

## HAY

**Grief support**  
Angela Hospice, 14100 Kewburgh Road, Livonia, offers ongoing grief support groups every second and fourth Tuesday. Next meeting is 1 p.m. and 6:30 p.m. May 27. Call Joan Lee at (734) 464-7880.

## Prostate

Dr. Valshampayan of the Weisberg Cancer Center will discuss "Prostate Cancer & Hormonal Therapy" 6:15 p.m. Tuesday, May 20, at the center, 3995 Northwestern Highway, Farmington Hills. RSVP to the dinner/lecture by calling (248) 538-6507.

## Breastfeeding

La Leche League of Livonia meets monthly at 10 a.m. on the third Tuesday of the month. The next meeting is May 20. Meetings take place in public facilities and private homes. For more information or for breastfeeding support call Sarah at (734) 266-0632.

## Blood drive

George Matlak Chevrolet, located on the west side of Telegraph Road at the I-96 expressway in Bedford, will hold a Red Cross blood drive 4-7 p.m. Thursday, May 22. Interested donors can sign up by calling Matlak Chevrolet at (313) 531-7100. Walk-ins are welcome. Many staff members have already committed to donate.

## Lung disease

St. Mary Mercy Hospital, Livonia, will offer a Senior Health Connection Program titled "Living with Lung Disease" 7-9 p.m. Wednesday, May 21. Dr. Gregory Stone, pulmonologist, will present an overview of the most common chronic lung diseases. Call (734) 655-8940 or (800) 494-1650 (out-of-area callers only).

## Asthma

St. Joseph Mercy Health System in Ann Arbor will offer "Living Well with Asthma," a complementary session 6-8 p.m. Wednesday, May 21. Speakers for this dynamic evening will be Dr. Robert Breaker MD, a family practice physician, and Dr. Lisa Sprague, a pediatrician. The session will be held in the Education Center Auditorium. Call (800) 233-2221 or (734) 712-5400 to register, or (734) 867-0403 for more information. Co-sponsored by the Huron Valley Physicians Association and Integrated Health Associates.

## Dyslexia

The Michigan Dyslexia Institute-Betroit Metro Center, 30230 Orchard Lake Road, Suite 100, Farmington Hills, will have an Advocacy Training Workshop 7-9 p.m. Wednesday, May 21. Parents, advocates, professionals, and students can learn to participate in their own IEP as related students with dyslexia. Call (248) 737-0044.

## Scleroderma

The Scleroderma Foundation Michigan Chapter will host an education event to discuss localized scleroderma and skin care with Dr. Michael Dorman. The event takes place at 7 p.m. Wednesday, May 21, at the Scleroderma Foundation Conference Room, 30301 Northwestern Hwy., Suite 309, Farmington Hills. Reservations required. Call (248) 865-7529 or (800) 716-6554.

## Dyslexia

The Michigan Dyslexia Institute-Betroit Metro Center, 30230 Orchard Lake Road, Suite 100, Farmington Hills will offer an Advocacy Training Workshop 7-9 p.m. Wednesday, May 21. Learn about the Special Education law and the Individualized Education Plan (IEP) as related to students with dyslexia. Call (248) 737-0044.

## Senior health day

Join us at the Wayne Community Center, 4635 How Road, Wayne, 8:15 a.m. to 3 p.m. Wednesday, May 28, for the nation's largest older adult health promotion event. \$10 for the whole day or \$3 per session. Register for the Older Adult Health & Fitness Day through May 26. Call Nathan at (734) 221-2244 for a complete list of events and registration forms.

## Blood drive

VFW Post 9805, 6440 N. Hix Road, Westland, will sponsor a Red Cross blood drive 2-8 p.m. Thursday, May 29. Walk-ins welcome. For an appointment, call Larry Tebor, post surgeon, at (734) 377-8329, or (734) 261-2807 and leave name, telephone number and time desired.

## JUNE

## Infertility

Learn about the latest treatments for infertility - including in vitro fertilization, intracytoplasmic sperm injection and blastocyst transfer - 7-9 p.m. Monday, June 2, at Beaumont Hospital, Administration Building, first

floor Auditorium, 3601 W. Thirteen Mile Road, Royal Oak. Call (248) 551-0515. Hosted by Beaumont's Center for Fertility and Reproductive Endocrinology.

## Senior health fair

The U-M Geriatrics Center, 2401 Plymouth Road, Ann Arbor, will sponsor a "Senior Health and Wellness Fair" 9 a.m. to 1 p.m. Saturday, June 14 at the center. The fair is free and offers many health screenings for seniors, including blood pressure, cholesterol, blood sugar, depression and anxiety, glaucoma, hearing, skin cancer and height/weight measurements. In addition, there will be internet self-screening, an assistive device display, medication review, nutritious snacks, a cooking demonstration and exercise opportunities. Community agencies will provide information and art and music activities will also be included. Transportation available through AATA and other sources. Please call (734) 998-9353 for additional information.

## ORGANIZATIONS

## Self-help groups

Anyone seeking information on a variety of self-help groups may visit the Michigan Self-Help Clearing House at the Michigan Protection Advocacy Service Web site, www.mpas.org. If you have a disability rights issue, contact the MPAS at (800) 288-5923.

## Medicare counseling

Senior citizens with Medicare questions and concerns can get assistance through Beaumont Hospital's Department of Older Adult Services. The department's staff of trained volunteers can provide counseling on Medicare, long-term care insurance, and insurance plans that supplement Medicare. Call toll-free Senior Resource Line at (800) 328-2241 8:30 a.m. to 4 p.m. Monday through Friday to make an appointment.

## Bipolar

The MHA-Bipolar Support Group meets 3-5 p.m. the second and fourth Thursday at Beaumont Hospital, Administration Bldg., 3601 W. 13 Mile Road, Royal Oak. Call Kathie at (248) 544-1097.

## Divorce support

The Women's Resource Center at Schoolcraft College will offer a "Divorce Support Group" 7-9 p.m. the

second and fourth Tuesday of each month. Call the WRC at (734) 462-4443.

## Bereavement

"Together to Share," a grief support group, meets 10 a.m. the first Monday of each month at American House on Middlebelt Road in Livonia. The group meets 3 p.m. the third Thursday of the month at Dorvin Nursing Center on Middlebelt Road in Livonia. Both groups are facilitated by a bereavement coordinator from Heartland Hospice in Southfield. Call (800) 770-1959.

## Overeaters Anonymous

Support group for overeaters meets 7 p.m. every Friday at Providence Park-Novi, 41601 Grand River Avenue, Novi. Helpline: (313) 438-HELP or (248) 474-9456.

## Alcoholics Anonymous

Everyone is welcome to Providence Hospital-sponsored AA meetings held Noon every Tuesday and Thursday at Providence Medical Office Center, Nov, 39500 W. 10 Mile Road (at Hagerty). Novi. Call (248) 348-9362, noon every Wednesday at Mission

Health Medical Center-Livonia, 37595 Seven Mile Road, Livonia. Call (734) 953-1188 and 8:30 p.m. every Wednesday at Providence Hospital, 16001 W. Nine Mile Road, Southfield. Call (248) 333-4971.

## Gambling

The Gamblers Anonymous Support Groups meet 7:30-9 p.m. Mondays at St. Mary Mercy Hospital, 36475 Five Mile Road, Livonia, in Classroom 4. Call (734) 655-2944 or (800) 494-0771. Group is open to anyone with a gambling dependency.

## Cancer

Join "Focus on Living," a cancer support group offered 7:30-9 p.m. the first Wednesday of each month at St. Mary Mercy Hospital, Livonia. The group is designed to help cancer patients and families come together to help each other in living with a cancer diagnosis and treatment. Co-sponsored by the American Cancer Society. Call (734) 655-8940 or (800) 494-1650.

## Tremor Disorder Support

Shari Finsilver of Orchard Lake leads a local support group for those who suffer from Essential Tremor, a debilitating and incurable movement disorder. The group meets 7:30 p.m. on the second Thursday of the month at Temple Israel, 5725 Walnut Lake Road in West Bloomfield. Contact Finsilver at (248) 683-4138 or Finsilver@earthlink.net, or visit [www.tremorsupport.com](http://www.tremorsupport.com). To learn more about the International Tremor Foundation, visit [www.essential-tremor.org](http://www.essential-tremor.org) or call (888) 387-3667.

## Parents Supporting Parents

Parents coping with the loss of an infant through miscarriage, stillbirth or newborn death meet 7 p.m. the third Monday of the month at Providence Hospital-Southfield, 16001 W. Nine Mile Road, Southfield. Call (248) 849-5342.

## Stroke

The St. John Health System-Providence offers a Stroke Support Group 7 p.m. the first Thursday of the month at Providence Park-Novi, 41601 Grand River Ave., Novi. Call (248) 465-4990.

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