday, Açril 5 Farmington at Monroe, TBA

GRES TRACK & FIELD Saturday, April 5 Farmington, North, Harrison

at B.H. Andover Relays, 10 am BOYS TRACK & FIELD Saturday, April 5 Farmington, North, Harrison at B.H. Andover Relays, 10 a.m. Redford CC at A.A. Pioneer, TBA.

Saturday, April 5

Redford CC at Wooster (Ohio), 4 p.m. Sunday, April 6 CC of Dublin Scioto (Ohio), 1 p.m. GORLS GOLF

Friday, April 4 Farrologion vs. Milford. 4 p.m. at Myslic Creek.

The Livonia Stevenson

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COLLEC BYZEBYTT jag coussemeours) Šaturday, April 5 Madonna at Tri-State (Ind.), 1 p.m. Sunday, April 6 Madonna at Siena Heights, 1 p.m.

## DO YOU SMOKE? OR HAVE YOU QUIT?



Either way, you may be able to be a part of an important lung screening study for healthy men and women between the ages of 55 and 74.







The University of Michigan Health System is looking for volunteers for the National Lung Screening Trial (NLST). Smoking puts men and women at risk for lung cancer. NLST is comparing spiral CT scans to chest Xrays to find out if one is more effective than the other at lowering lung cancer deaths.

For more information, please call UMHS Cancer Center Answerline at 1-800-865-1125 M-F, 9-4:30, messages accepted after hours or the Cancer Information Service at 1-800-4-CANCER (1-800-422-6237).

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