Henry Ford Hospital offers more treatment options for lung cancer

This year, more than 157,000 Americans net expected to die of lung cancer, the lending cause of cancer death in men and women. In fact, more popel die each year of lung cancer than colon, prostate and breast cancer combined.

While current treatments do not cure lung cancer, researchers are making gainsi elinical trials to improve treatments and make more options available to patients to relieve symptoms and enhance their quality of life.

At Henry Ford Hospital, researchers are enrolling patients in two separate clinical trials to determine whether chemotherapy is more effective in treating advanced lung cancer when combines with two new experimental drugs genasense and ABX-EOF.

Henry Ford Hospital is the only hospital in Michigan offering these drugs in clinical trials.

Dr. Robert Chapman, divi-

Dr. Robert Chapman, divi-sion head of Henry Ford's

Department of Hematology/Oncology, says doctors today have access to more 'new and promising tools' than ever before. 'We've made great progress in making it easier for patients to tolerate chemotherapy,' he says. There are two types of lung cancer - amail cell lung cancer and non-small cell lung cancer - a disease in which malignant cells form in the tissues of the lungs, Non-small cell accounts for 80 percent of lung cancer. The birress trisk factor for.

lung cancer.

The biggest risk factor for developing lung cancer is

developing lung cancer is smoking.

Henry Ford's two clinical trials traget patients with non-small cell lung cancer as either a first-line or second-line treatment option. First-line treatment is standard chemotherapy.

In one clinical trial, patients will receive chemotherapy with docetaxel or in combination with docetaxel or in combination with docetaxel and

genasene, a new drug.
Docetaxel, the first chemical
agent approved by the U.S.
Food and Drug
Administration for use as a
second-line therapy for treating non-small cell lung cancer,
has shown to significantly
improve the survival of the
patients.
Genaense, administered
intravenously using a pump, is
designed to block production
of a certain protein in cancer
cells, thereby enhancing the
effectiveness of chemotherapy.
In the second trial, doctors
are testing the effectiveness of
using a new antibody agent.
ABX-EGF, which
has shown promise for blocking the growth of cancer cells,
is used as a first-line therapy
frygs. ABX-EGF, which
has shown promise for blocking the growth of cancer cells,
is used as a first-line therapy
for patients who have not yet
how the common the control
of the control of the c

ness.

If you're one of the millions of Americans who spend a lot of time in front of a computer monitor, you've probably experienced eye problems from time to time. While computer screens don't damage vision, eyestmin and dry eye are symptoms from which workers need releif.

To mark March's designation as Workpace Eye Safety Month, the American Academy of Ophthalmology wants to remind Americans of the importance of which we have been also and the importance of the control of the importance of the control of the importance of th

eyewear.
"Many of the injured workers I see didn't think they needed to wear eye protection, or were

injuries, making workplace injury a leading cause of ocular trauma, visual loss and blind-

Whether you work in an office or on a construction site, remember to take care of your eyes while at work. Think existing safety legisla-tion and educational programs protect workers? Think again. Each working day in the United States, more than 2,000 employ-ces sustain job-related pulsaries making workers. wearing eyewear inappropriate for the job, said Academy spokesperson Dr. Ruth Williams. "Safety eyewear must have ANSI Z87.1 marked on the frame or

The workplace can be

De Williams has the follow-

dangerous to your eyes

■ If liquid gets into your eye,

irritations.

If If liquid gets into your eye, flush it gently with water for at least 15 minutes, then call the poison center or your doctor further advise. Don't nit or touch it, and don't apply any pressure or medication.

If an object gets trapped in your eye, cover the affected eye with a paper cup or eye shield until you can get to a doctor. For relieving eyestmin. Williams says rearranging your computer workstation, taking more frequent rest breaks, or getting proper glasses may do the trick. To pinpoint the cause of your disconfiort, first get an eye exam. Your Eye M.D. Can rule out the possibility of eye discasse as the cause of your grey exam. Your Eye M.D. Can rule out the possibility of eye discasse as the cause of your on the possibility of eye discasse as the cause of your grey exam. Your Eye M.D. Can rule out the possibility of eye discasse as the carse of your symptoms.

You may find you need glasses when working at a compute, or that your prescription needs updating.

Next, take a look at your workstation:

Screen distance: Sit about 20 inches from the computer monitor, a little farther away

than reading distance, with the top of the screen at or below eye level.

Equipment: Choose a monitor that tilts or swiyels, and has

both contrast and brightness

controls,

Furniture: Use an

Marmiture: Use an adjustable chair.

Marmiture: Use an adjustable chair.

Marking documents: Place materials on a document holder, so you don't have to keep looking back and forth, referensing your reck and head.

Marking Modify lighting to eliminate reflections or glare. A hood or micromesh filter for your acreen might help limit reflections and flance, periodic rest breaks, and ty to blink often to keep your eyes from drying out.

rest intends, dud up to units often to keep your eyes from drying out.

In addition, forced-air heating systems of big office buildings can also increase problems with dry eyes during the winter, said Williams. Dry eye occurs when the eye doesn't produce enough tears to keep the eye comfortable. Usual symptoms include stringing or burning eyes, scratchiness, a feeling that there's something in the eye, excessive tearing or difficulty wearing contact lenses. Overthe-counter eyedrops called artificial tears usually help, but if dry eye persists, sey your Eye M.D. for an evaluation.

Group warns about avoiding carbohydrates

Concerned about a funda-mental nutritional shift now occurring in the diet of mil-lions of Americans, one health organization is attempting to clarify the role of carbohy-drates in weight manage-ment.

drates in weight management.

The American Institute for Cancer Research (AICR) says the widespread "all or nothing" approach to carbohydrates, chiefly inspired by misreadings of popular diets, is simply too simplistic and potentially dangerous.

That's why the most recent issue of the quarterly AICR Newsletter, arriving this week in some 1.5 million American homes, features a front-page

homes, features a front-page story that clarifies this timely

story that clarifies this timely issue in a concrete, easy-to-understand style.

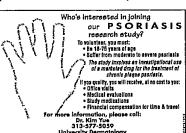
"The word is on the street," said Melanie Polk, RD, direct or of nutrition education at AICR. You hear it repeated over and over around the water cooler, at parties and over dismers with friends: carbs a read. The truth is a bit more compli-

ented than that."

Polk points out that even the most restrictive "low-earb" diets qualify their position with regard to healthy food that contain earbohydrates.

Acknowledging that vegetables, fruits and whole grains provide health benefits and protection from chronic dis-

ease, most high-protein diets manage to make some room for these important foods. An AICR survey conducted two weeks ago shows that 79 percent of Americans believe that the kind of food they eat is more important for managing their weight than the amount of food they eat.



313-5 University 4201 St. Antoine SE UHC Detroit, MJ 48201 555 Barday Circle • Ste. 115 Rochaster Hills, MJ 48307

AT warning:

Before You Hire a Landscaping Company, Look at the 6 Reasons Why You Should Call Lincoln Landscape 8 Irrigation:

We have a degreed landscape architect with 33 years experience on staff. You will be quaranteed that the highest quality plant material will be used from the best growers in the state of Michigan. You will also be guaranteed that if any plant material dies which if year of planting we will replace it at no cost to you. Also, (his staff prides itself on being concise and professional. We're members of the 'John Derec Landscape Praintees Program' which means we are able to offer you 6.9%

linancing for 48 months or 180 days same as cash payment

6. Finally, we specialize in all types of fawn renovation, irrigation systems and any other type of landscaping Call Lincoln Landscape & Irrigation for a FREE DESIGN & ESTIMATE!

734-722-6037

THE MORE THINGS CHANGE... THE MORE THEY STAY THESAME

multilinks is now ...



What's in a name? If it's OUR new name and a Grand Reopening, there's something in it for YOU!

Unbelievable Price

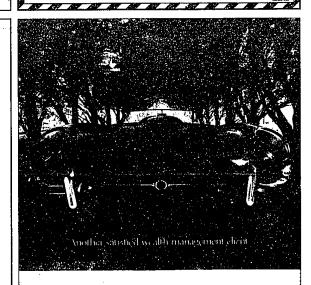
130sx Digital Cell Phone (too good to advertise)



including Car Charger, Leather Case AND







Our expertise in Asset Management lets you polish up much more than your investments.

Standare Tederal

The road to financial independence, it's not always a smooth ride. That's why Standard Federal Wealth Management combines the personal attention of a dedicated relationship manager with the professional guidance of locally based portfolio managers. They use best-in-class money management tools to help you minimize risk and maximize returns. So no matter how early you want to retire, you have the time and resources for more leisurely pursuits. Like tuning up your golf game... or a vintage car. For a private consultation, call John Irwin at 1-800-546-2788.